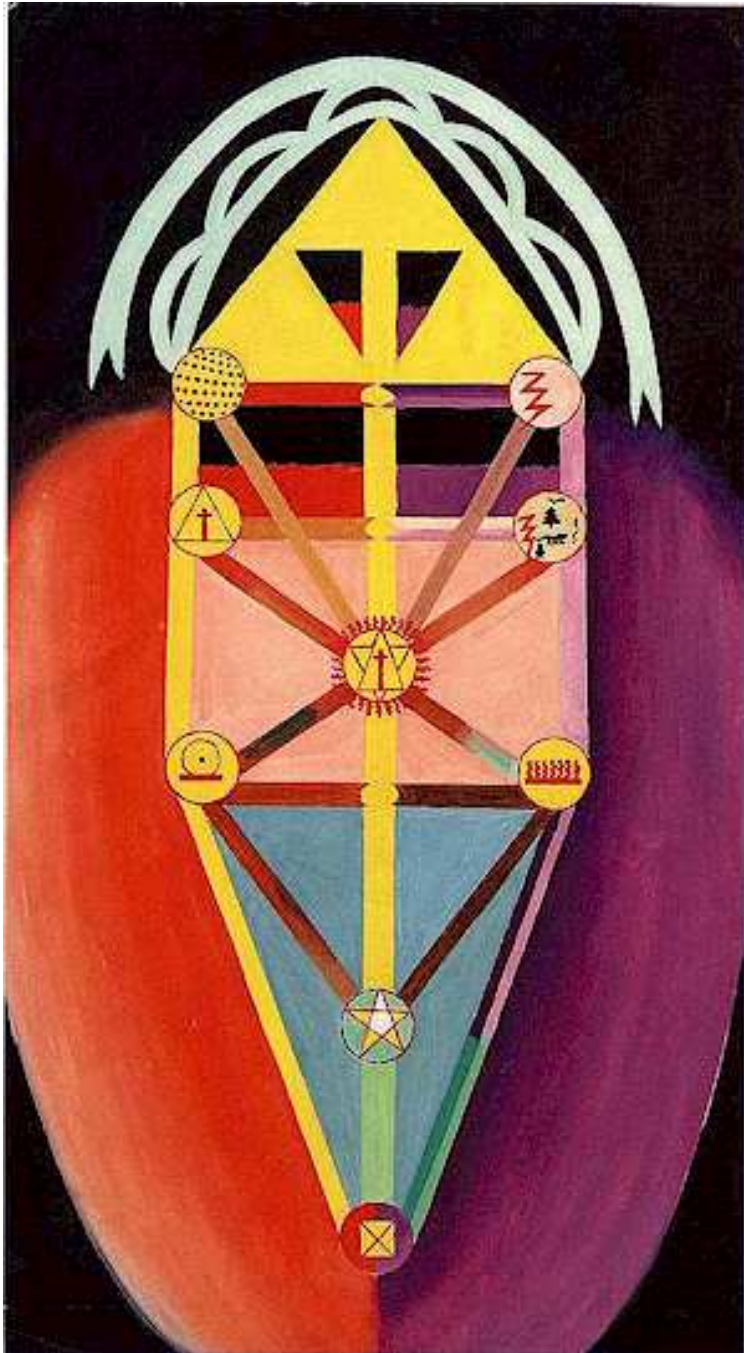


# Travelling with Daskalos on the Symbol of Life



## The Advent of the Symbol of Life

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I remember my father back in the mid eighties presenting to us a totally novel concept regarding the Research after the Truth, the Symbol of Life. He judged that it was the appropriate time to reveal this sacred teaching to the world.

On one occasion, during a lesson of the Innermost Circle, Daskalos announced: “The Great Master (Father Yiohannan) demanded that I should transfer a full-size Symbol of Life from the Higher Dimensions to this Material World of ours. I must admit that I cannot perceive the reason for this command. Anyway, it will do no harm to the uninitiated who may be seeing it as an image or a picture. But nevertheless, when the Great Master magnetises it appropriately, it will radiate power so that the students coming here – even those of the outer circle of psychotherapists – will be inspired by it. Very soon, we shall have in hand this painting of the Symbol of Life, provided I find some time to construct it.”

Initially, he was involved in painting a huge Symbol of Life in oil, on a 2.20 metres long and 1.20 metres wide wooden board on which he affixed the canvas. He made no preparatory sketches at all; not even a preliminary study, as artists usually do. He just downloaded it from the Cosmic Archives, which are everywhere and within us, and presented it to us. The colours, the centres, the paths and the various symbols were so vibrant, as if they were alive. Later on, he revealed to me that this painting is a perpetual, living Archangelic Elemental, made with the permission, assistance and inspiration of the Logos and Yiohannan, the Holy Spirit and the Holy Archangels, our Brethren.

He secretly introduced the teaching of the Symbol of Life to a small group of Researchers of the Innermost Circle. All prior information and knowledge proved to be ‘hand and glove’ with the new doctrine. Under his inspired guidance, everything fitted nicely and elegantly onto the Symbol of Life. Soon, we came to realise that this Divine Symbol was a most precious pan-universal code, and that whoever holds its keys would be able to approach all mysteries. Furthermore, the Symbol would lead the Researcher after the Truth to the great science of Attunement and henceforth ‘At-one-ment’ to the Divine.

*Attunement* is our inherent ability to adjust our vibrations to the frequency of any other existence or being to the extent that we can observe and study its nature. Attunement is reached prior to 'At-one-ment.'

'*At-one-ment*' is a Super Self-conscious state in which a BE-ing is able to entirely merge Itself in a state of complete unity with any other BE-ing or existence, and with the Absolute BE-ingness in Theosis, without ever abandoning Its Self-Conscious Ego.

The teaching of the Godman Joshua Immanuel the Christ can be depicted and represented on the Symbol of Life, down to the last detail. The apocryphal and highly symbolic book of '*The Apocalypse*' of St. John the Evangelist, our Master Father Yiohannan, is miraculously embodied on the Symbol. What a revelation! I was fascinated.

Later, my father passionately engaged himself day and night with the writing of his book '*The Symbol of Life - Das Symbol des Lebens.*' He attuned his Spirit-Soul-Ego Self to the Highest Planes of the Divine, so as to present to this world yet another bright aspect of the multiform Diamond of Truth. "*You are the Symbol of Life; everything is on this Symbol,*" he used to remind me on every occasion.

He urged me to study the vibrations of the various colours on the Symbol, to get to know, or rather remember again, the old Egyptian language, and especially the power of the sounds.

The years passed by and gradually he decided to make this knowledge available to the public. He spoke overtly about the Symbol of Life, his book was published and sketches of it were given to the Researchers after the Truth. However, he only revealed all that was permissible to be revealed; prudence above all.

The initial painting remained, for safe-keeping purposes, locked in his house in Strovolos, near the Stoa. At some stage, sixteen years after my father's ascent to the Heavens, a brother from Athens asked my permission to take a picture of the Symbol. I consented, and upon his arrival accompanied by his wife, we entered Father's house, unlocked the old sitting room (previously it was our parents' bedroom) and approached the painting. My father had secured it to the wall, as if it was meant to be a standard fixture of the house.

Dust inevitably reigned in the room. Everything was covered by a thick layer of fine grey dust. Everything but, the Symbol of Life. What

a miracle! Not even a single molecule of dust! It stood there spotless in an immaculate condition untouched by matter and time. All elements had respected it...

This Holy Logoic, Holy-Spiritual and Archangelic elemental within our Self, awaits to be revived by each one of us in our present-day personality self-aware Self.



The Symbol of Life photographed after it was detached from the wall of the old family house, in 2010. Please notice its dimensions in relation to the human stature.

## The Symbol of Life – A General Overview

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*When studying or working on the Symbol of Life, always bear in mind that it is placed on the human form as seen from behind, as if we were to wear it as a garment. Therefore, the **Red side** is always on our **Right** and the **Purple side** is on our **Left**.*

*In this section of the book the reader will observe that there are several repetitions pertaining to the study and work on the Symbol of Life that interlace with the main subject of each chapter. As repetition was one of Daskalos' favourite teaching tools, it has been treated with respect in order to maintain the authenticity of the lessons. Repetition variants give us the opportunity to reflect on a certain concept either from a different angle or under the perspective of the specific context of each lesson.*

*All chapters of this section are self-contained and therefore they may be studied independently.*

*The direction of the various Paths connecting the Centres is denoted with  $\rightarrow$ . If the Path is bi-directional then  $\leftrightarrow$  is used.*

*For a better understanding of the Symbol of Life, please refer to the various paintings on the Symbol at the end of this introductory chapter. Consult the appropriate painting in order to get familiar with the numbering of the Centres and the Paths on the Symbol, as well as on our body-bodies. Always bear in mind that you are studying a Living Symbol and not a mere mental construction.*

*Man has Seven 'Bodies' or rather Seven Vehicles for expressing his Spirit-Soul-Ego Self in the Seven Heavens or Universes, that are in Absolute Unity: the Gross Material, the Etheric, the Psychological, the Lower and Higher Noetical, the Noetic and the Super-Noetic Body. The latter two are rather to be considered as States of BE-ingness.*

*The reader is advised to study Daskalos' book 'The Symbol of Life - Das Symbol Des Lebens' (1998).*

The Symbol of Life is a composite *Pan-Universal Archetypal Living Symbol* regarding the manifestation of the **ABSOLUTE BE-INGNESS LIFE**. It depicts the multiple states of Consciousness and Self-awareness of the Absolute BE-ingness God involved in the Genesis of the Cosmos, the manifestation of the various Archangelic Orders and of the Human Being, the Heavenly Man.

## 1. Introduction

Observing the Symbol of Life, we can see that it consists of:

- (a) *Colour-Lights*, in a variety of combinations and shades.
- (b) *Geometrical shapes*, such as Arches, Triangles, Circles, Squares, Stars and many more simple or composite symbols. Some of these circular shapes are called *Centres*.
- (c) Connections between the different Centres, which are called *Paths*.

### The Colours

These are: *Red, Yellow, Green, Blue, Purple* in all tones and shades, as well as *Black*, and *White*.

### The Ten Holy Centres

*The Ten Holy Centres* are aligned along *Three Vertical Columns, Pillars or Paths*. These Centres are Centres of Consciousness or Self-awareness, or both.

They comprise one *Great Triangle* at the top of the Symbol of Life, and *Nine Circular Centres*, three in each Column.

All Centres bear a Holy Number from 1 to 10, which denotes the vibrational state of the centre, as well as the work undertaken in each individual centre. The Great Divine Triangle as well as its Three Lesser Triangles bear the Number 1.

Centres 6, 9 and 10 are situated on the Central Column.

Centres 2, 5 and 8 are on the Right Column.

Centres 3, 4 and 7 are to be seen on the Left Column.

If we picture the Symbol of Life on a flat surface, the Centres look like *Circles or Disks*.

However, if we visualise the Symbol of Life as a three-dimensional figure, then the *Circles* are perceived as *Spheres*.

### **The Paths**

We can see *Three Vertical, Three Horizontal and Ten Diagonal Paths* on the Symbol of Life.

Between these paths and centres, *Triangles, Squares, and Pyramids* are formed.

Between the vertical central path, and the three horizontal paths between Centres 2↔3, 4↔5 and 7↔8, *Three Crosses* are to be found. When viewed from the descending point of view (from Centre 1 downwards), the *First Cross* is at the level of Centres 2 and 3, but if we assume an ascending standpoint (from Centre 10 upwards), then the *First Cross* would be one that is defined by the path connecting Centres 7 and 8. It is only a matter of numbering in an ascending or descending order.

Some of these paths are for *Ascending*, some are for *Descending*, and some are *Both*.

## **2. Description**

The Symbol of Life is surrounded by the colour black.

From the colour black, *Light-Life* will emerge and *Primary Motion* will be expressed.

The black colour represents our inability to perceive reality. For us it is the lack of perception of the reality of the Absolute BE-ingness in *Its Static State*, and therefore in *Its Divine Self-Sufficiency*; a State of *Absolute Eternal Motion* devoid of any kinesis or movement, which is movement without moving, and vibration without anything vibrating.

In this *Static State*, Absolute BE-ingness Divine Will-Pleasure appear; How? Through the creation of vibration and movement. “*And God said, Let there be light: and there was light*” – the Mind Super-Substance, the Light of the LIGHT and the Light within the LIGHT and the holy instrument of the Absolute Infinite BE-ingness God to manifest Itself in Itself. This is denoted by the *Great White Arch* at the top of the Symbol of Life.

Through Motion, that Primary Kinesis or Movement appears which gives us Light. And thus Light becomes the expression of the Absolute BE-ingness, the Pan-Universal Logos and the Holy Spirit. This complex and magnificent work is further depicted by the *Five White Lesser Arches* and the *Two White Semi-Circles* connected to the Great Holy Triadic Triangle at the top of the Symbol of Life.

Here, Light is expressed in three ways: *Motion-Kinesis, Movement and Vibration*. This becomes apparent on the two pathways at the sides of the Symbol of Life; the Logoic on the right and the Holy-Spiritual on the left, as well as in the *Great Golden-yellow Triangle of the Holy Trinity* at the top of the Symbol, which is common to both Logoic and Holy-Spiritual expression. The Great Triangle symbolises the Total Wisdom, Total Power and Total Love of the Absolute BE-ingness God.

We see the black colour of the Absolute BE-ingness in the *Inverted Triangle* at the top of the Middle Column, underneath the first horizontal path between Centres 2 and 3, as well as in Centres 2 and 8.

*Three Columns, Pillars or Paths* corresponding to the *Descent of the Holy Trinity* originate from the Great Triangle. *The Central or Middle Golden-yellow Column* represents the *Direct Descent of the Father*, whereas the *Right Column* is for the *Descent of the Pan-Universal Logos* and the *Left* one for the *Descent of the Holy Spirit*.

The *Right Column* and all its *Centres (2, 5 and 8)* are embedded in the *Golden-yellow Light* of the Pan-Universal Logos, while the *Left Column* and all its *Centres (3, 4 and 7)* are bathed in the *Purple Light* of the Holy Spirit.

*Outside* the Symbol on the *Right side* we can see the *Red colour*, whereas on the *Left side* we observe the *Purple colour*.

Purple is the *Holy-Spiritual Fire* and Red is the *Logoic Light*.

In essence, the *Left side* is under the domain of the Holy Spirit and the *Right side* under the domain of the Logos.

The Archangel Michael (Ma-Kha-El) is eternally connected to the Logoic Light and the Archangel Raphael (Ra-Pha-El) to the Holy-Spiritual Light.

We can see *White-rosy Light* around Centre 6 of the *Heart*, and *Sky-blue Light* around Centre 9 of the *Solar Plexus*.



## The Centres and the Paths

The Centres of the *Right Column* belong to the *Logoic Expression of the Absolute BE-ingness*, the Centres on the *Left Column* belong to the *Holy-Spiritual Expression* and the Centres of the *Middle Column* belong to the *Absolute BE-ingness, God the Father*.

From the Right Column, we have the descent of the *Sons of God* (Guardian Archangels) and the *Sons of Man*.

From the Left Column, the *Archangelic Powers* and the *Holy-Spiritual Monads* descend into the vegetable kingdom, the animal kingdom etc.

The Centres of the Right Column are points of descent for our Spirit-Ego Self, until our incarnation, which takes place at Centre 10, the lowest centre.

The Centres of the Left Column are points of descent for the formless Holy Spirit and the Archangelic Powers.

Therefore, both Right and Left Columns are paths of descent, of powers and expressions of the Absolute BE-ingness.

The Central or Middle Column is the direct descent of the Absolute BE-ingness, God the Father, down to the Material World.

We Human Beings begin our journey back Home, our ascent back to the Father from Centre 10, the lowest centre.

We have *Three Ascending Ways* at our disposal.

*Firstly*, we have the Central Column, which is the main ascending Column for Human Beings (10→9→6→1). On this path we shall encounter the phenomena of Life, but also the real Life of the Absolute BE-ingness. On this path we shall also express our Logoic Self-awareness, so as to perceive what we really are as a Spirit-Soul-Ego Self. We shall receive Holy-Spiritual Consciousness, which will give us direct conscious and super-conscious contact with all phenomena of Life.

This Central Column in our material body is equivalent to our spinal column.

*Secondly*, we have the Right Ascending Column as the Path 10→8. It is the Ladder of Twelve successive Trials and Initiations and our road towards freedom from the burden of our present-day personality petty self.

As we have already mentioned, the Right Column is both ascending and descending; ascending for us Human Beings, and descending for the Light which enlightens every Human Being coming into the world.

*Finally*, the Left Holy-Spiritual Column is also both ascending and descending (3↔4↔7↔10). It is ascending for the ascending Human Being; it is Jacob's Ladder with the twelve steps (10→7). Through this ladder, we come into contact with the Archangelic Orders, sub-consciously at first, consciously as teachers, and Super-consciously as semi-Gods.

### 3. The Centres

#### Centre 1 – The Centre of the Great Divine Triangle

The upright *Great Holy Triangle* symbolises the Absolute BE-ingness in Its Absolute Expression – The Father, the Son, and the Holy Spirit – as far as it is possible for humans to understand It.

The small *Inverted Triangle* in the middle of the Great Triangle divides the Great Triangle into *Three Smaller Triangles* in golden-yellow light.

The *Upper Lesser Triangle* in the Great Triangle symbolises *the Absolute BE-ingness, God the Father*, and on the human body it is situated as an etheric centre above the head.

The *Right Lesser Triangle* symbolises *the Pan-Universal Logos* and meets Centre 2, which consists of the Holy Monads. Macrocosmically, it is the Absolute BE-ingness in its *Omnipresence*, yet to descend in Centre 6 as *the Pan-Universal Christ Logos*.

The *Left Lesser Triangle* symbolises the *Omnipotent Holy Spirit* and meets Centre 3, where all the Archangelic Orders can be found: Thrones, Principalities, Orders, Michaels, Raphaels, Gabriels, Uriels, and many more known and unknown to us, in their *Archangelic Hypostasis* and in the formless Holy Spirit.

The *Central Inverted Triangle* with the black colour on the top and the red and purple colours underneath is the starting point for the path of descent of God the Father into Creation. From here, the Absolute BE-ingness descends in Its Will-Pleasure (God in Expression), within Its Divine Selfhood (God in Its Causal State). This first path begins at the top of the Central Inverted Triangle, from the area of the Static black colour. The path continues downwards until it reaches Centre 6, the central position of the Noetic Sun symbolised as a Six-pointed Star

with a red Cross. In the human body it corresponds to our heart.

This Inverted Triangle also corresponds to the two hemispheres of the brain in the human body. The right hemisphere is the Logoc side of the brain and the left is the Holy-Spiritual side of the brain. The dark parts divide Self-awareness and Consciousness at the Absolute BE-ingness level, so that our memories of past experiences are forgotten from incarnation to incarnation, thus activating the merciful Law of Oblivion. The events are forgotten but not lost, since we can access them again in the first stages of Theosis.

## Centre 2 – The Centre of the Holy Monads

*Holy Monads* beyond number represent the *Multiplicity or Plurality* of the Absolute BE-ingness and are depicted as Red Spots with a central Black Dot. The Black Dot is the *Static State* of the Absolute BE-ingness, and for Man it symbolises our *Innermost Self* (the Spirit-Ego Self). The Red Spot symbolises our *Eternal Hypostasis*, which derives from our *Hypostatic Nature*, i.e. our Natural ability to express our Innermost Self in Creation. These two spots are united as one Holy Monad.

Every Holy Monad projects billions upon billions of immortal Holy Monads into the Worlds of Creation – all the Archangelic Orders and Archangel Man.

The path between Centres 2 and 3 is bisected by the Central Column, thus forming for the ascending Man the Third holy Cross (if viewed from Centre 10 towards Centre 1).

The Centre of the holy Cross is not visible. It unites our higher and lower nature. In our body it corresponds to the cerebellum.

Centre 2 is connected to three Paths:

- (a) The *Horizontal Path* (2→3), towards the left; the burning, Archangelic Path.
- (b) The *Vertical Descent* (2→5); the Path of Light, from which the Holy Monads will descend.
- (c) The *Diagonal* (2→6), towards Centre 6; the Path of Fire and Light. This Path, in principle, is only for ascending from Centre 6 towards Centre 2.

Centre 2, on the human body, is situated above the right shoulder in our etheric body.

### **Centre 3 – The Centre of the Great Lightning**

In this centre, the Holy Spirit and the Archangelic Orders conceive of the Will-Pleasure of the Absolute BE-ingness to manifest Itself in Itself. Thus, they co-vibrate their own free Will-Pleasure with the Great Work to be undertaken. The Great Lightning is the Mind as Super-Substance that is about to invigorate the majestic World of Ideas, Laws, Principles and Concepts of Centre 4, so as to manifest the Forms and subsequently the multitude of living forms beyond number.

From this Holy-Spiritual Centre, there are no entities for incarnation. But there are Brother Archangels from the Order of the Thrones, one for each of us, who will pass from Centre 3 back to Centre 2 and thus become a 'Metathronios' - an Archangel after the Throne, in order to guide us and be with us in our incarnations as our Guardian Archangel. Additionally, Seven more Archangels, each one belonging to a different Order, will accompany us as ever faithful workers sustaining all our bodies throughout the entire cycle of our incarnations: a Michael, a Raphael, a Gabriel, a Uriel and three more Archangels.

Centre 3, on the human body, is above the left shoulder in our etheric body.

### **Centre 4 – The World of Ideas, Laws, Principles, Concepts and Forms**

The Great Lightning has descended into this centre and the Holy-Spiritual Monads are co-vibrating with the World of Ideas and all that is within Creation, in order to unceasingly manifest the multitude of forms in all kingdoms of Life. Here, the Holy Spirit works directly and not through the Archangels.

This Holy-Spiritual Centre 4, on the human body, is situated under the left armpit.

### **Centre 5 – The Centre of the Idea of Man or Heavenly Man**

Here, we encounter the Idea of Man, the Archangel Man, in Its *Hypostatic Nature*, meaning our Nature in Expression. This centre is in golden-yellow light like all the other centres on the Right Logoic Column, and consists of a Red upright Triangle with a red Cross in it.

The Triangle is the Triadic Nature of Man, reflected as the Triads of Spirit-Soul-Personality and of Noetical-Psychical-Gross Material Bodies. The Cross symbolises the Four Elements (Ether, Fire, Water

and Earth) in a harmonic union and balance (here, they are only in their Noetical State).

From this centre, we receive our Permanent Atom, comprising the Triad our Permanent Noetical Atom (Fire), our Permanent Psychical Atom (Water) and our Permanent Material Atom (Ethereal). Note that the Permanent Atom is One in Three and yet the Three are One.

From the right vertical path, we come to Centre 8, dressed as Permanent Atoms with all the vibrations of matter; not to incarnate yet, but for creation, to build-up our Self-aware state.

Centre 5, on the human body, is situated under the right armpit.

**Centre 6 – The Centre of the Christ Logos as a Six-pointed Star – The Centre of the Heart and of the Permanent Personality Self-aware Self**

Centre 6 is the symbol of the Pan-Universal Christ Logos, the Noetic Sun denoted as the golden-yellow Six-pointed Star with a red Cross in it. It is also the Centre of the Heart and of our Permanent Personality Self-aware Self. The symbol is bathed in a white-rosy light.

The Sun signifies the warmth of the Unconditional Love of the Pan-Universal Logos, whereas the warm white-rosy light denotes the Unconditional Love of the Pan-Universal Christ Logos, as it was expressed by Joshua Immanuel.

The upright Triangle of the Six-pointed Star symbolises the Holy Trinity in Its Divine State, whereas the inverted triangle is the manifestation of the Holy Trinity in Creation.

The red Cross stands for the Law of Tetractys (the Law of the Four Elements) in expression in the third, fourth and fifth-dimensional world, and beyond. The Cross – every Cross – also symbolises the balance between Self-awareness and Consciousness. Similarly, we have to balance the concept of all pairs of opposites such as Good and Evil or Pain and Pleasure etc., by maintaining a mid-point stance between the two opposing poles. Thus, the balance between our material, psychical and noetical bodies is accomplished. This work may also be symbolised as a perfectly balanced equilateral triangle.

Here, on the Cross, the Second Crucifixion will take place; we will come into 'At-one-ment' with the Pan-Universal Christ Logos, after

receiving the Baptism of Fire. We will enter 'Christo-eno-aesthisia' (a composite Greek word 'Χριστοενοαισθησία,') which means to become One with the Christ Logos, to become assimilated with the Christ-Consciousness. We will be able to express our Permanent Personality Self-aware Self. This is the work of many incarnations; to unite the Higher Noetical with the Lower Noetical World via the balancing of the Four Elements. Here, the present-day personality is attuned with the Ego Super-consciousness, and this is the triumph after the crucifixion.

This process is represented in the Old Testament; Moses (the Ego-Soul Self) will unite with Rebecca (the unity between the present-day personality and the Permanent Personality).

Here, we will also find Hermes Trismegistus. In the heart, there will be the transformation in Spirit and Fire.

The First Resurrection of our present-day personality took place on the First Cross at the middle point of Path 7↔8, on our way to Centre 6 from Centre 9. At our First Crucifixion, we denounced our time and place '*petty little self*', our weaknesses and unbridled desires.

*Macrocosmically*, Centre 6 symbolises the Noetic and Noetical Universes.

*Mesocosmically*, it represents the noetical counterpart of planet Earth, and all the noetical counterparts of other Solar Systems, Galaxies etc., which vibrate according to the Four Elements.

*Microcosmically*, this centre symbolises our noetical body and its etheric double.

Centre 6, on the human body, is the material heart.

### **Centre 7 – The Centre of the Seven Flames**

In this centre, the Seven Red Flames symbolise the Seven Archangelic Orders working in the mundane and in our bodies.

The Holy-Spiritual energy descends from the Left Purple Column into this Centre of Fire. According to Greek mythology here is the workshop of Hephaestus.

Through this centre, the Holy-Spiritual expression of Life sustains our material body. From here the Holy Spirit transfers Etheric Vitality through our etheric body to both our material and psychical bodies.

The etheric Centre 7 is situated in the area of the spleen.

## **Centre 8 – The Centre of the Soul**

Inside it is a small Red Circle and a Black Spot in the middle. This Red Circle is tangential to a Red straight horizontal Line. It is the symbol of our Soul, as well as of Man before his incarnation.

The Black Spot is our Divine Nature, our Spirit-Ego Self.

The Red Circle symbolises the Eternity of our Hypostasis.

The two ends of the Red Line indicate our Divine Nature and our Human Existence. The Red Line per se denotes the three worlds of the mundane.

So, a combined interpretation of the symbol signifies that our Spirit-Ego Self, clothed in an Eternal Hypostasis, is expressed in the Noetical, Psychical and Gross Material Worlds, bearing our Divine Nature and our Human Existence.

Centre 8, on the human body, is situated in the area of the liver.

## **Centre 9 – The Centre of the Five-pointed Star and the Crescent Moon – The Centre of our Present-day Personality**

From Centre 8, our Spirit-Self descends to incarnate in Centre 9 of the Psychical World, to dress the psychical body.

*Macrocosmically*, it symbolises the Psychical Universe.

*Mesocosmically*, it represents the psychical counterpart of planet Earth, and all the psychical counterparts of other Solar Systems, Galaxies etc., which vibrate according to the Four Elements.

*Microcosmically*, this centre symbolises our psychical body and its etheric double.

In Centre 9 we enter into our *Self-aware Hypostasis*, into the emerald kingdom of our Psychical World, which is surrounded by the sky-blue light of Gabriel (Kha-Vir-El). Here, we have the 49 sub-planes of the Psychical World.

In Centre 9, we will find the blue Crescent Moon as the Law of Duality and the Five-pointed Star symbolising our present-day personality self-aware self. It is situated in the solar plexus of our body.

The Five-pointed Star is under the domain of the Archangel Gabriel.

The upright white triangle of the Star symbolises our Divine Nature

and the other four golden-yellow triangles denote our Logoc Nature.

Here, we have the five wise and five unwise virgins of the parable.

The Crescent Moon gives us the perception of two opposing states; the dark and the light, the hells and the paradises in the Psychological Worlds, which we enter through the Five-pointed Star.

Here, our present-day personality self-awareness will live through its first experiences in the Psychological Worlds.

In this centre, in the etheric double, we have the subconscious, which concerns the present-day personality self-awareness with all the world of elementals.

Most of the work is done in the solar plexus. Here, forgiveness and purification of the present-day personality self will take place.

Moving up from Centre 9 towards Centre 6, we must balance within us the number 7 (4+3), the Tetractys and the Triangle, once we have first overcome the unfavourable influences of Number 5, according to the parable of the five wise and five unwise virgins.

### **Centre 10 – The Centre of Gross Matter and of our Material Body**

From Centre 9 we will descend through the Central Path to Centre 10, the lowest centre. Here, we will be finally clothed in matter and obtain our material body. Now, our Descent into the Gross Material World is complete.

In this centre, we can find a Four-sided Pyramid and two triangles; one upright and the other inverted. This is the Law of Tetractys (the Law of the Four Elements) in expression in the three-dimensional world.

The Four-sided Pyramid will eventually become our workshop.

*Macrocosmically*, it symbolises the Gross Material Universe.

*Mesocosmically*, it represents planet Earth in its etheric double, and all the other Solar Systems, Galaxies etc., with their etheric doubles which vibrate in relation to the Four Elements.

*Microcosmically*, this centre symbolises our material body and its etheric double. Here, we have a body and a conscious existence, but not yet self-awareness. Now in Centre 10, Man is in his material state in the three-dimensional world.

Centre 10, on the material body, is situated in the area of the genitals.



In Centre 10 the Three Columns of the Symbol of Life converge, acting upon us, but also serving as ascending scales.

Here, we can see the positive and counter-positive currents as electric and magnetic fields. The red right side is the electric and the purple left side is the magnetic energy. Here, the two electromagnetic currents meet and dominate, Fire and Light merge together.

Regarding our ascent from Centre 10, bear in mind that when we pass through the various steps, we are not moving in place, but through states. For example, on the three steps on our way from Centre 10 to Centre 9, we have to become masters of our etheric double, of meditation and reason.

We also have our ascent from the right side, from Centre 10 to Centre 8. This ascent concerns the Twelve Labours of Heracles (Hercules-Ἡρακλῆς, in Greek) where our job is to purify our present-day personality. We will come back to this later.

Finally, on the left column, we encounter the Twelve Stair Ladder of Jacob (Path 10→7). This is a difficult ascent towards the Archangelic Orders of Fire. On this path, we will come into contact with the Powers, which are in our etheric doubles. We have to overcome the various trials and initiations these Powers bestow upon us and thus be able to attune with them. We will encounter the Divine Power of the Archangels and we will gradually meet Them on the Path from Centre 10 to Centre 7, which begins at the left side of our pelvis and ends at the left side, at our armpit.

So, Centre 10 is, let us say, the point of departure for our present-day personality's ascent through the etheric double, that will develop and be expressed in the following Centre 9, which is the solar plexus; the main accumulator of our etheric double, which is situated in the etheric double of our Material World.

Inevitably, Man must use all the paths in order to obtain experience.

#### **4. The Right Path 10→8 of the Labours of Heracles**

Centre 10 to Centre 8 is an ascending scale with twelve steps. We have to pass many different tests or tribulations. Each step is a purification of our psycho-noetical body.

Each step is a task and a trial which ends in victory throughout

our continuous struggle for the development of our present-day personality.

Ever standing by our side is our Guardian Archangel. On the first steps, Archangel Gabriel is always present, whilst on the last steps, we will meet Archangel Michael.

Therefore, this is a process leading to the purification of our present-day personality, which in ancient Greek mythology is symbolised by the Labours of Heracles.

To begin with, let us see who Heracles was. The hero was the son of Zeus (the Absolute BE-ingness) and of Alcmene, who symbolises the Idea of Man and its manifestation in the Worlds of Duality and Separateness. Therefore, Heracles is the manifestation of an Immortal God clothed with the Idea of Man. Heracles is our Innermost Self, after passing through the Idea of Man.

The first spiritual event in his life is the confrontation with the two snakes, which are the two electromagnetic currents that arise from the Sacred Fire at the base of the spine, at the coccyx. When intertwined and in combination with the Central Column, they comprise the Caduceus of Hermes, the symbol of the mystic.

The strangulation of the snakes in the cradle indicates the hero's Divine Nature, through which he becomes the master of the two Paths; the Logoi and Holy-Spiritual – even though he is still in the lowest centre, Centre 10.

Ancient Greek mythology points out that Heracles sinned by wishing to incarnate, and therefore he was under the command of his first cousin Eurystheus and had to carry out his every wish. Eurystheus was the King of Mycenae, representing the Absolute BE-ingness in Its Will-Pleasure as a Logoi expression, as well as the Keeper of the Law of Duality and Separateness in the worlds of the mundane.

Heracles is destined to reach a State of Theosis, to leave his '*petty little self*' behind and to reach immortality, his Divine Nature. We are all Heracles.

Ancient Greek mythology distinguishes twelve labours. However, we as Researchers after the Truth in the gross material plane concentrate on the first ten labours, for the fulfilment of our ascent on the right side.

## 5. The Twelve Labours of Heracles

1. The *First Labour* (killing the ferocious Nemean Lion) refers to the annihilation of anger, wrath and rage.

This labour concerns Man's struggle to prevail over his incapacitating habit of anger. The lion represents anger. Anger does not belong to psychical states, but is a kind of expression of our present-day personality. It is a negative state which gains life from our egoism. There is no excuse for anger. Anger is not a power, but a weakness. Real power is to be calm and to proceed with our development. When we become angry, we do not succeed in any way.

This labour pertains exclusively to the present-day personality. We will have no support from our Guardian Archangel. The hero will find the lion in a cave, which means our body and its subconsciousness. From inside the cave, which is in a dark forest, we can hear the roaring. Heracles uses both his hands to kill the lion by strangulation. The hands symbolise the noetical and psychical bodies (reason and emotion, which are controlled by our Soul-Self). We will use these to 'kill' the egoism of our present-day personality.

Heracles then skins the lion-anger and wears its pelt as an armour. Although we have 'killed' our anger, because of the environment we live in, we must wear the lion's pelt as a disguise. Since we no longer express anger, we must not lead others into thinking that we are weak. The pelt will give us protection.

If anger is the characteristic of the uninitiated, then the lion's skin is the dignity of the initiated; the dignity of our Innermost Self.

2. The *Second Labour* (killing the multi-headed Hydra of Lerna) relates to the control over our desires.
3. The *Third Labour* (killing the Stymphalian Birds) concerns work on a special type of elemental dwelling in our subconscious.
4. The *Fourth Labour* (capturing the Golden-horned Hind of Ceryneia, which was sacred to the Goddess Artemis) concerns our material body; we have to become masters of our material body, by carrying it as the Law of Cause.
5. The *Fifth Labour* (capturing the Erymanthian Boar) addresses our uncontrolled egoism.

6. The *Sixth Labour* (cleaning the Stables of Augeas) concerns our subconsciousness (which is the stables), where dirt in the stables corresponds to the stains in our subconsciousness. We must clean out these 'stables' by diverting the 'two rivers,' into passing through the stables, and thereby, clean the 'dirt.' The two rivers symbolise the two electromagnetic currents and the water is psycho-etheric energy, which will cleanse our sub-consciousness.
7. The *Seventh Labour* is to capture the Cretan Bull. Here, the bull again symbolises egoism, in this case the ego-personality. The sea or Poseidon symbolises the Psychical World.
8. The *Eighth Labour* (capturing the man-eating Mares of Diomedes) concerns our egoism, which is Diomedes, and the four mares (horses), which are the Four Elements in a destructive state. The mares' feet symbolise the Law of Tetractys. Man has to learn not to misuse the Four Elements in his bodies, because this brings a lot of pain.
9. The *Ninth Labour* is about obtaining the Girdle (belt) of Hippolyte, the Queen of the Amazons. The Amazons symbolise our psycho-noetical centres. Hippolyte symbolises the present-day personality. The golden belt is the connection between our three bodies via their corresponding etheric doubles. This belt symbolises our control over the Etheric Vitality in our three bodies and our mastery of Energy in the solar plexus. Once we have become masters of this belt, beyond the domain of our bodies and etheric doubles, we will then become masters of the ability to perceive eternity.
10. The *Tenth Labour* (driving the Cattle of Geryon) is similar to that of the capturing of the mares of Diomedes. Geryon symbolises our egoism in its three expressions in the Material, Psychical, and Noetical Worlds. When our present-day personality abuses our Ego, desire drives our Ego crazy. This turns our Ego into egoism or selfishness. We as the 'hero' have to capture but not kill our egoism and make it harmless.
11. The *Eleventh Labour* is about obtaining the Golden Apples of Hesperides. The apples symbolise Planets, Stars and Solar Systems. We must become masters of exosomatosis beyond the psychical and noetical planets.
12. The *Twelfth and Final Labour* is to capture, but not kill, Cerberus, the watchdog of the Underworld. Cerberus had a dog's body with

three heads and a dragon's tail, with emerging poisonous snakes. This labour is the most difficult, the most horrifying initiation of all. We must descend to the Underworld to meet Pluto, the Ruler of the Underworld, and ask for his permission to capture Cerberus, the loyal and ever faithful keeper of the gates of this world.

Now, what does Cerberus symbolise? The Law, which restricts re-entry, once we have entered into the Psychical and Noetical Worlds. Cerberus restricts us from re-entering our material body and therefore symbolises the keeper of our incarnations.

As mystics we must become the master of our inherent ability of Self-conscious expansion. We must unite the memories between incarnations, between our expansions and our exosomatosis, in the Psycho-Noetical Worlds.

Christ said, *“If a man keep my saying, he shall never see death”* (John 8:51), and also *“But I tell you of a truth, there be some standing here, which shall not taste of death, till they see the Kingdom of God”* (Luke 9:27).



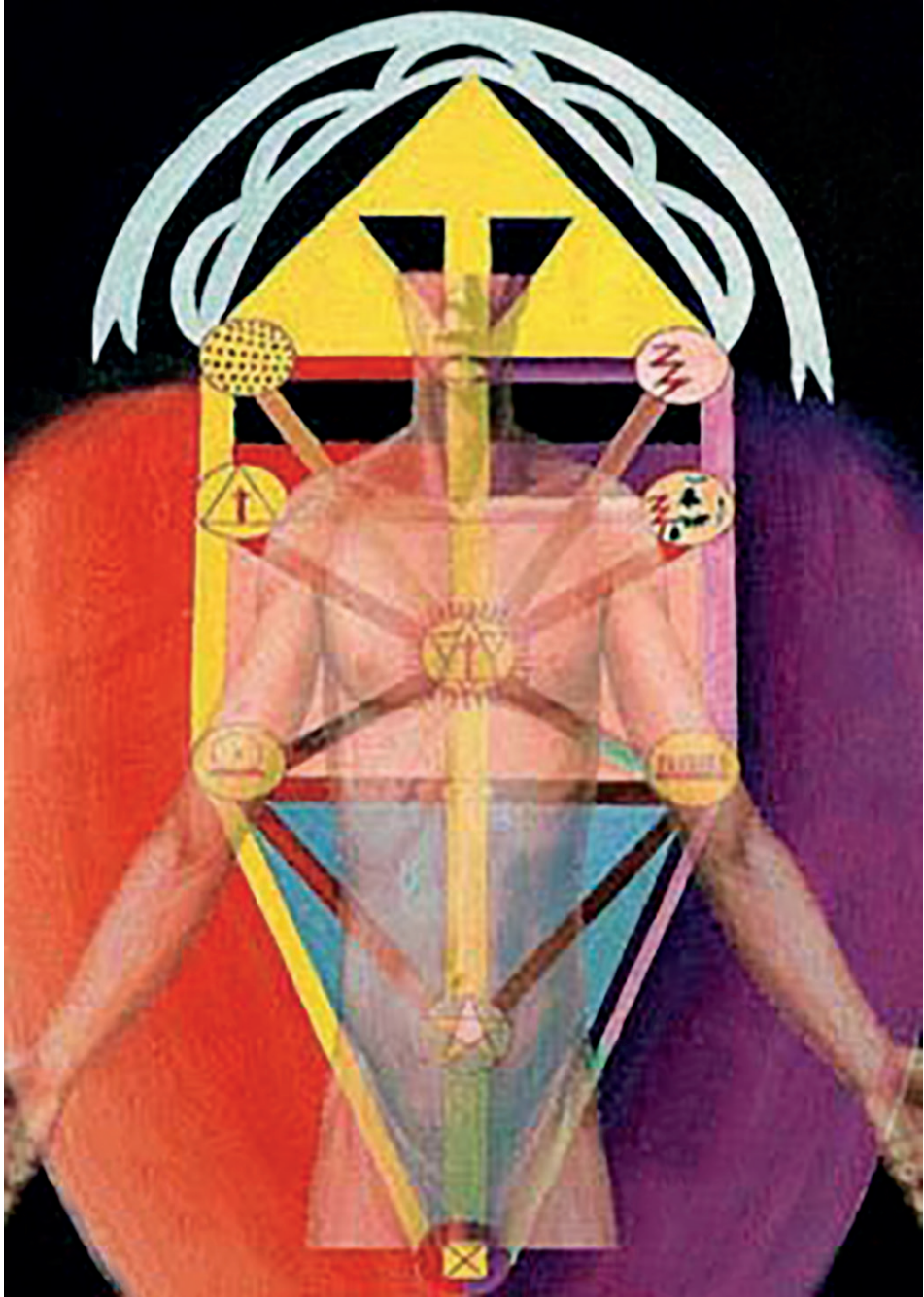
The Mastery of the Self



Daskalos' original painting of the Symbol of Life  
from his house in Strovolos, Cyprus

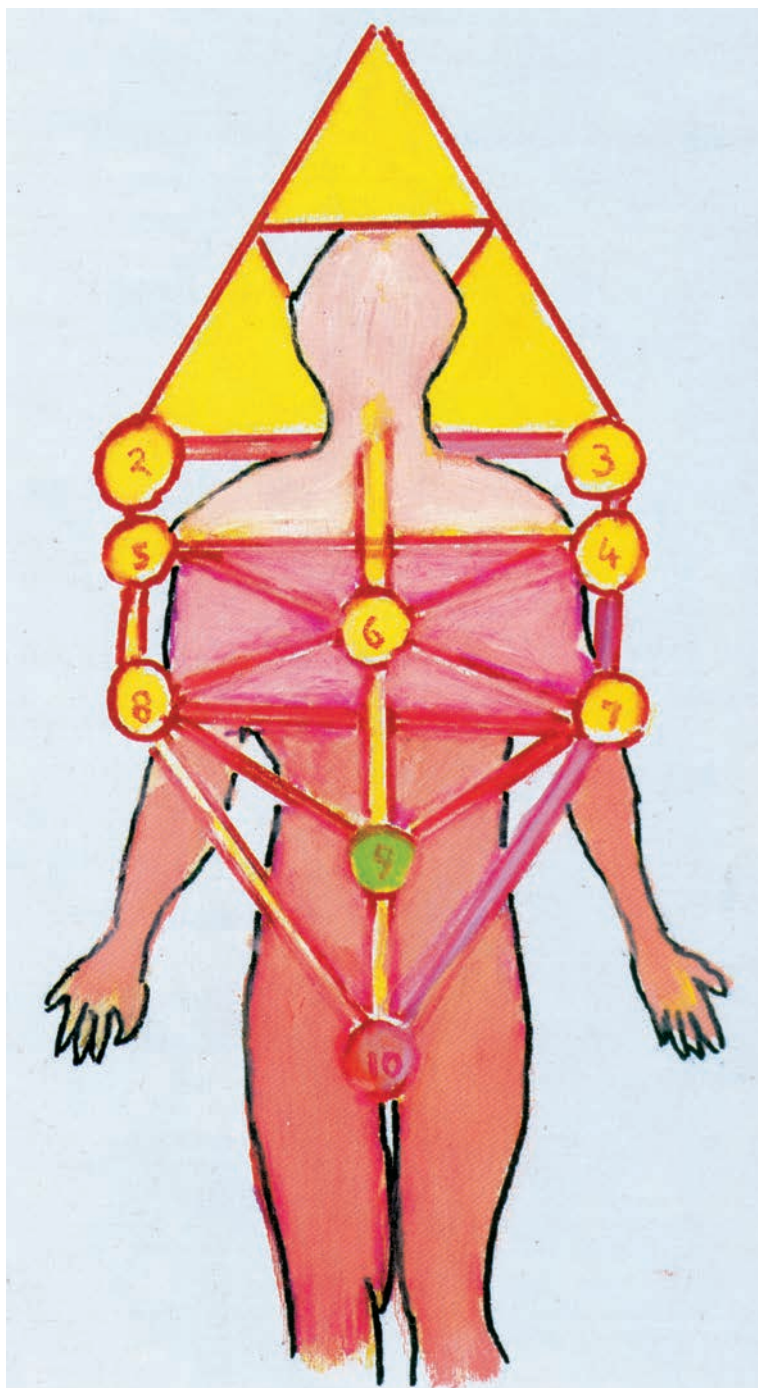


The Symbol of Life with numbered Centres



The Symbol of Life in the Human Body





The Symbol of Life in the Human Body – A painting by Daskalos



An unpublished painting by Daskalos illustrating in detail the steps from Centre 10 to Centre 6 and beyond.



An unpublished detailed study by Daskalos depicting the Centres and Steps of the Lowest Triangle on the Symbol of Life. In this instance, the numbering deviates from the standard numbering to be found on the Symbol. It aims to demonstrate the balancing of the Holy Number 7 on the First Cross.

# **Fundamental Meditation on the Symbol of Life**

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## **Preliminary Meditation – Balancing the Bodies**

*All exercises within this book should begin with the Preliminary Meditation which enables us to shake off the burdens of everyday life, balance our bodies and prepare ourselves for entrance into higher states of consciousness. When practiced alone, the Preliminary Meditation is a beneficial morning exercise to centre the personality, energise the body and prepare ourselves for the challenges of the coming day.*

### **Preliminary Meditation Exercise**

Relax completely and feel your material body.

We have to love and respect our bodies. They are a gift from our Father. Concentrate and feel your toes... Be fully aware that you are now in your toes... Breathe deeply and move very slowly up to your knees. Feel and see your etheric double... See it sparkle in and around your material body... It is Life!

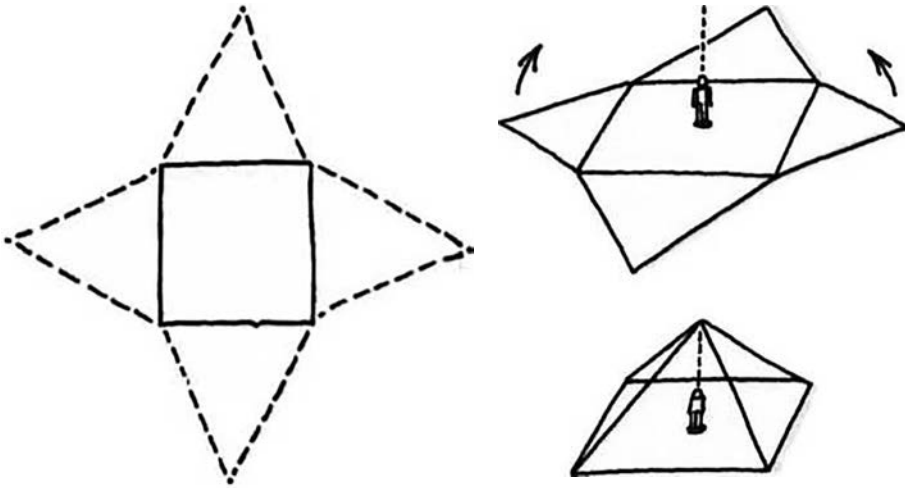
From your knees move slowly up into your abdomen, into your solar plexus, which is behind the navel... Breathe deeply and concentrate on this centre. Inhale and see pure sky-blue light-energy radiating from within your solar plexus throughout your whole body. Exhale. See all fear, doubt and darkness leave your body.

Now, move up to your chest... See white-rosy light radiating from the place of your heart. Silence your emotions and your desires... Feel only love in your heart. Love Life... Love yourself... Love all Human Beings. Especially focus your love on those who believe they are your enemies. Expand the white-rosy light to cover the whole planet... It is your temporary home. As a personality you live on this planet, but as a Spirit-Soul the planet lives in you.

Move upwards and see a golden sun in and around your head... Clear your thoughts. There are only creative thoughts in your mind now. See how the entire etheric double of your material body is shining and sparkling in white light... Look carefully and observe all the aforementioned colours within the white light. Breathe deeply and wish good health for your body.

## Working within a Psycho-Noetical Four-sided Pyramid – Archangelic Attunement

*In many exercises the Preliminary Meditation is followed by Archangelic Attunement. In this exercise we construct a psycho-noetical Four-sided Pyramid. To build the pyramid, we visualise a large square on a floor emitting white light, with an isosceles triangle extending horizontally from each side. Each side of the square should be 3-4 metres long. We close the pyramid at a point well above our head by pulling up the four triangles. The pyramid should be three times your height! Gradually, you will become familiar with the construction of the pyramid and it will not be necessary to go through all the preliminary assembly phases. Then, you will simply enter the Four-sided Pyramid and commence working.*



*The power of names explicitly describes the work to be undertaken here: Pyramid is a composite Greek word (Pyramis-Πυραμίδας). Pyr-Πῦρ is Fire, Mind-Fire in all states of expression; from the flame of a candle to the superb Super-Noetic Inextinguishable Fire. Amis-ἄμις is the container, the vessel. Consequently, Pyramid – every type of Pyramid, and there are many – is the holy vessel of Mind-Fire. So, we have to become masters of the Super-substance of Mind-Fire; the Holy Outpouring of the Absolute BE-ingness God. This is our ultimate objective when we assume work at our starting point in the Four-sided Pyramid.*

*The pyramid has been evoked across the ages in many cultures as a sacred place and a protective workshop for communion with Divine BE-ings. In Archangelic Attunement we learn to cooperate with our Brothers, the Archangels of the Elements. In many cases, Archangelic Attunement is followed by more specific work.*

### **Archangelic Attunement Meditation**

Begin with the Preliminary Meditation and continue as follows.

Look at the floor with your etheric eyes. Use the white light of your etheric double to create a square on the floor. See, feel and hear energy flow from the fingers of your etheric hand as you fill the square with white light. Stand in the middle of the square. Use your etheric hand again to create a triangle in front of you... Create another triangle on the right side... One on the left... And finally, one behind you. Bring the four triangles together to form a pyramid. It is three times your size, filled with white light.

Breathe deeply... Look in front of you and see golden light rising within the triangle. This is the Light of the Logos. Bend your head in reverence before this glorious light.

On your right side see red flames rising within the triangle. This is the Archangel Michael. Open your palms to receive a red flame. Breathe deeply. Your etheric double is slowly filled with Michael's red light. This light does not burn, but instead purifies our blood. Thank Michael for His help.

Look to the left side and see violet flames rising in this triangle. This is the Archangel Raphael. Open your palms to receive a violet flame. Breathe deeply and see your etheric double become violet. Raphael gives you the Etheric Vitality and energy you need. Thank Raphael for His help.

There is no need to turn around to see the sky-blue triangle behind. The Archangel Gabriel gives you His blessings abundantly.



## **Our Archangelic Garment or Form**

*Within God, all BE-ings are equal and differ little from one another. Before and beyond our expressions in Creation we, along with all other BE-ings, are Holy Monads. From our common home, some assume the human form, while others join the Archangelic Orders. In this sense, we and the Archangels are Brothers.*

*When we dress ourselves with our Archangelic Garment, our higher consciousness will enable us to better comprehend the human experience, become masters of our bodies, see the heavens within, and perform spiritual work.*

*Many people believe that Archangels have feathery wings that allow them to fly. These wings are actually rays and streams of pure energy. In assuming our Archangelic Form, we will create these wings. It is Man's prerogative to do so, since he is an Archangel too. He is Heavenly Man, he is the one who passed through the Idea of Man, he is Archangel Man. Then, our Brethren in Heaven rejoice...*

## **Our Archangelic Garment or Form**

Begin with the Preliminary Meditation and continue as follows.

Breathe deeply. With your etheric hands together out-stretched before you, mark a point on the floor that emits white light. From this point, use your left hand to slowly draw a straight line of golden light along your left side to a point behind you. See, feel and hear the light pouring from your hand. Now with your right hand, construct an identical line along your right side. Breathe deeply and visualise the golden light forming a third line, which connects the two points behind you. You are now standing in the centre of an equal-sided golden triangle, each side measuring about 3-4 metres in length. It is radiating pure golden light... Yet, the floor remains white.

Visualise golden flames rising from the right-side of the triangle on the floor. They embrace your right foot, come up through your right leg and approach your solar plexus from the front, where they cross over to the left side of your body. See and feel them rise towards your left shoulder, go under the left armpit, turn to the back of your body and move in a straight line to your right shoulder. From your shoulder, they spread out and upwards as three vibrating, wing-like golden flames.

Now, see golden flames rising from the left-side of the triangle on the floor. They embrace your left foot, come up through your left leg and approach your solar plexus from the front, meeting the previous right fiery current. Hence, the flames cross over to the right side of your body. See and feel them rise towards your right shoulder, go under your right armpit, then turn to the back of your body and move in a straight line to your left shoulder. From the shoulder, they spread out and upwards as three vibrating, wing-like golden flames. Breathe deeply and comfortably.

Raise your etheric arms and place them inside these golden fiery wings. From the rear of the triangle white flames begin to rise and touch your legs from behind. They ascend between your feet, pass through the genitals, climb up the spine, then finally go up through your head, and spread six inches above the top of your head to form a brilliant lotus flower. Breathe deeply. From within the lotus a silvery-white serpent wakes-up, emerges and arches its head out over your forehead, looking forward. Experience this state.

Slowly return to your human form. Dissolve the triangle and pray: *“God of Life, Love and Mercy. Enlighten our minds to understand You as the Truth. Clean our hearts to reflect Your Love towards You and towards all other Human Beings! Bless our steps to follow Your Way. I know the gifts You gave me.”* Compose yourself. Breathe deeply and slowly feel your material body: your head... chest... abdomen... thighs... and feel your knees down to your feet.

### **Further Explanation of the Archangelic Form**

- (a) We have the golden flames coming from the right and left golden sides of the triangle on the square white floor. These currents of fire and light create the two golden fiery wings on our form.
- (b) We have the white light coming from the backside of the triangle, ascending through our feet to the spinal column, resembling a torch of white shining light. It opens up above the head like a lotus flower. From within the lotus flower, a silvery light rises that looks like a silvery serpent.
- (c) We have our body radiating white light.



What are the snow-white body, the golden fiery wings, the inner torch of shining white light and the silvery serpent that vibrates in exultation? The different levels of subconsciousness, consciousness and Super-consciousness:

- (a) The lower part of the body near the solar plexus is instinct, subconsciousness and consciousness.
- (b) When the torch of white light passes behind the heart, it is pure emotion, beautiful unconditional Love.
- (c) Ascending, it becomes pure clear thought and generates complete Self-awareness.
- (d) Above the head, this white light projects the fully awakened mystic into the unfathomable realms of Super-consciousness.

Then, we have a bright line of light uniting the two shoulders. Two lines of light from the shoulders descend and unite on the solar plexus, giving us a downward pointing triangle in snow-white light. In the middle of this triangle is the white-rosy disc of the heart, the cradle of Logoic Love, the dwelling of the Christ Logos. Here, the Researcher becomes One with the Logos within us (Christo-eno-aesthisia), within every Human Being and with the Logos in His Omnipresence.

We have to bring Heaven to Earth. This is the natural course of things. The way up, or rather the avenue of our return Home, is very well lit, as my father used to reassure me on many occasions. We simply have to walk our way back by using our own two feet...



## The Colours Around the Symbol of Life in the Different Worlds – More on the Three Columns

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“AS I have said many times, Life is the Absolute BE-ingness, Life is ACreation, it is we ourselves, and we will study it macrocosmically and microcosmically. We cannot understand and perceive the Absolute BE-ingness, Life, except through symbols. We should try to do so through our human intellect as much as it is possible.

We notice the Symbol of Life surrounded by black colour. This is the Symbol of Life in the Material World. However, we will also study the Symbol of Life in the Psychological, Noetical and Noetic Worlds.

In the Psychological Worlds, the Symbol of Life is *not* surrounded by black colour, but by sky-blue colour. In the Noetical Worlds, it is surrounded by a canary-yellow colour, and in the Noetic Worlds (State) it is surrounded by golden colour. Yet, the Symbol of Life remains the same in all the worlds.

Our Symbol of Life differs from all other systems. It is not coloured by any superstition or by religious obsession. When we study the Symbol of Life, we are drawn into the Truth.

As I mentioned above, we see the Symbol of Life surrounded by the colour black. This is our perception in the Material World. It is through our intellect and our five senses that we perceive. That is why we see the Symbol surrounded by the colour black. However, through our intuition, we will see the Symbol of Life surrounded by a sky-blue colour in the Psychological Worlds, by a canary-yellow colour in the Noetical Worlds and by a golden colour in all the other worlds. We envision the Symbol of Life according to our human intellect and perception.”

When he said that, I wondered how the different Archangelic Orders see the Symbol of Life. Do all the Archangelic Orders see it in the same way?

“No,” was the answer, “each Order sees it from its own vantage point. We see it from the lower circle, which symbolises the Earth, as we see our Earth having deep green and brown colours. The angels and Archangels see it from their own circle of existence.

Now, from the Material World we see the Symbol surrounded by black colour, which gives us the Static State of the Absolute BE-ingness. A Static State, which encompasses movement without anything moving..., but we see the Light ascending.

*'And God said, Let there be light: and there was light'* (Genesis 1:3).

Now, take a good look at the upper part of the Symbol of Life and observe the *Primary Motion*, which gives us Light. Abstractly, it makes a curve, a Great White Arch, and initiates the Triple Tremor as Motion-Vibration-Oscillation. Then the Light becomes expression, thus manifesting light in various degrees of vibrations and colours. Please observe carefully Centre 1 and the Great White Arch.

We observe the Five Lesser Arches and the Two Semi-Circles in contact with the corners of the Great Divine Triangle at the top of the Symbol of Life. There are two Lesser Arches on the right and two on the left, while the fifth one covers the apex of the Holy Triangle (that of God the Father) and is common to both the Logoic expression and to the Holy-Spiritual expression. Under the Five Arches, we see the Two Semi-Circles directly adjoining the apex with the right and left corner of the Divine Triangle. Thus, the Trinity of the Father, the Son and the Holy Spirit further manifests the multiform and inconceivable aspects of Light, in order to descend into the spheres or discs of Creation. Here, we can recognise the Triple or Triadic expression in One.

On the right side we have the Logoic Self Super-Conscious expression touching Centre 2 with the golden-yellow colour, and on the left side the Holy-Spiritual Super-Conscious expression vibrating and bathing Centre 3 with the violet colour.

We now discern the Holy Triangle at the top of the Symbol of Life, which is the expression of the Absolute BE-ingness in Creation. Although it is one big triangle, it is composed of three smaller upright triangles and a fourth inverted one. This inverted triangle is divided into two parts by the Great Central Pathway of the Absolute BE-ingness, as it commences its downward course.

We see the First and Primary Path of the Central Column, emerging from the inverted triangle within the Divine Triangle of the Absolute BE-ingness. God the Father is descending directly as the Creator of the Worlds.

The black colour in this inverted triangle denotes the Static State of the Absolute BE-ingness. One Holy Triangle, One Trinity, One God; in this way, our human intellect will be able to perceive the Trinity, as long as we understand the Lord as the Creator of the multi-dimensional Universe.

Now, look at the right side of the triangle, which symbolises the Pan-Universal Logos. In the lower part of the triangle lies the disc (Centre 2), which contains the Divine Holy Monads. The Holy Monads are in red and their centre point is black. The black colour represents the Static State of the Absolute BE-ingness and symbolises our Innermost Self.

See the Divine Holy Monads. Each one of these Divine Holy Monads will send out many Archangels into the Worlds of Creation, including Archangel Man; All being Logoic Archangelic Orders.

Observe the first disc (Centre 2). It is the Logoic expression of the Pan-Universal Logos or of the Absolute BE-ingness in Its Logoic Self-aware Nature.

See the inverted triangle, which divides the big triangle into three, touching the Logoic triangle on the right side. Observe the black colour and the red colour. The red colour symbolises the blood of Men who will become Souls, Divine Living Entities, our Inner Selves.

On the left side, we see the triangle that symbolises the Holy Spirit and the disc with the violet light that belongs to the Holy Spirit. In it we see the Lightning, Fire. There, the rulers are the Archangels of Fire (not the Archangel, but the Archangels of Fire). Which Fire? Can we call Fire the energy, the vibration that will give us combustion in certain material things or the flame, which is the result of combustion?

Pay attention, Fire is one thing, but flame and combustion are something else. Fire is in the Static State of the Absolute BE-ingness, as the Archangel Michael in two conditions. We have movement that will give us fire, and we have movement that will give us combustion, the lightning, which is the expression of the element of Fire.

Here, in Centre 3 are the great Archangels of Fire, the Lords who are purely Holy-Spiritual. Between Centres 2 and 3 we see the Path of the Logoic Self-aware Nature, which separates the downward Path

(the Central Column) and gives us the First Cross from the descending point of view. Path 2→3 continues until it meets the disc that symbolises the Holy-Spiritual Super-conscious Nature of the Holy Spirit. Do you know what that means? In the Logos, we have the Absolute Self-aware Nature. You may wonder if the Holy Spirit has a Selfhood or not. Do the Archangels not have their own Self-aware Nature? The answer is both 'Yes and No.'

Our Self-aware Nature is individuated when we pass through the Idea of Man or Archangelic Man. What does individuated mean? Are the Archangels of the different Orders not individuated? The answer again is 'Yes and No.' What is the difference between Them and us?

All the Archangels are Divine, Eternal BE-ings like the Archangel Man, but with one difference. When Archangel Man passes through the Idea of Man and becomes individuated he acquires a separate existence, while the Archangels, individuated through the Holy Spirit, do not have a separate existence. They are the Absolute BE-ingness in expression; even though each one of the Archangels is a separate BE-ingness, They are not aware of it. They know the Absolute BE-ingness as Their Self. This is what gives the Archangels Their Holy-Spiritual Nature. They are our Brethren, who did not leave the Father as us Prodigal Sons did.

We descend from the Centre of the Holy Monads, which is on the Right Path, to the centre with the upward pointing triangle, with the Cross in the middle (Centre 5). There lies the Idea of Man and our threefold Nature. Just like God is threefold as God the Father, the Pan-Universal Logos and the Holy Spirit, so we are threefold as well. As above in the Heavens, so below on Earth.

What does the Cross in the disc, in Centre 5, symbolise? It represents the Four Elements: Ether, Fire, Water and Earth. The symbol of the Cross existed long ago, before the crucifixion of our Beloved One on the wooden cross. It appears among the ancient Egyptians, Aztecs, Incas and Hindus, and symbolises the harmonious union of the Four Elements in Creation.

We see that the Path continues downwards and now takes on the red colour (which is not visible). This red colour eventually creates our blood. We descend and see the symbol of Man before his incarnation (Centre 8).

Therefore, we see three stations on the right side. These concern the descending process along with hidden powers.

Now, looking at the Middle Path, we encounter the path descending from the big upward pointing triangle. On the right side, it descends through the black colour and the red colour, which again symbolises blood. On the left side we see the black colour, the Static State of the Holy Spirit, and the violet colour which symbolises the Holy Spirit.

Focus on the Central Column; it gives us the triangle of the Absolute BE-ingness in its first Absolute Expression. Then, we see again the Static State through which the path descends, reaching the position where we face the Noetic Sun (Centre 6). Its symbol is the Six-pointed Star, with the Cross in the middle again. If we observe, we will see that this centre has many paths leading in different directions.

From Centre 2, from the Divine Logos, we spot the path descending from our Absolute Conscious Self-aware Nature straight down. This path is the colour yellow. The Path of the Absolute BE-ingness from the Middle Column downwards is also yellow. On the left side from the Holy-Spiritual Sphere and Nature, we see light violet, deeper violet and brownish colours descending. These three Paths are the sacred aspects of our Nature.

However, we can also view other Paths descending from Centres 8 and 7. One Path from Centre 8 to Centre 9 is purely Self-aware (Logoic), and thus it relays our Self-awareness from the Idea of Man (Centre 5), via our Soul-Self (Centre 8) into the present-day personality self-aware self (Centre 9). The other Path, from Centre 7 to Centre 9, is purely Holy-Spiritual. Observe the colours, they are almost similar. If we proceed on the Middle Path with the yellow colour below Centre 6, we will see Centre 9 in emerald green colour with the Crescent Moon and the Five-pointed Star in it.

There lies the symbolism of our present-day personality self-aware self. Our Permanent Personality Self-aware Self is above in Centre 6 of the Noetic Sun. Our material body resides at the lowermost point of the Symbol of Life, Centre 10.

On the Central Column of the Symbol of Life, we have *seven positions*. Which are these seven positions? On the Symbol, we can only spot five.

The first *two* are indistinguishable and belong to the Great Divine Triangle:

The *first* position is at the mid point of the base of the inverted triangle within the Divine Triangle. On our gross material body and its etheric double it corresponds to the seventh sacred disc above our head.

The *second* position relates to the centre of the First sacred Cross between Centres 2 and 3, which is also the mid point of the base of the Great Divine Triangle. This position, although invisible to the plain eye on the Symbol of Life, is the centre of the Cross which unites our Higher Nature with our lower nature.

If we place the form of Man on the Symbol of Life, this invisible position will be situated at the cerebellum, 'The flaming bush which is not burning.' Our head is above the First holy Cross. Now, see our head in the downward pointing triangle. On the Logoic and Holy-Spiritual side, these two positions give us the two lobes of our brain. The one part of our brain, the right part, is on the Logoic side, and the other part of our brain, the left part, is on the Holy-Spiritual side. Yet, because the Symbol of Life constantly oscillates, we have its right part corresponding to the left side of our material body and vice versa, according to the position of the oscillation. It is as if we are wearing an oscillating Symbol of Life.

The other *five* distinguishable positions on the Central Column of the Symbol are:

1. The middle point of Path 4→5, corresponding to the thyroid gland and the throat
2. Centre 6, corresponding to the heart
3. The middle point of Path 7→8, that corresponds to the common locus of the abdominal and thoracic discs, i.e. the lower part of the sternum
4. Centre 9, corresponding to the solar plexus
5. And finally Centre 10, corresponding to the genital area

Now, let us return to the Holy-Spiritual Super-consciousness in Centre 3 which touches the triangle of the Holy Spirit at its lower left apex. Here, we see the symbol of the Lightning, the expression of Fire. Here, in this centre, we will see all the Archangelic Orders. All are

there, but it is through the Path towards the Self-aware Nature of the Logos (3→2) where we will see Archangels passing and entering into the Divine Holy Monads, and from there commencing Their work in the human body-bodies.

Therefore, the Archangels in their pure and Absolute Nature are in Centre 3, which gives the Holy-Spiritual Super-consciousness. Thrones, Principalities, Authorities, Michaels, Gabriels, Raphaels, Uriels and all other Archangelic Orders reside here in their pure BE-ingness, before passing and entering to work in Creation.

Observe Centre 2 of the Symbol of Life. In the Self-aware Absolute Nature of the Pan-Universal Logos, we see red spots, and their centre point in black, symbolizing the Holy Monads. These Divine Monads have Their own form of BE-ingness because They are Self Super-consciously aware Divine Monads, BE-ings, Entities. They are complete Entities. They will project to manifest and express Themselves in the different worlds. Archangels will also project from the same Divine Holy Monad towards the left Holy-Spiritual side.

In Centre 4, the centre below Centre 3 of the Great Lightning, we encounter Lightning once again and everything we find in Creation: Animals, plants, birds, etc.; all is of Holy-Spiritual origin. Moving down, we see the Holy-Spiritual Centre 7 with the Seven Flames. *‘God who maketh his angels spirits; His ministers a flaming fire’* (Psalm 104:4).

We see three main Paths of descent:

1. On the right side, the Absolute Self-awareness of the Pan-Universal Logos
2. In the Middle Path, the direct descent of God the Father, providing all levels of Consciousness and Self-awareness
3. On the left side, the descent of the Holy Spirit in expression, as the provider of all phenomena in Creation, including all our bodies

Now, we see and study the Symbol of Life from two different vantage points; both macrocosmically and microcosmically. What exists in nature, also exists in Man because Man, as a material body and in all his other expressions, is similar to the Absolute BE-ingness even in his expressions in Creation.



We have to study every position or centre separately, mainly in our material body. If we place the form of Man on the Symbol of Life, we see the right part of the head in the Absolute Super-conscious Self-aware Nature of the Pan-Universal Logos, the middle point of the First sacred Cross on the cerebellum and the left part of the head in the Absolute Holy-Spiritual Super-conscious Nature of Man. Therefore, right from the very beginning we are Logoiic and Holy-Spiritual.

Christ Logos is the Life-giver, *'By whom all things were made,'* the Logos, the Light which enlightens every Human Being coming into the world. But the Holy Spirit is also a Life-giver, *'the Lord and Giver of Life.'*

Which is our position in the big upward pointing triangle that symbolises the Absolute BE-ingness in Its first expression? Our head does not touch the upper part of this triangle; the triangle is above our head. See the two lobes of the brain, Holy-Spiritual on the left and Logoiic on the right... However, the head does not touch the two centres; on the right we have the Absolute Self-aware Nature of the Pan-Universal Christ Logos (Centre 2), and on the left the Absolute Holy-Spiritual Super-consciousness (Centre 3). These two centres and the upper triangle of the Great Triangle on the Symbol of Life do not touch the material body, but are situated above the shoulders.

Our first Self-conscious contact with Life is at the first holy Cross, where the two Paths between Centres 2 and 3 unite with the third Path, the Descending Path on the Central Column. This point corresponds to the cerebellum.

When Man develops and ascends, he will hear the Voice of his Lord, his God, and he will see the flaming bush that is not burning.

Do you remember what I said to you a long time ago about Moses? Decode the symbolism. When Moses ascended the mountain to talk to his God, was he alone or with his wife Rebecca? What does Rebecca symbolise? The present and Permanent Personality Self-aware-Self, and Moses symbolises the Ego-Soul Self-aware Self.

According to the story, we see that Moses had protection from the seven daughters of the king of the desert, but he got married to Rebecca, the eldest. The Seven Sisters symbolise the Seven Centres. Count them; Centres 4-5-7-8-9-10 and Centre 6. Rebecca symbolises love, material love, the present-day personality self-aware self, and

this is in Centre 6, in the heart. Consequently, Centre 6 is the centre with the upward pointing triangle and the Cross in the middle balancing the Elements.

From Centre 6, the Ego-Soul Self with the present and Permanent Personality will ascend directly up through the Middle Path and reach the cerebellum, the flaming bush, which never burns. When the personality is purified, it unites with the Ego-Soul Self-aware Self.

Coming down, we see the Centre of the Crescent Moon and the Five-pointed Star, Centre 9. On the human body, this centre corresponds to the solar plexus. Further down, we find the whole body of Man in Centre 10.

Gradually, you will learn how to spread your hands in the Symbol of Life and get blessings. You will learn through meditation, observation and creative thinking how to go through the holy Paths and ascend to Christ-Consciousness and Theosis.

Every one of us as a phenomenon of Life will work on the Symbol of Life until we see the Sun of Life rising up within us, no longer through our human intellect, but through Divine Ecstasy. We will not come to know the Symbol of Life through noetical perception, but through assimilation and oneness with our Higher Nature. Until then, we must make contact with all the Archangelic Powers working in our material body. They unceasingly build our material body for us, in which currently we live by mercy and not by right.

When we know our Brethren the Archangels in Their expression, we will then realise how much They love and care for us. It is because of Their work, that we live and we will ascend. We belong to the race of Men. The Archangels are a System, and so is the Holy-Spiritual expression in Its entirety. If you can recollect, once I told you that the Holy-Spiritual Nature of the Absolute is and is not individuated. I had pointed out the need to distinguish self-awareness and consciousness. You cannot know the difference, unless you experience it from within as self-awareness and as consciousness, because you have both conditions within you. There are so many things I wish to share with you about the Symbol of Life!"

That moment a thought crossed my mind: The one who descended from Heaven is already an eternal BE-ingness. How can this Self be liberated from its noetical expression in time and place?

We should always remember that the existence of the present-day personality has a beginning and an end...

It seems my father was reading my mind again because he instantly explained, “We have mentioned in a lesson that the present-day personality is an expression in time and place. This expression will not be saved, but it will remain as memory in the Pan-Universal Consciousness, in the Pan-Universal Mind.

We descended from Heaven. But we will be ‘saved,’ meaning that we will return! The Prodigal Son will eventually return and he will not wear the dirty, filthy clothes of a swine guard anymore, since he will be dressed with ‘*The First Form or the First Garment.*’ He will leave behind what is unclean. Time and place dirt will be dissolved because they are not real, they are mere shadows.

Light casts a shadow, as long as there is an object in front of it. When the surface on which the shadow can be seen, does not exist anymore, what remains is pure Light. It is this Light which shall ascend. The material body will not return. Flesh and blood will not be saved and inherit the Kingdom of God, nor will the shadow be saved.”



An exact representation of the Christ Logos Centre 6 on the Symbol of Life  
– A marble window relief from a Greek Orthodox monastery in Cyprus!  
Observe the Sun, the Six-pointed Star and the Cross.

## Centres and Paths of the Symbol of Life

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ON another occasion my father gave this lesson to me, elaborating further on the Symbol of Life.

“We have to see the Symbol of Life in the different worlds, that is in the Material World, in the Psychological World and in the Noetical World. Beyond these worlds it is no longer a Symbol, but Life itself.

We see the Symbol of Life surrounded by black colour. The black colour is not darkness, but Light. The black colour is a vibration we are not able to perceive through our optic nerves. It is Super-Light. When I say Super-Light, I do not mean psychological or noetical Light, but the Light beyond.

Centre 10 in the Material World symbolises planet Earth. Macrocosmically, Centre 10 also symbolises other planets, other heavenly bodies similar to our planet. For this reason, do not think that macrocosmically only planet Earth is in Centre 10. On us, this centre symbolises the body; specifically the pelvic area, the genital organs and the feet.

Even though it is the lowest centre, it stands for creation in the Material World. Here we will see duality. Upon saying duality, I do not mean the positive and negative state, but the positive and counter positive one. These two different and apparently opposing aspects of duality cooperate in absolute harmony.

Let us take for example our left and right foot. Our two feet give kinesis and movement to the body by constantly interchanging polarities. Suppose that we want to walk. We lift our right leg and take the first step with our right foot, while the other one is carrying all our body weight. Then all our body follows our right leg and gradually the centre of gravity is displaced and our weight is transferred to the right foot. Upon completion of this step, the left foot that was assuming our weight is relieved of its burden and takes over the process of walking. The same cycle is repeated many times. Should we decide to run or walk at a different pace, then the rate of exchange of the two polarities accelerates or decelerates accordingly. When we choose to stand still, then both feet equally assume the burden of our weight and the

two polarities remain in a latent state, until the moment we choose to move again. This is just one pattern of motion in Centre 10, its characteristic being kinesis and movement in the three-dimensional world of duality.

We also have duality in the two sides of the pelvis. We find it in the genital organs as well. In men, the two testicles represent duality and the penis in the middle, as a third factor, promotes equilibrium between the other two. Thus, we have union and harmonisation of opposites through a third state. Similarly, in women, the two ovaries represent duality, and the womb makes for equilibrium. We find duality and a third factor, to give us perfect balance by acting as a mediator between opposing poles.

Hence, we realise that the triple manifestation of the Symbol of Life in the worlds of the mundane begins at Centre 10. What work is undertaken here? Centre 10 is dual. In the front of this centre we have the genital organs and at the back we have the Sacred Fire. Therefore, the Sacred Fire in the coccyx is in this centre, but remains invisible.

Centre 10 is the seat of material Life. People fail to understand the importance of this centre and have the tendency to underestimate and scorn the Gross Material World. Here, the Absolute BE-ingness God presents *the ultimate manifestation* of the Worlds of Ideas-Laws and Causes. Holy Matter is *the consolidated reflexion* of all higher Universes that act upon it. Centre 10 resembles a fertile field where all sorts of beautiful flowers and trees grow in abundance. But where do these phenomena of Life or living forms derive from? The essence of this humble field is to all receive, accept and assist growth. So, observe and study all living forms beyond their three-dimensional expression...

The Absolute BE-ingness, the Holy Spirit and the Christ Logos are ceaselessly supervising this centre. If we look, we will see three paths connected with this centre. On the right side, in pure golden light, there is the influence of the Christ Logos. Christ said, *'I am the way, the truth, and the life: no man cometh unto the Father, but by me'* (John 14:6). The Way, the Truth and the Life refers to the Descent into Creation, since these three are essential for the manifestation of the phenomenon of Life on Earth. But, for Man, they also represent the Ascent to God the Father, the return of the Prodigal Son from Centre 10 up the Central Pathway of the Symbol of Life, via the Christ Logos at Centre 6.

The Middle Path descends directly from the Absolute BE-ingness, and again is of pure golden light. The Left Path with the emerald green colour, and higher up, the brown-reddish or violet colour gives us the expression of the Holy Spirit in descent.

In Centre 10, Three Powers meet. These Three Powers are the Absolute BE-ingness, the Logos and the Holy Spirit. The Central Path with its Centres represents real Life and the phenomenon of Life. It is Self-awareness and Consciousness (Centre 6, Centre 9 and Centre 10). The three centres on the left side and on the right side pertain to Power-Energy, Purpose, and Logoic and Holy-Spiritual expression.

I want you to focus on the Middle Path, which represents the spine in your material body. Ascend from your pelvis to the next centre and find the golden light in the Five-pointed Star that symbolises the present-day personality self-awareness. Here, is the seat of your personality self; you see the deep blue Crescent Moon. In your material body this centre is represented by the solar plexus. Here, is your first contact with the planes and sub-planes of the Psychological World.

Concentration on the point behind your navel, in the solar plexus, allows your personality self-awareness to be projected into the Psychological World. Pay attention to the quality of your vibrations. You might face unpleasant conditions, which you have previously created and which Divine Mercy has kept locked, to give your personality-self the chance to progress.

Macrocosmically, in this centre are the 'paradises' and the 'hells' in the Psychological World. Remember what I have said to you: In order to have the Material World and its psychological counterpart, there must be the Psychological World. Nevertheless, if the Material World, the material planet, or the material body is dissolved, the Psychological World with its planes and sub-planes will remain intact.

In the same way, when our material body decomposes after its so-called death, our personality self-aware Self will retire into our psychological body residing in Centre 9. Centre 9 gives us the Psychological World as an expression, but not as the Principle or State from which this world derives.

Now, move up the Middle Path as far as the golden light goes. Ascending, we will see that this path is divided in two and gives us the First Cross, the First Crucifixion. This is our cross, but we will proceed to Resurrection after being crucified.

Resurrection will take place in the next centre, Centre 6, which is symbolised by the Sun. There we will find the Six-pointed Star. Concentrate more on the upward pointing triangle with the Cross in the middle. The Cross symbolises the balance of the Four Elements, Fire, Water, Air and Earth. The clear red colour stands for purification, but also symbolises our blood.

In the previous centre, in the solar plexus, Centre 9, we have consciousness and the lower part of our consciousness, which is our subconsciousness. However, here in Centre 6 we have pure Logos Self-awareness.

Here, we attune to our real Ego-Self. We can call it Super-conscious Self-awareness. Going up the Central Column, where will it lead us? It will not lead us to any centre. Here is the Second Cross of salvation, which leads us where? To Theosis!

I would also like you to observe the two Paths (6→5 and 6→4), on the right and on the left, in relatively darker colours. Additionally, observe another two Paths (6→2 and 6→3) on the right and on the left of Centre 6 that cross the Rectangle underneath the Great Divine Triangle, which is defined by Centres 2, 3, 4 and 5. The red colour on the right side of the Rectangle adjacent to Centres 5 and 2 symbolises blood, as well as our Hypostasis. On the left side of the Rectangle contiguously to Centres 4 and 3 there is the violet colour, symbolising power and energy. Colour black at the upper part of the Rectangle denotes our Absolute Nature.

We now realise how much work must be undertaken in Centres 9 and 6 in order to attain full attunement with the Noetic Sun that resides in Centre 6.

In Centre 9, we will work towards the purification and balancing of our present-day personality. Moving up to Centre 6, after purification, great triumph comes. Here, we become attuned to our Soul-Ego Self and ascending upwards into the golden light of the Logos, we will become the living symbol of the Six-pointed Star of our Soul-Self. We will be in 'At-one-ment' (absolute attunement and unification) with the Absolute BE-ingness, the Logos, the Holy Spirit, the Archangelic Orders, the World of Ideas, Principles or Concepts.

Going from Centre 6 to Centre 5 on the Right Path with the red light, we find the triangle with the Cross in the middle. Here, we see Heavenly Man; the Idea of Man. Higher up (in Centre 2), we see

the World of the Holy Monads from which we have emanated and descended. The two Centres 5 and 2 are full of golden light. As we can observe, there is no path towards the Absolute BE-ingness. From up there, there is only descent, but no ascent.

Our ascent is the Middle Path, from the Earth upwards. We can move on the Right Path, which is purely Self-aware and Logoic. It is our way, our home. We can also move on the Left Path with the emerald green and later the violet colour-light, but this is a very difficult path. The Holy Spirit uses this path to descend into our material body. We can ascend this path and enter the Holy-Spiritual Fire. However, not so very often. We can also see the path, which leads us to Centre 7, the Centre with the Seven Flames. This centre is the workshop of the Archangelic Powers, specifically of the Archangels Michael, Gabriel, Raphael and Uriel. In Greek mythology it is the workshop of Hephaestus, the God of Craftsmanship and Fire.

Going up from Centre 7 to Centre 4, we see the Holy Spirit working directly, and not through the Archangels. Here in Centre 4, the Ideas are expressed by the various Archangelic Orders. We see animals, plants and every living form; all are purely Holy-Spiritual. All these living forms irrespective of size are granted by the Holy Archangels a kind of instinctive consciousness or sensitivity, but definitely not self-awareness.

Higher up, Path 4→3 is more difficult than the previous one (7→4), since it is used for the descent and the expression of the Holy Spirit in the Worlds of Creation. We will not deal so much with these paths in our material body.

Undeniably, very demanding is the path that leads to Centre 3, the Great Lightning and Fire. Here, is the Lord of Hosts after the Throne; He is conceived of as something between the Archangel Michael and the Absolute BE-ingness. We can call him the Archangel after the Throne.

Some earthly teachers have ascended and descended this Path 4→3, being consciously in contact with the Archangelic Orders. Thus, they have consciously become Children of Fire.

All of us must consciously become such teachers, become Children of Fire and receive Holy-Spiritual Grace. If we want to become teachers like them, our main work is first in Centre 9, which is the solar plexus in our material body. We have to come into contact with our present-



day personality self-awareness, namely that part of ourself, which is called subconsciousness. There is a lot of work to be done there.

Now, look at the right side of our material body where the liver is. It corresponds to Centre 8, the centre of the Soul bathed in golden light. Then, look at the left side of our material body where the spleen is. It corresponds to Centre 7 with the Seven Flames. The spleen is the relatively darker centre on the Left Holy-Spiritual Column. The Holy Spirit uses this centre to transfer Etheric Vitality from our etheric double to our material body. From the aspect of the Material World we perceive this centre as darkish, because we cannot yet grasp the Super-Light.

Now look. Under our right and left armpit, there are two Centres (5 and 4) we can concentrate on for certain work. However, the two upper centres, Centres 2 and 3, do not touch our material body. They are on our etheric double, above our shoulders on the right and left side of our head.

Our head centre is Logoic as well as Holy-Spiritual. Feel the two lobes of your brain. The one on the right side is in the Logoic golden light, but also in the red light of the triangle that points downwards and separates the path in the Great Divine uppermost Triangle. The one on the left side is in the Holy-Spiritual golden light, but also in the violet light of the downward pointing triangle that separates the path in the Great Holy Triangle. Below at the middle point of this path, between the two lobes of our brain, is the cerebellum; this is the Tree of Life, the burning bush that does not burn and is not consumed by Fire.

Look at the two black parts of the downward pointing triangle in the Great Holy Triangle. Here, according to the Law of Oblivion, Self-awareness and Consciousness are separated so as to ensure that the knowledge of our past experiences in the different worlds will not be transferred to our present waking consciousness. If we want to have access to our past life experiences, we have to bridge the gap between the worlds, and the only way to do it is through meditation.

We should focus on the Middle Column of the Symbol of Life and work on the three main centres. In this way we will become the master of the centres and the paths, and move through them freely.

I hope that one day we shall be able to repeat His words, *‘All power (authority) is given unto me in Heaven and in Earth’* (Matthew 28:18).”

## Centres and Paths 2 and 3

### Our Guardian Archangel

### Balancing the Holy Numbers 3, 4, 5 and 7

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“ON the right side of the Symbol of Life, in Centre 2, there are the Holy Monads. The Holy Monads are the Multiplicity of the Pan-Universal Logos. In each of these Divine Monads reside countless BE-ings beyond number. Hence, in the Divine Holy Monads we find the Multiplicity of the Christ Logos. As is the Father, so is the Son.

As we see, in Centre 2 there are three paths. The one path on the right side with the golden light, is the path through which the Holy Monads will descend to pass through the Idea of Man, to be humanised and incarnated in the Material World.

On the other fiery path towards the left, from Centre 2 to Centre 3, there are the different Archangelic Orders - BE-ings, projections of the same Holy Monads, just like us. Then, there is the path from Centre 2 to Centre 6, of Light and Fire, which is not a path for descent, but for ascent from the Noetic Sun in Centre 6, up to Centre 2.

On the left side, the Holy-Spiritual side, there are again countless Divine Monads, Archangelic Orders. They remain invisible and unexpressed. That is why the Holy Spirit is impersonal. We do not find Divine Holy-Spiritual Monads for incarnation. However, each one of us has an Archangelic Brother from the Order of the Thrones, in Holy-Spiritual Centre 3. This Archangelic Brother stands by our side, helps us and loves us, but He does not suffer as we do because He is not dressed in psychical super-matter. We will meet Him at the time of our Theosis.

When we project from our Divine Holy Monad and start to descend as BE-ings, our Guardian Archangel will come across the fiery path from the Holy-Spiritual side, from Centre 3 to Centre 2, to accompany us and henceforth be identified as a ‘Metathronios’ Archangel. Such is His love for us, that He will be ‘Egofied’; in other words He will attain a perfect attunement with our Spirit-Ego.

Descending, we will be connected with our Guardian Archangel. At the time of our descent as a BE-ing for incarnation, this brotherly BE-ing descends with us, but He is not the same as us, although He is 'Egofied' with us. He is our Guardian Archangel. From the time of our descent to the time of our ascent, for ages on end, He will co-exist with us. He will stand by our side, He will help us and feel our sorrows.

You may say, 'But above you mentioned something different.' Yes, he is not dressed with psychical super-matter so as to be attuned to the emotions of our personality. He is dressed with the human form. This means that He knows and feels our emotions, but He does not experience them like we do.

If we meet our Guardian Archangel, we will see him in a human form. We will discover that He looks exactly like us because He is always coordinated with us. We descend together, like twins. But which one has the leading role, we as a BE-ingness descending for incarnation or our companion, the Guardian Archangel? It is we who will go through Paths 2→5→8→10 of descent, so we have the leading role. Yes, He will descend with us as a Guardian, a Protector and a Companion all the way down to Centre 10, but simultaneously He will directly descend as an Eternal BE-ing - God from the Central or Middle Column. He will enter Creation via the Majestic Central Column, the Way of Descent of the Great Ones: Joshua Immanuel the Christ, the Virgin Mary, Father Yiohannan and many other known and unknown to us Divine Entities. Our Beloved One described explicitly this Divine State of Descent: '*For I proceeded forth and came from God; neither came I of myself, but He sent me*' (John 8:42).

In doing so, our Guardian Archangel maintains a dual role: *Firstly*, He is fully attuned with us and our mundane life in all our bodies, and *secondly* (deriving from His direct descent from the Middle Column) He is the Keeper of the Archetypes and the Laws within us. Thus, He works in the present-day personality by always presenting what is right and just as seen from a Divine vantage point, in comparison with the deeds of our petty self. At times, when our unbridled egoism runs riot, His usual soft and discreet guidance is transformed into an austere reprimand that we call 'the stings of consciousness.' In this way balance is restored, but only temporarily, until we reach the point when finally our egoism is under control.

What is the benefit of the Guardian Archangel accompanying us on our way? What will His benefit be? Will he receive something from us? Has he ever left Total Wisdom, Total Power and Total Love? Has He ever been sullied? No. But see what happens. Our Guardian Archangel co-vibrates with the Logoic Total Love springing out from us and from the people we love. It is not a small thing for Him to be given the opportunity to love and to sense happiness! The first characteristic of the Christ Logos is Total Love. He is the King of Love. Consequently, the benefit for our Guardian Archangel is to love us.

Later, when we know Him well, we will also love Him once again. He will not have any gain from this. However, we will gain by loving Him because the one who loves derives the benefit, not the one who is loved.

This is the point where many people make a huge mistake. They think that when others love them, they gain. No, we gain only when we love. If someone loves us and we cannot love that person on the same level, it is harmful because we cannot coordinate with this person and subconsciously we feel that we are in an inferior position. What is valuable, is to love. To be loved? Well, first see if we are worthy of that love. If someone loves us and we are not worthy of that love, we will become a dissonance in the Universes and in the Divine Logos.”

With these words, I realised Father meant that if someone loves us unconditionally, and we love this person egoistically, because of our behaviour we are not worthy of that love.

“Thus, together with our Guardian Archangel we will descend on the path from Centre 2 to Centre 5. One can say that in Centre 5 (the Triangle with the red Cross) we come to express Heavenly Man or the Idea of Man, which is already within our Monadic Nature as Spirit-Ego Self in Centre 2. The red Cross symbolises the Four Elements in both Noetic and Noetical States. There we will develop the Noetical Permanent Atom as Noetical Fire, the Psychical Permanent Atom as Noetical Water and the Permanent Gross Material Atom in its Ethereal State. After passing through the Idea of Man, we will be dressed with all the vibrations of matter: material, psychical and noetical. We will descend to Centre 8, not to become a BE-ing, but to be in a self-aware condition. Centre 8 does not give us our BE-ingness; we are already an Eternal BE-ing in the Pan-Universal Logos, in our Holy-Monadic Self.

Pay attention to the paths when we come to Centre 8. The outer Path 8→10, from the standpoint of the Logos in expression, is only for descent, and not for ascent. Then, there is the path towards the left side with the reddish light, connecting Centres 8 and 7. From Centre 7, our Brethren the Archangels, will come directly to Centre 8 by using Path 7→8, and each one will endow us with their gifts before we descend for materialization. Our Archangelic Brethren will enter Centre 8 to welcome us. As a result, in Centre 8 our first subconscious contact with the Archangels takes place as Self-awareness.

Now, let us take a look at the left side of the Symbol of Life, at Centre 4. There, we will see all kinds of forms. We will see a dark form of man, animals, plants, birds and serpents as Ideas and Archetypes of that species, purely Holy-Spiritual. On the Left Path, this form of man descended subconsciously to become the so-called 'animal man.'

Animal men were the first cavemen. They did not have right thinking at their disposal, but only violent emotions. They descended and incarnated as cavemen. They were hermaphrodite, and therefore not separated into different sexes.

The sons of God and the Sons of Man descended on the Right Path. The Ego-Self of Man passed through the Idea of Man and descended as a semi-God according to Greek mythology. They are the members of the human race on planet Earth, who make good use of Mind-thought as reason. They descended at that time, they descend now, and they will always descend on planet Earth and on all other planets. What I am telling you has always been happening, and will always happen at all levels.

In the book of Genesis 28:12 Jacob said, *'And behold a ladder set up on the earth, and the top of it reached to heaven: and behold the angels of God ascending and descending.'* In other words he described his vision of seeing Gods, Archangels and angels descending and ascending the Holy-Spiritual Path 7↔10.

Additionally, pay attention to the symbolism of Prometheus in Greek mythology. Prometheus, is the one who descended to teach animal man and condemned himself before Zeus, the Lord of Lightning, by giving these men the Element of Fire in order to help them develop into reasoning existences. Fire symbolises the noetical and noetic substance and Super-Substance respectively.

The story says that the Lord of Lightning, Zeus, bound Prometheus to a rock, and every day a black eagle came to eat his liver. His liver grew back, and the next day the eagle returned to feed on it again. Notice the symbolism. When Zeus bound Prometheus to the rock, it meant reincarnation in a human body. The rock symbolises the spinal column and the bones, as well as planet Earth. The ropes to bind him symbolise the nerves, the arteries and the veins. The black eagle represents Man's mishandling of the Five Attributes of Mind-Light, inherent in the Law of Separateness and Duality.

Heracles and Prometheus are one and the same person in double expression, the Ego-Self and the personality. This is the work pertaining to the Twelve Labours. Prometheus exists every moment, and Heracles frees Prometheus at any given moment.

In mythology we see that Heracles, the one who descends from Heaven (the Right Descending Path) was the son of Zeus, son of the Absolute BE-ingness. His mother was not Goddess Hera (Zeus' wife) but Queen Alceme, the Idea of Man in gross matter. When he was a baby he strangled the two snakes, which symbolise the two final points of the Left and Right Paths and the mastery over them in Centre 10. Thus, he became master of electromagnetic energy and so began his initiations on Path 10→8 with the Twelve Labours.

I give you advice to work on ascending the Central Path and the Right Path simultaneously. Later, when you reach the degree of a great teacher you will be able to ascend Jacobs' Ladder more easily. But before, you have to gain the right to ascend this ladder. (Maybe, Father meant it for us to ascend this ladder as an Archangel).

We know that the Right Path is separated into twelve parts or Twelve Labours. I want us to study them one by one very carefully and to meditate on them. In this way we will gain a lot in our material body, but also in our personality self. This is why I said that we have to work simultaneously on both paths. Working on the Right Path our material body will gain, and working in the Middle Path our personality self will gain.

Ascending through the Middle Path we enter the emerald kingdom of our Psychological World and the Five-pointed Star. We work there to make our personality self a part of eternity. Ascending higher up towards Centre 6 and beyond, we balance Number 7 within us, which is the union of Number 3 and Number 4. Thus, the equal sided uppermost

Divine Triangle symbolises Number 3 and thereby the Holy Trinity, whereas the Great Square enclosed by Centres 4, 5, 8 and 7 symbolises Number 4 and the Law of Tetractys. By balancing the triangle i.e. the mundane reflexion of the Holy Triangle, in our personality self-aware Self as its three lower bodies (material, psychical and noetical), we will be able to move to the Right Path and the Left Path, and consequently enter into the meaning of Number 7. Reaching this level means that first we have managed to overcome the opposing influence of Number 5, as a personality petty self. Remember that the five wise virgins had enough oil in their lamps when they awaited the bridegroom, while the five unwise ones did not have enough oil at their disposal. Oil symbolises Mind Super-substance as right thinking and reason. We have to place these lamps in our personality self and keep them lit.

In this work, we will not only see the symbolism of Greek mythology, but also the parables of the beloved Christ. Do you know that the Godman Joshua the Christ was aware of Greek mythology? He did not come to abolish anything, he came to explain and complete.

Our work is to balance the four triangles\* comprising the Great Square between Centres 5, 4, 7 and 8, but this work has also to be undertaken down in the Pyramid of Centre 10.

This is the initial work to be done in Centre 10. At the base of the Four-sided Pyramid we will feel the bright white radiation. From the triangle on the right side of the pyramid pours the fiery energy of Archangel Michael (Ma-Kha-El); from the triangle on the left side of the pyramid pours the Holy-Spiritual violet light-energy of Archangel Raphael (Ra-Pha-El); from the triangle at the back of the pyramid pours the white light-energy of Archangel Uriel (U-Ra-El), and from the triangle in front of us pours the golden light and Love of the Logos. We feel the Logos influence in us.

(Note: In order to avoid confusion, please be aware that in some meditations the light emitted from the triangle at the back of the Four-sided Pyramid may be the white light-energy of Archangel Uriel,

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*\* The four triangles composing the Great Square between Centres 5, 4, 7 and 8 share a common apex; Centre 6 of the Christ Logos. These triangles are: Triangle 6, 5 and 4, Triangle 6, 4 and 7, Triangle 6, 5 and 8 and Triangle 6, 7 and 8. When studied three-dimensionally, this Square is to be perceived as a Four-sided Pyramid, similar to the one in Centre 10.*

whereas in other exercises it is the sky-blue light of Gabriel (Kha-Vir-El). This depends on the work to be assumed.)

When we stand in the bright white light of the floor in the middle of the Four-sided Pyramid with our material-etheric body, we are under the influence of the energy of Michael, Raphael and Uriel, and directly under the influence of the Logos. Where is Gabriel? Everywhere the sky-blue light is. As a personality self we are swimming in His Light. Look, it is confined between the Logoic and Holy-Spiritual Path. In the sky-blue kingdom of Gabriel we know what rest and peace mean.

Now, see the phenomenon of Life in the fiery kingdom of Michael. Sense the circulation of the blood in your material body, and feel how His energy enriches the blood cells of your body through His warmth and balance.

See the construction of your material body, of your veins, arteries and of your heart in the kingdom of Raphael. See how many Archangelic Orders cooperate in the building of this temple of God, so that you can live in it.

I want you to realise that these are all phenomena in time and space-place in order for you to become masters of Fire and Ether. But do not forget that our nature as a personality self is the Five-pointed Star, swimming in the sky-blue light of Gabriel. From there we start to live and develop as a personality self-aware Self. In our personality self we feel the energy of Michael and Raphael. Pay attention, aim to balance their energy in your personality self, otherwise it will turn from creative energy to dissolving energy, to anger and rage.

Step by step, I will guide you to a deep study of the two faces of each form of energy, the creative and the dissolving, so that you will learn to balance them.”





## The Significance of the Law of Tetractys

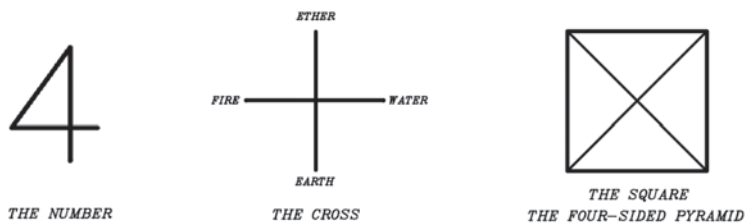
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“THE lowest centre, Centre 10, represents the Sacred Fire in our material body, but it also represents our whole material body as existence in the Material World. Here, Man will be first initiated into the great mysteries of the Divine Law of Tetractys. The Tetractys or Τετρακτύς in Greek literally means the congregation of the Four Rays. This term was introduced by the great mystic Pythagoras and denotes the gathering and manifestation in supreme harmony of the Four Elements (Ether, Fire, Water, Earth) under a Fifth State.

Initially, we may perceive the Law of Tetractys as:

- (a) The Number 4
- (b) The symbol of the Cross
- (c) The symbol of the Square and of the Four-sided Pyramid.

Later on, we will realise that this Great Law is also to be found in other symbols and numbers less explicitly. At this point, we should be able to simultaneously interpret the field of Divine Mathematics, Holy Geometry and Divine Symbology in conjunction with the World of Ideas, Causes, Laws and Archetypes. What follows, is an elementary approach to a complex subject:

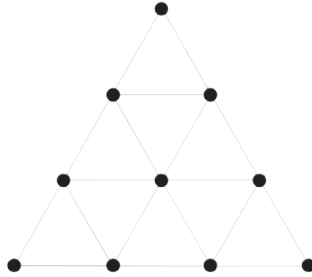


Some Symbols of the Tetractys

### The Holy Number 4

The Number 4 relates to the 4<sup>th</sup> letter of the Greek alphabet Δ Delta or Δέλτα in Greek. Delta (Δ), relates in a direct way the Number 4 with the letter Δ, the sound of the letter Δ and its shape of an isosceles upright triangle. Observe that these Four are One.

By further analysing the triangle of letter  $\Delta$  we may geometrically represent it as the gathering of the first four Holy Numbers: 1, 2, 3 and 4. If you add them up Number 10 derives. Number 1 – the Absolute BE-ingness manifests Itself in the Cosmos (0).



The Congregation of the First Four Holy Numbers

## The Cross

The Cross represents the Law of Tetractys or of the balance of the Four Elements in expression. Every Cross is composed by the interception of a vertical and a horizontal line. Generally speaking, the vertical line signifies the downward expression of Absolute BE-ingness in space-place, whereas the horizontal line pertains to the concept of time as past, present and future. Yet, if we are to place the Four Elements on the Cross, Ether is the upper vertical and Matter the lower vertical arm. On the horizontal axis Fire is on the right (when the cross is placed on us) and Water on the left. Consequently, we observe two opposing pairs: Ether-Matter and Fire-Water. Surprisingly, the Four Elements not only cooperate but they share a common point – the centre of the Cross or the Fifth Divine State, from which they originate. So, although each arm or Element of the Cross appears at a distance to or in opposition to its opposite arm, the origin and nature of the Four Elements is common to all – it is Number 1 the Father and Mother of all Numbers. They came forth from Number 1 so as to present Number 4. The common end is the Divine origin of the Elements, or otherwise the Fifth State we mentioned above, and the four apices represent their mundane expression in the third, fourth and fifth-dimensional world, and beyond. Remember that beyond the mundane, the Four ‘opposites’ in reality are One.

Therefore, when we travel on the Symbol of Life we will encounter several Crosses formed on the Central Column where it bisects the

multiple horizontal lines connecting the opposing centres of the Right and Left Columns. We will not then only encounter the symbol of the Cross in Centres 5 and 6 but also elsewhere...

Always bear in mind that whenever you encounter this symbol, the same task has to be undertaken but each time from a different perspective. We have to balance the Four Elements as we manifest them in our present-day personality. We express the Four Elements all the time and in all our bodies. Fire dominates in our noetical body as thought, Water reins in our psychical body as emotion and Ether relates to our etheric body as energy and power. Ether also governs the higher noetical body. On planet Earth all Four Elements are present in various combinations.

Regarding the use of the Elements, Man has the option to use them like our Brethren the Archangels do for the benefit of the world or combine them in harmful ways. For instance, Fire may be used by us to project our thought as reason or it may be used in a harmful way against us and others by enslaving it in wrath and anger. Water as emotion needs to be tempered with Fire as thought so as to maintain equilibrium between these apparently opposing forces. On planet Earth, Matter is eager to consume us and transform us into 'swine' as in the myth of Odysseus, where Queen Circe (in Homer's Odyssey) is the fascination of Matter. We can only rule over Matter by exercising our will over higher Elements, such as Ether, Fire and Water that act upon Matter. Matter is acted upon by all the above Elements. Just remember that elementals are called so, because they are composed of all Four Elements. Similarly, we have to balance all pairs of opposites such as Good and Evil or Pain and Pleasure etc., which is the drive to form an elemental. The choice is ours.

In our life we are free to adopt any interpretation we choose in relation to the various opposing pairs of concepts. We may perceive something as evil, whilst another person will adopt a different cognitive approach towards the same thing. This decoding mechanism of personality provides the seed of each elemental we construct. Hence, we have to enhance our 'vision' so as to discern correctly. Balance is maintained if we keep close to the mid-point stance between the two opposing poles. We should be indifferent to the enchanting voices of the 'sirens' of this world, and this most difficult task is achieved if we can learn to balance Self-awareness and Consciousness on the Cross

or rather Crosses. When we make the sign of the Cross, among other things, we also invoke the Divine Law of Tetractys to implement order amongst the Four Elements in our present-day personality.

## **The Square and the Four-sided Pyramid**

These are additional symbols of the Law of Tetractys. But first let us examine how they correlate. The Square and its diagonals is a two-dimensional symbol, but if we examine it three-dimensionally, the Four-sided Pyramid appears. So, in reality we are referring to the same symbol.

Since the Law of Tetractys comes directly from the Holy Trinity, let us apply Divine Mathematics and Holy Geometry to acquire a better understanding. The symbol of the Trinity is the equal-sided triangle. In order to obtain a square, the apex of the triangle opens up giving a U shape. Then by God's Will another Law emerges that unites the two loose ends – The Divine Law of Duality and Separateness. Thus, the Square is formed in Heaven as the vehicle of the Four Elements, the Law of Tetractys. Each side of this Square correlates to an Element.

Henceforth, all Elements that are outpourings of the Mind, will gradually descend into this vehicle presenting the same Law of Tetractys in various stages of expression. On our way back to the Father, we have to trace and follow these stages or steps in a reverse way so as to return home.

The Square and consequently the Four-sided Pyramid contain the Cross in a non apparent way; the diagonals of the Square form an equal-sided Cross. Additionally to all that has been mentioned relating to the Cross, the Square presents other properties. It has two pairs of opposing or parallel sides and four angles that are the union of two sides. So, we have a vertical and horizontal opposition and four dual conjunctions. All these Principles govern the expression of the Four Elements. The Law and the Principles are eternal and absolute, thus it is not permitted to distort the Square into another shape.

We can see this aspect of the Law of Tetractys on the Symbol of Life in Centre 10 and in the Great Square of Centres 4, 5, 8 and 7.

Apart for the Law of Tetractys, in Centre 10 we have all the other centres in energy, function and expression. However, we see their

own distinct characteristics in each one. We must be aware of a Great Truth: *All Centres ARE in all the other Centres as well.* We will find each and every one of them in all the other Centres, carrying special roles with diverse functions.

For us, the Symbol of Life appears to be surrounded by a black background, symbolising the Absolute BE-ingness in Its Static State. Yet, we will encounter the Absolute in manifestation in *All Centres.* The Absolute BE-ingness is the *Central Point* of each Centre of the Symbol of Life, and of all Ideas, Laws, Principles, Causes and Concepts. Therefore, this also applies to the various symbols of the Tetractys, like the Square and the Four-sided Pyramid, that we have just elaborated on. Furthermore, whatever exists in any one of the centres as a different living form is the expression of the Absolute BE-ingness God and obeys the *Central Point.*

In Centre 10 we behold the whole material body (as well as the Gross Material World) as a manifestation of the Tetractys. Our body is a conscious existence, but pay attention, not a self-aware existence.

When we are in Centre 10, we see the Right Logoic Path. We know we have descended, since we are in our material body. In order to meet our Self-aware existence, first we have to pass through the Right Gate of the Tetractys in the Four sided Pyramid leading to Path 10→8 of the Christ Logos in pure, bright canary-yellow light. We must dare to enter the fiery kingdom of Michael in the colour red, through the right triangle of the base of the pyramid. In our meditations we must work towards our ascent by mastering ten out of the twelve Logoic steps, which are the Labours of Heracles.

On the other hand, the left Gate of the Tetractys leads us to the Holy-Spiritual Path 10→7 towards the Archangelic Orders of Fire working in Centre 7. Here, at the twelve steps of Jacob's Ladder we see the violet, brown and deep blue colours. In our studies, we should be able to separate the different vibrations of these colours in our material body. We need to ascend these twelve Holy-Spiritual steps to enter our Archangelic Nature. From Centre 7 our conscious existence, as well as all the functions of our material body derive and are ceaselessly supervised by the Holy Spirit. From this Path (7→10), the creative ether flows down into the Material World but also into our material body.

Entering Centre 10, we partake in the lower part of the Great

Inverted Triangle, which is formed by Centres 7, 8 and 10. This is the Holy-Spiritual and Logocentric entrance to Life and Truth. Thus the mundane manifestation of the Tetractys in Centre 10 relates our existence to our Nature, by conjunction to higher manifestations of the same Law in other Centres.

Now, we will not engage ourselves with the downward\* pointing triangle within Centre 10 symbolising our ultimate descent into gross matter, because we are already consciously living in our material body. This concerns the work of great mystics who want to come into contact with certain kingdoms of existence within planet Earth...

We must focus on the square base of the Four-sided Pyramid, on the Tetractys, which symbolises the Four Elements from a slightly different point of view. The lower side of this square symbolises Earth and Matter. The right fiery side symbolises Warmth and Heat, as well as our Self-aware existence, but now as Power and not as expression. Eventually, we have to walk outside the Pyramid, on our way towards Centre 8. The left side symbolises a state of Power and Energy we name 'Holy-Spiritual Water,' our conscious existence as conscious expression. The upper side stands for the Logocentric Fire. From the upper part of the Tetractys, via the Middle Path, we will enter and proceed towards the upward\* pointing triangle.

You must always bear in mind that our Self-aware existence is on the right side, whereas our Holy-Spiritual existence is on the left side. When we start to meditate on these two sides and on the upper triangle, we will see where we stand as Self-aware existence and as conscious nature and existence. We will then realise the extent of our Self-aware connection to the Christ Logos and our Holy-Spiritual connection to the Holy Spirit.

We will work a lot on the Great Square (Centres 8-7-4-5), also symbolising the Law of Tetractys, on the Great Inverted Triangle (Centres 7-8-10), on the square base of the Four-sided Pyramid in Centre 10 that also symbolises the Tetractys, as well as on the upward\* pointing triangle.

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*\* In Centre 10, outside the square base of the Four-Sided Pyramid, there is an upward and a downward pointing triangle. These two triangles are not visible on the standard edition of the Symbol of Life, but they are depicted on the two unpublished paintings in pages 111 and 112.*

In the Great Inverted Triangle (Centres 7-8-10), we will concentrate on the middle point (Centre 9) and give glorification to the Logoc side, as well as to the Holy-Spiritual side; because the middle point of this triangle (corresponding to the middle point of the Five-pointed Star) is the source of Light of the Christ Logos, who gives Light to every Human Being coming into the world. This is what concerns us as a material body and as a living Entity before we enter our Self-aware existence. Here, we are still in a subconscious condition.

Yiota, some years ago, you could exit your body through your five senses, and come back, receiving impressions through the five senses again. Now, you consciously work on introspection in the Kingdom of the Heavens, which is within you.

I mentioned that the lowest centre, Centre 10, is sacred and holy, as are all the other centres we know in our material body and its etheric double. Additionally, we must also gain abundant knowledge relating to all the centres on our psychical body and its etheric double, and on our noetical body and its etheric double because we work simultaneously in all our bodies.

In the lowest Centre 10, which is the seat of the Sacred Fire, we give thanks and glorification to the Absolute BE-ingness, to the Christ Logos and to the Holy Spirit. Then, we enter into the Tetractys. Progressively, I will reveal to you how to concentrate on the Four Elements: Earth, Fire, Water and Ether. Of course, your first contact will come as knowledge. Later, when you see the Tetractys in the other centres, you will come into contact with the angels and Archangels of the Four Elements.

Certainly, this needs preparation, concentration and meditation. Do not be in a hurry; you must proceed reasonably, consciously and in a safe way. Being your teacher, I will watch over you, and I will create an angelic elemental to guide you when you exercise. Always remember that your Heavenly Teachers observe you and help you.

*‘Joy is to the angels and Archangels in the Heavens,’* seeing a mortal being consciously proceeding towards immortality.

What we need is reason and silence.

We have to work on the Middle Path rising up the three steps, which lead to the Psychical World. We descend and ascend on the Middle Path to know our subconsciousness and our present-day

personality self. When we go higher up, we enter into the Five-pointed Star and assume more complex work.

Simultaneously, we descend and ascend on the Right Path, on the twelve steps towards the Logos, towards the Light, which gives light to every Human Being coming into the world. We will get to know our Ego-Self there.

Proceeding on the left side, to our Holy-Spiritual Nature, we will subconsciously encounter the angels and Archangels, who already know us Consciously and Self Super-consciously.

If our fervent wish is to proceed and enter the Kingdom of the Heavens within, we ought to concentrate and meditate every single day on these issues.”



Tools of Initiation



## The Return of the Prodigal Son – The Fifteen Steps Leading from Centre 10 to Centre 6

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I would like to share with you more details concerning the return of Man, the Prodigal Son, to the Father, in relation to the four lower Centres 7, 8, 9 and 10 of the Symbol of Life, as per my father's private sessions.

“Panayiota dear, Joshua Immanuel the Christ gave us the most valuable parable of the Prodigal Son, in order to shed ample light on the Truth pertaining to the Descent of Man into Creation and his inevitable Ascent. This was the major theme of my doctoral thesis, ‘*Via Crucis, Doloris, Pestis, Restitutionis que*’ - ‘*The Way of the Cross, Pain, Pestilence (Sorrow) and Reinstatement.*’ I was always deeply inspired by this parable. So, thirty years ago I decided to write a one thousand page volume, analysing in every detail the advent of the Human Race on planet Earth, its deeds amid sorrow, pain and calamities, and our efforts throughout the centuries to gain our way back to Theosis. First, we are going to read this parable once more, and then we will relate it to the Symbol of Life in an applied manner.

*‘And He said, A certain man had two sons: And the younger of them said to his father, Father, give me the portion of goods that falleth to me. And he divided unto them his living. And not many days after the younger son gathered all together, and took his journey into a far country, and there wasted his substance with riotous living. And when he had spent all, there arose a mighty famine in that land; and he began to be in want. And he went and joined himself to a citizen of that country; and he sent him into his fields to feed swine. And he would fain have filled his belly with the husks that the swine did eat: and no man gave unto him. And when he came to himself, he said, How many hired servants of my father’s have bread enough and to spare, and I perish with hunger! I will arise and go to my father, and will say unto him, Father, I have sinned against heaven, and before thee, And am no more worthy to be called thy son: make me as one of thy hired servants. And he arose, and came to his father. But when he was yet a*

*great way off, his father saw him, and had compassion, and ran, and fell on his neck, and kissed him. And the son said unto him, Father, I have sinned against heaven, and in thy sight, and am no more worthy to be called thy son. But the father said to his servants, Bring forth the best robe, and put it on him; and put a ring on his hand, and shoes on his feet: And bring hither the fatted calf, and kill it; and let us eat, and be merry: For this my son was dead, and is alive again; he was lost, and is found. And they began to be merry. Now his elder son was in the field: and as he came and drew nigh to the house, he heard musick and dancing. And he called one of the servants, and asked what these things meant. And he said unto him, Thy brother is come; and thy father hath killed the fatted calf, because he hath received him safe and sound. And he was angry, and would not go in: therefore came his father out, and intreated him. And he answering said to his father, Lo, these many years do I serve thee, neither transgressed I at any time thy commandment: and yet thou never gavest me a kid, that I might make merry with my friends: But as soon as this thy son was come, which hath devoured thy living with harlots, thou hast killed for him the fatted calf. And he said unto him, Son, thou art ever with me, and all that I have is thine. It was meet that we should make merry, and be glad: for this thy brother was dead, and is alive again; and was lost, and is found.’ (Luke 15:11-32).*

In this parable the ‘Father’ is the Absolute BE-ingness God the Father, our Heavenly Father. The ‘Sons’ are the Spirit BE-ings in Its Oneness. The ‘Portion of Goods’ is the Life-Light and the Mind Super-substance. The ‘Lost or Prodigal Son’ is that reflexion of our Spirit-Ego-Self, which is by Its own free will and God’s consent, humanised. The ‘Prostitutes’ are the prodigalities in life. The ‘Swine’ represent the base elementals in our present-day personality that are made of Mind - the gift of Absolute BE-ingness. The ‘Fatted Calf’ which is killed, is our gross material body and the ‘Ring’ symbolises eternity and our ability to perceive eternity. Our Heavenly Father, most loving and merciful, waits expectantly for the return of His Prodigal Sons. And when one of us returns Home, ‘*There is joy in the presence of the angels of God over one sinner that repenteth*’ (Luke 15:10).

Now, let us apply this Truth to the Symbol of Life.”

## The Descent

*‘One God came into being in time primeval’  
‘He will be incarnated after coming from the world beyond the  
magnificent world of God’ (Ankh-en-Aton and Khor-Aton)*

“At the beginning of the Right Column of the Symbol of Life we encounter Centre 2, which macrocosmically is everywhere wherever we find the concept of Space and Time. Although Space is one aspect of God’s Nature, time as past, present and future is a concept, a mere reflexion of the Eternal Present in the Worlds of Duality. The concept of time and space-place originates here. Centre 2 is also the Plurality of the Absolute BE-ingness; the Pan-Universal Logos and the Divine Holy Monads.

The Divine Monads in Centre 2 are macrocosmic in expression. These Divine Monads project Eternal Monads, Divine BE-ings – Archangels and Men.

The Archangels move from Centre 2, on the Path 2→3, towards Centre 3. Although the Nature of the Archangelic BE-ings is Logoic, moving over to Centre 3 They relinquish Their capacity of Self-awareness and are clothed with Holy-Spiritual Super-consciousness. However, our Spirit in the Divine Holy-Monadic Self maintains Its Absolute Self-aware Nature, since Human Beings retain their inherent capacity for Self-awareness even after incarnating.

Then, we descend on the Logoic Path from Centre 2 to Centre 5, the centre with the upward pointing Triangle and the red Cross in the middle – the Centre of the Idea of Man, of Heavenly Man or of Archangel Man. In Centre 5, the Triangle symbolises our Trinity as Spirit-Soul-Personality, and the red Cross represents the Four Elements in perfect balance. In Centre 5 we are still Spirit, ready to pass through the Idea of Man.

We can separate the Idea of Man into two states, Nature and Expression. The Nature of the Idea of Man is within the Absolute BE-ingness in the Super-Noetic World and beyond. It is also an eternal attribute of our Spirit; we have always had within us the tendency to become a Human Being. In reality, the entire World of Ideas originates from the uppermost Great Triangle of the Symbol of Life of the Absolute BE-ingness. Subsequently, the Idea of Man within us as Spirit passes through Centre 2 of the Divine Holy Monads and

descends into Centre 5 of Heavenly Man – the Centre of the Expression of the Idea of Man - in order to become a Human Being.

Then, we descend from Centre 5 to Centre 8. In Centre 8, Heavenly Man becomes Soul Self-awareness, a BE-ingness now ready to become a phenomenon of Life. The circle in Centre 5 is our eternal BE-ingness; the black spot in the circle is our Spirit-Self; the red line on which the circle rests, gives us our Divine Nature and earthly existence.

Then from Centre 8, through the pathway to the Centre of the Psychical World, Centre 9, we will be dressed with our psychical body, the body of our emotions. We will descend according to the Divine Will through the path between the Psychical Centre and the Gross Material Centre 10, which is still pure and clean. We are still in the golden light in Centre 8, and moving further down to Centre 10, we will be clothed in a dense material body and incarnate on Earth.

Something similar takes place macrocosmically on the opposite side, the side of the Archangels. They descend to create. From Centre 7 they help to build our psychical body, and the Psychical World through Centre 9. Furthermore, from Centre 7 they work to give us our material body, and the material Universe in Centre 10.

Macrocosmically, we have the centres within us. We will start our work from the lowest centre, Centre 10. What path are we going to ascend? We are going to ascend all three paths to gain experience.

I, being your earthly teacher will help, inspire and guide you to ascend the paths through the gates where you enter and exit the different centres. You will see and follow the symbolic numbers of the various steps, especially in the Middle Column. You have to pay attention because from the lowest centre, Centre 10, all the way up you will see the numbers on the path, and you will work separately on each step. You also have to observe the colours on the paths because they carry their own meaning.

Now, we will deal with the Middle Path, which is a double path because it concerns our descent towards materialization and our ascent back to Theosis. Our descent is finally accomplished in Centre 10. Through the physical union of two Souls, man and woman, a new Soul or personality self-awareness will enter the world of matter. The descent of Man is complete!”

## The Ascent

“Feel that you are in Centre 10, the lowest centre of the Symbol of Life. In this centre we see varying colours. If we place the Symbol of Life on us, looking at it from Centre 10, on the right side we will see the red colour and the brown colour. The red colour symbolises the blood, and the brown colour symbolises matter. On the left side the violet light dominates giving energy and power.

Mesocosmically, this centre symbolises gross matter on planet Earth and everything material co-vibrating according to the Law of the Four Elements. Also, beyond planet Earth, other Planets, Solar Systems, Galaxies and everything that exists in time and place in the Macrocosm and in the Microcosm. For us Human Beings, it is the whole gross material body as well as the genital organs in space-place. However, do not forget that although microcosmically in time and space-place we live on planet Earth as present-day personalities, in reality it is the planet that lives in us as a Soul-Ego Self.

In Centre 10 we observe both macrocosmically and microcosmically an intense procreative motion-movement-vibration; here we have all phenomena of Life. We already know these phenomena in the Material World in Gross Matter, in the Liquid-Water Element on, around and inside the planet, in Air and in Fire. Air and Fire are not easily detectable in this centre, but exist along with a Fifth Element, the Ether, which constitutes the Ethereal World inside and around the material Earth.

Now, on the material body of a man or a woman, we find two feet and the genital organs. If a person stands as if wearing the Symbol of Life, we will see in the Middle Column for the man the penis and the two testicles. The penis is the vehicle for the descent of Life, which is purely of the Absolute BE-ingness. The left testicle is Holy-Spiritual and the right testicle is Logoic. At a later stage, I will further elaborate on how the Life currents interchange their polarity from Logoic to Holy-Spiritual.

The same counts for a woman. The womb is the seat of Life, which is purely of the Absolute BE-ingness. The left ovary is Holy-Spiritual and the right ovary is Logoic. Under the blessing of Divine Providence governing our gross material body, the four lower Centres (7, 8, 9 and 10) and the corresponding organs (spleen, liver, solar plexus-abdomen

and the genitalia) are predominantly under the supervision of the Holy Spirit. Man instinctively recognises them and eventually learns how to use them in collaboration with the Divine Will of the Holy Spirit. As mentioned previously, in Centre 10 in our body, we identify three distinct, yet cooperating organs that constitute three diverse states of interaction. Henceforth, we are going to name them as the *Three Steps in Centre 10*.

Be aware, as a general rule, we will not concentrate on the different organs, but we will work on the *Steps* pertaining to the organs!

Let us now examine the Three Paths connecting Centre 10 to other centres from the viewpoint of our ascent to the Father, the Divine Triangle of Centre 1.

The Middle Path of canary-yellow or golden colour is both descending and ascending. It belongs to the Absolute BE-ingness. It is the Path of Direct Descent of God the Father to the Material World. For us living in Centre 10 it is the majestic Path of Ascent of the Prodigal Son.

The Logocic Right Path of canary-yellow or golden light is also descending, as well as ascending. Descending is the Light of Christ Logos that gives Light to every Human Being coming into the world. This Logocic Light transmutes our Nature as Absolute Holy-Spiritual Super Consciousness and Absolute Logocic Self Super-Consciousness into our Human Hypostasis in the worlds of the mundane. Henceforth, we are able to express consciousness and self-awareness – a reflection now of our Nature as Spirit. However, for us living as a present-day personality it is a Path of Ascent.

The Left Path of purple light is the Holy-Spiritual descent, and for us it is also a Path of Ascent. It is Jacobs' Ladder with the twelve different steps that we have to slowly and prudently ascend, because each step is a whole world.

Consequently, in the lowest centre Three Paths of Ascent commence. We have to pay attention to the pathways. When we start our work, we must be in a positive state of mind. We notice that on every path there is an entrance from a higher centre to a lower centre and vice versa. We exit the lower centre and gradually ascend towards the Great Uppermost Triangle of the Holy Trinity. We move upwards passing through Centres 9 and 6. We ascend in stages that

correspond to our psycho-noetical development. During this voyage, we must know that every path we encounter is either descending and/or ascending, and constitutes a gate either to enter and/or to exit. In Orthodox Liturgy just before reading the Gospel the priest counsels in a loud voice, “*The Gates, the Gates, let us attend to them in wisdom!*” The Gates symbolise the Ten Centres of the Symbol of Life.

While working to ascend the Middle Column of the Symbol of Life, we are constantly illuminated by ample golden light all the way up to the Absolute BE-ingness. Furthermore, after exiting Centre 10 of Gross Matter, we first encounter another *Three Positions or Steps* on the Central Column between Centre 10 and Centre 9. These *Three additional Steps*, added to those that are *within* Centre 10 make a total of *Six Steps*. In Centre 9, the Centre of the Crescent Moon and the Five-pointed Star that symbolise our personality self-aware Self, we find another *Three Steps* we have to master. On the material body, this centre corresponds to the solar plexus. It is where our present-day personality self-aware Self lies.

So, the material body is in Centre 10, but our present-day personality self-awareness in this material body, dwells in the centre of the etheric double called the solar plexus. In Centre 9, it is the subconscious and the entire world of elementals, as well as our psychical body, which will concern our present-day personality self. The work on the Five-pointed Star and the *Three Steps* in this centre will be done mentally under guidance.

However, there is a strict prerequisite: We only gain entrance to Centre 9 through the mastery of the two lower converging Paths: The Logoc Path 10→8 on the right side and the Holy-Spiritual Path 10→7 on the left side. Therefore the work we are about to undertake is both Logoc and Holy-Spiritual!

Leaving Centre 9, we see *Three Paths*. The Central Path 9→6 reaches Centre 6, the Centre of the Christ Logos Sun, symbolising the material heart in our material body. On the line connecting Centre 9 and 6, and Centres 8 and 7, we see the First Cross. The other two Paths commencing from Centre 9 are: One going to the left side (Path 9→7), leading us to a particular Holy-Spiritual expression of Cosmic Fire, and another one going to the right side (Path 9→8), leading us to a Logoc expression that provides us with the Divine Vehicle of the Soul. These two also represent conditions of our present-day

personality self-awareness, of our Logoc Self-aware Nature and of our Holy-Spiritual Consciousness. The seat of our Subconsciousness is rather located on the left side.

Again, in Centre 6 we see two ascending Paths towards Centres 4 and 5 (Paths 6→4 and 6→5), and two descending Paths towards Centres 7 and 8 (Paths 6→7 and 6→8).

Let us now further elucidate some similarities amongst Centres 10, 9 and 6: Regarding the two Paths that extend from Centre 10, the one on the right side joins Centre 8 (Path 10→8), and the other one on the left side meets Centre 7 (Path 10→7). This means that we have to *ascend* from Centre 10 to Centres 8 and 7 through our material body and its etheric double. Similarly, we have to *ascend* from Centre 9 to Centres 8 and 7 through our psychical body and its etheric double (Paths 9→8 and 9→7). In the same way, we have to utilise our noetic and noetical bodies dwelling in Centre 6 in order to *descend* to Centres 8 and 7 (Paths 6→8 and 6→7). Hence, the Centre 6 of the Soul and the Centre 7 of the Seven Flames are approached from Centres 10, 9 and 6 by mastering our corresponding bodies and following certain pathways.

It is from Centre 9 that we can come into direct contact with the Holy-Spiritual Archangelic Orders on the left side in Centre 7. On the other hand, our contact and ascent from Centre 9, the solar plexus, to our Self-aware Nature at Centre 8 on the right side, is our first Self-conscious contact with our Ego-Self.

So, let us try to calculate the *Stages or Steps* required for our spiritual upliftment in order to transmute our present-day personality self-aware self into our Self-aware Permanent Personality Self-aware Self, our 'I-ness.' From Centre 10 of gross matter, to Centre 9 of the solar plexus, up to Centre 6 of the Heart and beyond, we encounter many steps:

- (a) There are *Three Steps* within Centre 10
- (b) On the Path between Centres 10 and 9 there are another *Three Steps*; *in total Six Steps*
- (c) Within Centre 9 *Three more Steps*; *in total Nine Steps*
- (d) Additionally, *Three more Steps* are up to the middle point of the First Cross which is situated at the point of intersection of the Central Column and Path 7↔8; *in total Twelve Steps*



(e) And another *Three Steps* up to Centre 6 of the Heart; *in total Fifteen Steps*

Then, from Centre 10 up to the Centre 6 of the Heart there are altogether *Fifteen Steps or Initiations*. The end result of this process is the *Baptism of Fire*, under the Christ Logos Himself. Rest assured that this is not the end of our return journey. From Centre 6 upwards, the *Steps or Initiations* are more difficult and demanding. We have to become as clean and pure as possible in order to ascend them.

In this lesson I did not elaborate on the *Three Steps* within Centre 6, neither on the *Three Steps* after Centre 6 leading to the Cross defined by the point of intersection of the Central Column and Path 4↔5 and beyond... *The Baptism of Spirit has commenced...*

Let us pause here, because each of the aforementioned *Fifteen Steps* must be attended by a series of meditations. In our work, we will engage the Holy Mind and the Divine Art of Visualisation, so as to be assured that the different noetical images we shall create are not mere creatures of our fantasy, but the sound foundations of our endeavour. We need to be engaged in the study of the symbols, to understand and feel our Self in our material body and in our present-day personality. Moreover, we will ascend to Centre 6 of the Heart, which is the Centre of the Pan-Universal Christ Logos. There we see the Six-pointed Star with the red Cross imprinted in its centre, which symbolises the balancing of the Four Elements, the Crucifixion of the personality self-awareness and its Resurrection higher up. At first the Christ Logos will give us inspiration for higher deeds and the strength to proceed further, then gradually aspiration towards His Divine Attributes of Total Love and Mercy and finally He will lead us into becoming One with Him by assimilation and 'At-one-ment.' His voice that now sounds in our hearts is not just void words; '*I am the Way and the Truth and the Life.*' We as Researchers after the Truth walk His Way Consciously and Self-consciously. The voice of our Beloved One guides us constantly:

We have to work progressively to become masters of matter, masters of etheric substance, masters of psychical and noetical super-matter and substance respectively; to become the masters of Mind with which the present-day personality is built. Gradually we will be able to come into contact with the Heavenly Powers. If we want to achieve that, we have to be able to project ourselves macrocosmically."

## A Mediation on Mastering the First Three Steps

“Now, let us practice contemplation and visualisation:

The Material World (Centre 10) is a relatively dark world if viewed from great height, from the aspect of Mind Super-Substance; yet it is very bright for us who live in this Material World. Do not underestimate this world because it is the world in which the Absolute BE-ingness expresses Its Plurality at the lowest level, in Gross Matter. And when Absolute BE-ingness expresses this Plurality through the Holy Spirit and the Christ Logos, It does that perfectly. If we perceive imperfection in this world, this comes from our inability to understand the Divine Plan. We are merely shortsighted, since our vantage point is most of the time self-centered and furthermore our current memory is incomplete and incoherent. So, we are unable to correlate events, circumstances, and come to correct conclusions. *‘The light of the body is the eye: therefore when thine eye is single, thy whole body also is full of light: but when thine eye is evil, thy body also is full of darkness’* (Luke 11:32).

If we examine a shell from the bottom of the sea, we see harmony, beauty and perfection in the smallest form, i.e. in the microcosm. We see perfection in a Galaxy, in a Sun, in a Solar System, and we find it also in an atom. We see Divine Total Wisdom, Total Power and Total Love and Goodness in the Material World everywhere around us in all forms of Life, both mobile and immobile. All are expressions of Life.

Macrocosmically, we see the glorious manifestation of the Absolute BE-ingness in Nature, as well as within us. Microcosmically through introspection, we also find it in our material body. When we start our investigation on the cells and organs in our material body, we are on the *Three Steps* in Centre 10. Therefore, the work on the first *Three Steps* will be in our material body.

Notice the Path from Centre 7 to Centre 10. Centre 7 corresponds to the spleen in our material body. From the spleen the Holy-Spiritual expression of Life maintains our material body. The Centre of Fire on the left is the spleen. The same applies to our psychical body, giving us the psychical spleen. The spleen is of great importance. It is vital for the economy of the material body. It is the seat of Fire. From there, the blood is fashioned and obtains its creative qualities from the Holy Spirit to maintain our atoms, cells and organs. An illness of the spleen is responsible for all kinds of anemia. Blood is Fire!

On the right side we have our Self-aware Nature. Centre 8 corresponds to the liver in the material body, which consists of two parts. Why?

During a lesson, I mentioned that a long time ago, before the separation of the sexes, before beings became men or women, Man was a hermaphrodite. Hence, the process of reproduction and delivery were not as they are now. At some stage, a lump was created at the side of the liver and continued to grow. Eventually, the being entered into a state of semi-hypnosis, one part of its liver was rejected and a new plasma would emerge; this is how a new being was born many aeons ago. The new plasma was fed by the electromagnetic condition and the humidity of the planet, and so was independent from its father-mother parent. When reproduction occurred, one part of the liver dropped down to become the new being, another part of the liver began to regenerate from the bottom upwards. Man multiplied in this way at that time. This dual condition has always been in the material body of Man.

The material body of the Human Being with all its organs is Holy-Spiritual. Some organs that are inactive in women are active in men, and vice versa. Have you ever thought why? Why God endowed man with something He did not give to a woman, and why God endowed a woman with something He did not give to a man? God planned it in this way to promote the connection between men and women; their cooperation and union, through the process of the repetition of procreation as creation. We have the ultimate honour of becoming co-creators with God.”

### **Guidelines on the Mastery of the Steps**

“As I said, the Central Path on the Symbol of Life is both Logoic Self-awareness and Holy-Spiritual Consciousness in expression under the blessing of Absolute BE-ingness, God the Father. So, under the Will-Pleasure of the Almighty Its combined Nature and Expression descend as Life-Energy; Self-aware Life-Energy on the right side and Holy-Spiritual Life-Energy on the left side. Start recognising and feeling this Life-Energy in your body and everywhere in nature. Feel LIFE! See LIFE, listen to LIFE, smell LIFE, enjoy LIFE everywhere in the vast space, in the Omnipresence of Absolute BE-ingness. Feel GOD as LIFE within you. You are LIFE and our Father in Heavens is THE LIFE. We are ONE. Feel the attraction of this Great Truth, and begin to wake-up...

When we work more diligently and intentionally on the (bidirectional) paths, all the work will be done first on the noetical level, creating noetical images, and later on the noetic level. The means we have to use is the Mind. Provided we purify it from the phantasies of our subconscious, we will obtain creative thought and use it for the formation of our constructive noetical images.

Acquire the habit of being observant. See and feel all the varying colours and hues on the different paths. These colours are Archangelic expressions, a manifestation of Archangelic Life. Try to attune your self to these vibrations of Mind.

Of course, not all of us will meet and see the same things on these paths. It depends on the development of the personality of each one of us. Nevertheless, the principal points are the same and the symbolism is identical.

Please keep notes of the experiences you have on the paths and in the centres when you do the exercises and meditations. The goal is the same for everyone, but our individual needs, predispositions and experiences vary considerably. Everyone will feel or face different difficulties on the paths. Although the Way is common to all of us, the journey per se is individualised and unique.

The most important thing is to work with your teacher and to unhurriedly pass through the paths in a safe and protected manner. The Christ Logos, the Holy Spirit, the Guardian Archangel, your invisible teachers and the many Archangelic Orders will watch over you from on High; for according to the Great Pharaoh-Hierophant Akenaton (Ankh-en-Aton) and the Highest-Priest Khor-Aton, *'You are safe, you are protected and guarded through Eternity.'*

Gradually you will come into contact with our Brothers the Archangels and may even be able to converse with them in Their Divine Language. However, not all of you will hear the same things because not all of you have the same needs.

I will give you a piece of advice: Each one of you must work individually. Should you need help, consult your Brother-guide. In this way you will make progress. Share your experiences with your teacher or with people you trust and love. Be careful with whom you share these teachings I am giving you. If someone is thirsty to know and work, then help. But these lessons are not for chattering

and small talk. Do not confess your experiences without exercising due discrimination, especially with people who do not share your spiritual path, because they will not understand you, and you might also confuse and harm them instead of helping them.

Do not give solid food to babies; you might kill them. You have to give milk to babies and solid food to adults. This is my advice to you.”



The Return of the Prodigal Son

## The Great Triangle of Centres 7, 8 and 10

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“ON the lower part of the Symbol of Life, we see the big inverted triangle formed by Centres 7, 8 and 10. The two downward paths on either side represent our feet, and on the lowest point, Centre 10, we have the genital organs of both man and woman, the seat of the Holy Spirit in creation. Centre 10 is both Holy-Spiritual and Logoic.

The one who descends from the right side to become a living Soul, a present-day personality self-awareness, will express his Logoic Self-aware existence. Simultaneously, angels and Archangels cooperate to create his material body consisting of atoms, cells and organs. They not only create it, but sustain it, and make it grow. Comprehend the great Holy-Spiritual role in the material body, in what is called catabolism and anabolism. These two apparently diverse procedures are the indispensable components of metabolism, the holy instrument of pure balance in our body.

The Holy Spirit works in the material body to transform it into a temple of God. The first inhabitant in this temple is the Christ Logos, our Self-aware existence, the light-giving Light to every Human Being coming into the world. The next inhabitant is our Holy-Spiritual existence, which is conscious Life in a form; the seat of subconsciousness and later Super-consciousness.

On the right fiery side of Centre 10, we notice the expression of the Christ Logos Himself. The Archangel Michael is in charge here; He is the authority. In reality Centre 10 is not circular but spherical.

We can see that from the right inner side of Centre 10, our Self-aware existence is in contact with the sky-blue light of the Archangel Gabriel (Kha-Vir-El).

Enter the Centre of the Four-sided Pyramid. In this pyramid we have both Logoic and Holy-Spiritual work. Here, we find everything. We are in the Centre of the Pyramid as material existence and as gods, Children of the Almighty.

Turn to the left side and see the electromagnetic violet light. The pure kingdom of the Holy Spirit lies there. The Archangel Raphael is in charge, He is the authority. We can see that from the left inner

side of Centre 10, our Holy-Spiritual existence is in contact with the sky-blue light of Archangel Gabriel, who plays a double role. It is the Archangel Gabriel, who is in charge of our incarnations, since He offered the Virgin Mary the Six-pointed Star, a lily for the incarnation of the Christ Logos Himself.

Furthermore, we also have Him on the left side of the Symbol of Life as our protecting Archangel, apart from our Guardian Archangel. Jacob's Ladder with the twelve steps and the Archangelic descent is on the Left Path.

I will mention again the five positions, which are:

1. On the right side, the Path downwards (8→10)
2. The Fire element of Michael in Centre 10 on the right side
3. The Centre of the Four-sided Pyramid
4. The Electromagnetic element of Raphael in Centre 10 on the left
5. The upward and downward Archangelic Path on the left side (7→10)

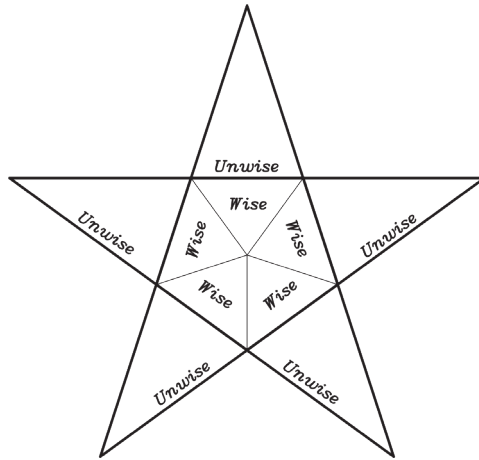
These five positions will lead us through the three steps of the Central Column to Centre 9, the Five-pointed Star and centre of the solar plexus.

The departure point of the present-day personality self-aware self through its etheric double is the lowest point, Centre 10. From there it will develop and express itself in Centre 9 above.

In Centre 9 there are five outward rays-triangles. By uniting the base of these triangles with five lines, an inner pentagon is formed within the Five-pointed Star. Rays from the centre of the pentagon travel to its five apices, shaping five more inward triangles.

According to one of the parables of Christ, they symbolise the five wise and the five unwise virgins. The five wise virgins had enough oil in their lamps, meaning they had adequate quantities of the Super-substance of Mind. On the contrary, the five unwise virgins were short of oil in their lamps.

A great deal of work must be done by us as a present-day personality in Centre 9, in the Five-pointed Star.



An illustration of the Five-pointed Star showing the Five Wise and the Five Unwise or Foolish Virgins.

Now, returning again to Centre 10 we see the Four-sided Pyramid with the five apices, the four triangles of the pyramid and two other triangles, one pointing upwards and one pointing downwards (please consult the two unpublished paintings by Daskalos on pages 111 and 112).

I have mentioned that we come from the right side, the Right Path. See it separated into two. Our descent is a pure Conscious and Self-aware Logos expression. During this holy procedure, we are accompanied by our Guardian Archangel and the Christ Logos Himself. However, we have to work to ascend the twelve steps from Centre 10 towards Centre 8. We must commit ourselves to a lot of work on the right ascending path, so as to ascend the twelve steps to the top.

Our very wise ancestors gave twelve degrees of initiations to the so-called semi-God Heracles. The Twelve Labours of Heracles are nothing else but degrees of initiation and levels of perfection of the present-day personality self.

You must occupy yourself daily with completing your exercises, without missing even one. You must wear your Archangelic Garment or Form before entering the fiery side of the pyramid. You will encounter the twelve steps on the right inner path. At their highest point, they come into contact with the sky-blue light of Gabriel.



The Archangel Gabriel, the sweet and compassionate Archangel of Mercy, is in charge and presents Himself in each labour we do. However, we will not always have Him by our side. There will be times when we will have the law and control of Archangel Michael, the fiery condition. When we ascend to the Eighth, Ninth and Tenth Labour, we will see that we come into contact with Fire and enter into it. We will have more control, but the ascending process will be more difficult. We realise that Archangel Gabriel withdraws, and that the purifying work of Archangel Michael becomes more intense.

When we look at the Symbol of Life, we must not think that it is simply a symbol. It is our Life, our initiations and levels of Consciousness and Self-awareness between Centre 10, the lowest centre, and the Upper Centres on the Middle Path or Column.

On the first step of the Middle Path, Heracles killed two snakes when he was still a baby. These two snakes symbolise the two electromagnetic currents, which are located at the lower angle of the Great Inverted Triangle (Centres 7-8-10). In our material body, they ascend through our feet.

The two currents ascending upwards to the left and right through the spinal column, alternately interchange their routes to give us the Caduceus of Hermes; another symbol we find in Centre 10.

We have to become an earthly Hermes (Master), a Hermes in the Psychological World and a Hermes in the Noetical World, to finally obtain the degree of Hermes Trismegistus. This is why he is called Three-times Great.

Our Inner Self as god-Hermes, confronts the labours as triumphs in the three centres: In Centre 10, in Centre 9, which is the solar plexus with the Five-pointed Star, and in Centre 6, which is the Six-pointed Star in the Noetical World. Yet, the real triumph to become Hermes, the Three-times Great, will take place in Centre 6.

This will happen when we unite the Higher Noetical World with the Lower Noetical one. When we ultimately unite the downward pointing triangle with the upward pointing triangle of the Six-pointed Star, and balance the Four Elements, symbolised by the Cross in the middle of Centre 6.

But if we pass as Soul Self-awareness through the Fiery Path from Centre 6 to Centre 5, will we not also find the triangle, which symbolises

the Deity, and the Cross in the middle – the symbol of the balance of the Four Elements? We must find the common points between Centres 6 and 5 and discover our Permanent Personality and Soul-Self. A lot of work must be done to ascend higher.

You may wonder if all Human Beings will finally ascend. Is the one who descended not going to ascend again? Joshua Immanuel the Christ gives the answer, *‘And no man hath ascended up to heaven, but he that came down from heaven’* (John 3:13). Our Inner Self will definitely ascend!”



The Lotus Flower-*Sesen* symbolising purity, beauty, upliftment and attunement with the Higher Realms.

## Man in Creation – Preparing to Ascend Path 10→8 of the Twelve Labours

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“THE Symbol of Life we meditate and work on, symbolically represents the Macrocosm, the Mesocosm and the Microcosm. We should be aware that we need to work extensively on the Symbol of Life. But how are we going to continue with this engaging activity? We have to keep doing it in the right way!

Absolute BE-ness is Eternal Life. We are aware of two major characteristics of the Nature of Absolute BE-ingness: Divine Self-Sufficiency and Will-Pleasure. These two States are equal and no one is inferior to the other. The one is contained within the other, and they are inseparable. When Absolute BE-ingness vibrates Its Divine Will-Pleasure to manifest Itself in Itself in a specific space-place within the Absolute Space, the Idea of Mind becomes the tool of Creation. From that moment on, Mind in all stages of expression comes forth.

We should know that Mind is neither the Christ Logos nor the Holy Spirit. Mind is the means through which the Absolute BE-ingness, as the Christ Logos in Its Absolute Logoic expression, conveys Itself as the Pan-Universal Logos. And Mind is also the means through which the Absolute BE-ingness, dynamically now as Holy Spirit, will express Its Divine Total Wisdom, Total Power and Total Love and Goodness.

Pay attention now. The Holy Spirit will express Divine Total Wisdom, Total Power and Total Love and Goodness through the Mind.

The Christ Logos, the Pan-Universal Logos, will express the Absolute BE-ingness in Its Divine Total Wisdom, Total Power and Total Love and Goodness, but now Total Goodness assumes another form, the Logoic expression. The Pan-Universal Logos now utilises the Total Wisdom of Mind to be expressed as Total Love and Total Goodness. He who is the Light that gives light to every Human Being coming into the world, passes the eternal Divine BE-ings (His projections as well as radiations of the Holy Monads) through His Light, in order to present themselves as Logoic existences.

The other kingdoms, both animal and vegetable, are expressed through the Holy Spirit. The Holy Spirit does not give Absolute Self-aware Nature, but Absolute Conscious Nature. All the animals and plants express this Absolute Conscious Nature as instinct, while Heavenly Man, the Archangel Man, is the Absolute Archangelic Eternal Soul Self-awareness.

The animals and plants are *not* Souls. They only have Divine Breath. The Soul is the Spirit. The Spirit passes through the Idea of Man, and then becomes a living Soul. All the other kingdoms are expressions of the Archangels through Their angels. The angels are the elementals of the Archangels, but they do not have Self-aware Nature.

Each and every Man is an Archangel. He passes through Heavenly Man, the Idea of Man, the Archangel Man. Eternally, he is the one who descends from Heaven, and he is the one who will inherit Eternity.

Christ said, *'He who descended from Heaven will ascend, and return to his Divine Nature.'* We see it in the parable of the Prodigal Son. We know that even with the imperfections of our personality self, we are similar to the Macrocosm. Therefore, we need to discern the emanation of our Eternal Self, which is the image and likeness of God. This Eternal Self will teach our present-day personality self.

We recognise this personality self, this time and place self. It is our material body, our psychical body, the body of our wishes and desires, and our noetical body, the body of our thoughts. We should aim to make these three bodies cooperate and co-exist harmoniously, so that they no longer serve our personality self, but the Inner Self or our Soul Self-aware Self. Because, as we know, these bodies make up our personality self. As personality self-awareness we are the material body, the psychical body and the noetical body. Are these three bodies with their etheric doubles, the connecting links and the means of expression of these bodies, our Self? No, they certainly are not!

Mind is the means of our expression. Mind itself is the means of expression of the Holy Spirit and the Christ Logos, as well.

Our personality self is the connection and synthesis of all the vibrations of Mind in time and place through which we express ourself. But pay attention, what self? Our real Self!

The total unity of Mind which we call the material body, is made up of gross matter. What we call the psychical body is made of super-matter. What we call the noetical body is made of substance and the noetic part of ourself is made of Super-Substance, in a formless condition of Mind.

All these bodies consist of Mind. Think upon this: Do they not dispose a kind of existence beyond our own existence? Of course they do, because Mind contains within it Life in all the expressions of Life. Do not ever think that Mind is devoid of Total Wisdom, Total Power and Total Love and Goodness.

For this reason, we are responsible when we give form to noetical images. We enslave Total Wisdom, Total Power and Total Love and Goodness in an elemental, which now expresses Mind as cleverness, as the human expression of love, or as other conditions like hatred, which are erratic expressions of Goodness. Mind used in all these ways requires a lot of energy.

When we consciously create noetical images-elementals and observe them constantly, we will realise that they have a lot of intelligence, but not intellect, in them. They bear the intelligence of their creator and they act according to the purpose of their creation. Since they do not possess self-awareness they are unable to express intellect, the capacity for conscious knowledge. Do not forget that elementals have a psychical component that contains psychical super-matter and a noetical component bearing noetical substance. Nevertheless, the mystic can endow his angelic elementals with higher forms of Mind. Elementals may potentially contain all forms of Mind!

Remember in a lesson I had mentioned that from a mere atom or Sun to a perfectly formed cell or Galaxy, everything contains Total Wisdom, Total Power, Total Love and Goodness, and the individual Circle of Possibility and Probabilities that governs each phenomenon of Life and Man. Regarding the Human Being, all the above are not related to our intelligence or intellect, but are included within the Mind manifesting in our bodies.

We are Divine BE-ings in the Absolute BE-ingness, projections of Divine Holy Monads. On the other hand, Mind is Super-Substance in the Noetic Worlds, the Worlds of Ideas-Laws and Causes; and exists, we can say, as Divine Substance in a lower degree of vibration. Through this vibration, Ideas acquire form and exist. Which form do they get

indeed? It is not yet a solid form. At a lower degree of vibration we will find psychical super-matter, which is again substance, and which contributes towards the expression of elementals. Our psychical body derives from the Permanent Psychical Atom of Heavenly Man and it can therefore embrace such mundane existences as the elementals.

The elementals, the noetical and psychical images that Man creates, do not take on gross matter. The Absolute BE-ingness has deprived Man of the authority of creative ether because Man abused it in past ages. Consequently, Man may think creatively but his elementals are not allowed to directly acquire material form.

The Archangelic Orders on the other hand have not lost this authority, since they never misuse the Mind. They give form and life to the Ideas they project and materialise. We can observe the results in the Material, Psychical and Noetical Worlds. All of us dwell within Archangelic creations. Nothing exists that is not an Archangelic expression. All forms of Life in every kingdom (mineral, plant, animal etc.), from the smallest to the biggest, derive from the Divine World of Ideas, Laws, Principles and Causes and assume a material form through the work of the Holy Archangels.

Can we understand now what Form is? It is an materialised projection of an Idea. Only the blind in mind cannot see God, the Absolute BE-ingness, in the Universes.

With all our might, we need to endeavour to search and find this Total Wisdom and Total Power. Upon finding it, we should express Total Love as Love to our fellow Human Beings, and also to the Universes, to His Creation. We have to express this Love everywhere.

You may be wondering how? By giving form to Mind Super-Substance! What else are the phenomena of Life around us, but materialised Mind?

First, we have to undertake the serious task of studying the Ideas, the forms and the materialization of forms as noetical images. This is because the sum total of our present-day personality self-aware self, is none other than these noetical images, which constitute our conscious and subconscious self.

Closely examine what psycho-noetical images comprise your subconscious! Then, draw them up and see what needs to be dissolved. While you study them, live knowing and understanding that we

co-exist with our lower self. Observe and know yourself more through the three mirrors of gross, psychical and noetical matter, and come to realise how much you abuse this pure Divine Substance. Purify your personality self and proceed to see your beautiful, bright Self, which is not enchanted by anything.

We know that the life of Man in the Material World, is all about finding out what he really is as a present-day personality. Not what he thinks he is, but he is not. Man must learn how to purify Mind and make good use of it as matter, super-matter and substance. There is no imperative need for Man to know Mind as Super-Substance because once he ascends through the heights of ecstasy, he will be in the presence of his Real Self. In this state, he will know who and what he truly is.

Now, our whole task on the Symbol of Life is to give form to the proper noetical images, and to penetrate and enter reality through them on the different centres. Do not think of this as trivial work. Do not regard this Symbol you see in front of you as a mere captivating symbol on a surface, for it is Life itself! It is the different levels of Life, the different schools of Life, through which you will become acquainted with your Real Self. You will come to know how to contact the Archangelic Orders and Higher BE-ings through the Paths and Centres.

Most people do not know yet how to be in proper contact with other Human Beings who live near them or with whom they meet. They are not able to communicate even on talking terms. So, one must be naive to think that people will automatically be able to contact the Super-Intelligences, the Archangels.

Our first obligation is to get in touch with our fellow-men through right thinking, feeling and talking. Then, we will hear His voice saying, *'Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things. Enter into the joy of thy Lord'* (Matthew 25:21).

The *'Joy of our Lord'* is the knowledge of reality, the knowledge of the Truth, which will free us from time and place ignorance, from feelings of dissatisfaction with life. It will give us the knowledge that each one of us is a Child of the Highest, a Child of Spirit and Light.

Now, look again at the lowest centre, Centre 10. It is separated into three parts. In the middle equidistant part, is the square with its two intersecting diagonals. Its base represents the Law of Tetractys.

Bear in mind that this is merely a two-dimensional depiction of the square and its diagonals. If we examine them three-dimensionally, we see the two diagonals forming four upward pointing triangles, which meet at a point at the centre of the square, that now gives us a Four-sided Pyramid. On the right side, is the kingdom of Michael (Ma-Kha-El) in red colour. Farther out to the right, outside the right triangle of the red light in expression, is the Primary Fire. On the left side, is the kingdom of Raphael (Ra-Pha-El) in violet colour. Farther out to the left, outside the left triangle of the violet light, is the Primary Holy-Spiritual Fire.

For the time being, we have to work in the Four-sided Pyramid. We will pass through the Fire on the right side, which is Mind-knowledge, and reach the first step of the Logoic Ladder, which is separated into twelve steps. We already know what this ladder is. It is the Twelve Labours of the semi-God Heracles. If we do not endeavour to work through all the above, we will not be able to proceed any further.

We are familiar with the first step, the First Labour. We have to symbolically kill the Nemean Lion, meaning rage and anger. When we kill the lion, we have to remove its skin, clean it well and wear it as a vestment. There are people living in ignorance or darkness, and they will try to take advantage of us, taking our gentle kindness as weakness. When we wear the clean lion skin, it will represent the dignity of our Self-aware Self. Then, even as a present-day personality, we will know how to react properly in each case.

How will we be able to kill the lion? The whole work on the labour needs to be carried out noetically. By entering into the real meaning of things, we have to start with a healthy autosuggestion. I explained before what suggestion and autosuggestion is, so I will go on to present how exactly we will use Total Wisdom, Total Power and the Total Love of Mind, and work with it. I have mentioned again that Mind as matter, as super-matter, as substance and Super-Substance contains Total Wisdom, Total Power and Total Love. We find it in every atom and cell; anywhere we look, we will see Mind as Form – Divine Thought in manifestation, something that is not done by us. When we are able to do that, we will materialise Mind.



Previously, I mentioned that you need to write on a white piece of paper in red ink, 'I will not be angry with any person for any reason.' There is no excuse for anger. Others may be unjust with you. They may slap you. Turn the other cheek, as well. There may be a reason for this behavior, but there is no excuse for you to be angry. You will not achieve anything by being angry. Anger and rage are not power, but weakness. To keep calm and peaceful is power.

If you want to make things easier for you at the beginning, create an elemental of yourself and give it a solemn order to interfere every time you are about to be angry. You will see the elemental of yourself appear like your personality self. After all, is your time and place self, which is upset this moment, different from that elemental? You already know that the total of all elementals you create compose your personality self. Therefore, this elemental will now be under your own will and intention.

Archangels and angels are watching over us, and if we request help, they will give it to us. Our Church urges us to ask for help from our Divine Father and our Guardian Archangel who is the guardian and protector of our Souls and bodies. Even the Church asks us to come into conscious contact with the Archangelic Orders.”



Tools of Initiation

## More on the First Three Labours of Heracles

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“THE *First Labour* is the killing of the Nemean Lion, which symbolises anger. This is the first beast that appears in the present-day personality self. It starts to manifest at the moment the newborn baby perceives the world around him.

We see a baby getting angry and starting to shout and cry. This is a primary expression, which is created from a need or from a subconscious wish. If we study the behaviour of ten babies, we see in these babies anger at varying levels. We then realise that each one of us carries different experiences from previous lives, the essence of which form what we call our ‘*character*’ and affect the expression of the present-day personality on both a conscious and a subconscious level. Pay attention, ‘*character*’ is not a psychical condition. Many people may mistakenly consider it a psychical condition, but it is not.

In this labour, we see Eurystheus who symbolises a Logoic aspect of the Will-Pleasure of the Absolute BE-ingness, in expression on Earth as the Lord of Separateness. He asked Heracles to kill the lion and to perform all Twelve Labours. In so doing, Eurystheus’ intention and role on Earth was to ‘kill’ Heracles, but by also being a Logoic agent and a close relative of the hero, he inevitably wants us to become what we already are: joint heirs with the Absolute BE-ingness, the Logos and the Holy Spirit. Heracles had to reach Theosis. He was destined to return home as the Prodigal Son of the parable, and become a semi-God.

Heracles had to kill the lion, that is anger-wrath, through his will and reason. Do not think Heracles achieved his purpose just by giving the lion a blow on the head with his club. A lot of work, very hard work is needed to annihilate the lion-anger.

After killing the lion, Heracles meticulously cleaned its skin and wore it, but he did not become the lion. He simply had to wear the skin. We have to wear the lion skin because we are living in the Material World. Unfortunately, in this world people interpret kindness as weakness, and may try to take advantage of us thinking that we are weak. This is the use of the lion skin in a corrective or defensive context.

Never become angry! However, when you see people around trying to take advantage of you, or harm you or others, you will know how to defend yourself and the others, if need be, by energising the lion skin but not the lion!

The Godman Joshua Immanuel the Christ gave us an example when he took up the whip in the temple to put things in order. What were the last words He said when He was on the cross? *'Father forgive them, they do not know what they are doing.'* Yet Christ, the God of Love, took up the whip and threw out those who tried to make business premises outside His Father's home. This is what wearing the lion's pelt means; the ability to use certain fiery vibrations to make a point or to defend someone if necessary but without feeling anger or resentment.

You cannot allow anyone to take advantage of the temple of God, which is your noetical body, the body of your thoughts; your psychical body, the body of your emotions; or your material body. If you have to take the whip to put things in order, you have to do it in the spirit of love, and you must be convinced of the rightness of your behaviour and actions.

But, remember what you promised to yourself, *'I will never become angry with any person for any reason, but if it is necessary to raise my voice to put things in order, I will do so in the spirit of love without losing the peace of my heart.'*

The *Second Labour* is the slaying of the Hydra of Lerna.

The hydra lived in the marsh of Lerna, which was considered a gateway to the Underworld. Water symbolises the so-called psychical element, not the Soul. It is what we call the psychical body, the body of wishes and desires. The swamp contains stale and filthy water and thus it represents this part of our subconscious that encompasses evil elementals. The Hydra of Lerna is an exact representation of desire. We cut off one head of the hydra, and spontaneously two other heads appear in its place. We satisfy, fight, or try to annihilate a desire, and two other more intense and more demanding ones will take its place.

Heracles had to find another way to accomplish his labour. But then, in this labour, he was not alone. This time, he had his friend and nephew Iolaos (Iolaus) with him, his Guardian Archangel, who in the myth represents the Law of Reason. Indeed, as Iolaos is a close relative

of the hero, similarly our beloved Guardian Archangel is our closest relative, companion and friend in our descent into the Cosmos.

When Heracles cut one head off, Iolaos gave him fire to burn the site of the wound. The Archangel gave him a fiery substance and the super-substance of Mind to use as right thinking and reason.

A desire can be destroyed or rather de-energised through the Mind. Consequently, if we want to annihilate a desire, we must do it through reason and will.

You may think that by killing the Hydra of Lerna you will not have desires anymore. You will, but now your desires will pass through reason, they will not be uncontrolled. You will no longer create spirits dumb and deaf, as Christ said. No more desire-thought elementals, but instead thought-desire elementals.

All our desires, which arise out of need, must succumb to our right thinking. According to mythology, while Heracles was cutting off the heads of the hydra, a big crab wanted to defend the hydra, attacking and biting the feet of Heracles and Iolaos, and wounding them. The crab symbolises our personal egoism. The crab must be killed first. Heracles did this before he continued his work.

We must annihilate the egoism of our present-day personality self to make it easier for us to continue and finish the work. I do not follow the sequence of the labours as it is given in the books of mythology. I give them to you in a way that offers coherence in our work.

The *Third Labour* we should pay attention to, concerns the Stymphalian Birds. Again in this labour, we find a pond, which symbolises the Psychological World, the world of emotions. And what are the Stymphalian Birds? They are exactly the elementals Man creates, those that Christ called dumb and deaf spirits. The cunning spirit coming out of man passes through waterless places. When it returns, it brings seven other more cunning spirits with it. *'When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest, and findeth none. Then he saith, I will return into my house from whence I came out; and when he is come, he findeth it empty, swept, and garnished. Then goeth he, and taketh with himself seven other spirits more wicked than himself, and they enter in and dwell there: and the last state of that man is worse than the first. Even so shall it be also unto this wicked generation'* (Matthew 12:43-45).

While flying, these frightful elementals, the Stymphalian Birds, let their wings fall like arrows in order to kill or wound people. How many other such things happen through these elementals in the form of thoughts, words, aggressiveness and other such similar behaviour of men? In what way did Heracles kill the Stymphalian Birds? Again, he had his friend with him. The personality self always has the Ego within to help, just as in the previous labour. Heracles carefully checked the place to see from where the birds emerged. Iolaos struck the cymbals. The terrible noise made the birds fly and lose their orientation. Then, Heracles was able to kill them one by one.

To be successful in this *Third Labour*, we must work through introspection so as to discern the nature of our elementals. We must find out what they can do to us, how much they can harm us or others around us and how to protect ourselves and the others from them. We know that we are responsible when we create elementals that harm others. We are extremely responsible when we make bad use of the divine gift of Mind and shape it into terrible destructive elementals. We must learn to use Mind through reason and visualisation, and create constructive elementals. We cannot call these elementals BE-ings because they do not have Eternal Life. But they exist, they have their own life, and they hold us responsible!

Study deeply:

*Have I succeeded in annihilating my lion-anger?*

*Have I understood what the Hydra of Lerna is?*

*Have I perceived and succeeded in annihilating an elemental of mine that has returned?"*



## **Work on the Nemean Lion and the Hydra of Lerna**

“Close your eyes and mentally see that you are in the middle of the Four-sided Pyramid, in Centre 10. Take deep breaths and see the Logoic golden triangle in front of you.

Now, turn to the right side and see the triangle with the red light. On the surface and around the outside of this triangle we meet the fiery kingdom of Archangel Michael, the Lord of Fire. Breathe deeply and take a few steps until your head touches the inner surface of the triangle. Then further proceed until it enters the red light just outside the right triangle. In addition, take a few more steps until your chest and heart enter the red light outside of the triangle.

Now, take two more steps and you are completely outside the triangle and in the space between the inner surface of the sphere at Centre 10 and the pyramid. Another step and you are in front of the first step of the ladder on your right side, where the Labours of Heracles are (Path 10→8).

The first step of the ladder is of golden light. It is the path of trials and initiations. When you proceed on the first step, you will see a big stoa or hall.

The next step will lead you to another stoa. As you enter, with every step you take, you will encounter a new stoa and novel scenery. Thus, gradually you will work on all Twelve Labours.

When you are in the first stoa, you will mentally see a forest or a desert. Symbolically talking, the Lion of Nemea is there. You represent Heracles. You have to kill the lion, that is the anger-wrath in your personality self. But how can you do it? In this case you do not need help from anyone. You will deal with the lion alone.

However, you have to pay attention before putting your hands on the lion. There will be many instances when the lion will scratch and bite you, and make you bleed. How many times did you not feel wounded and exhausted after a fit of anger? Even if you thought that you would win the battle.

The result of anger is not victory, but the temporary satisfaction of an insatiable personal egoism.

Hence, the Nemean Lion symbolises anger, but its life, its expression is your own egoism. This is why you have to totally

annihilate the egoism of your personality self. You would do well to commence here. By suffocating the lion, you will simultaneously suffocate your personal egoism.

### Work in the First Stoa

You have to sit comfortably in front of your desk, having your notebook and a pen. Write in bright **red** ink.

Here, we require the power of autosuggestion. Then, you shall continue with the power of habit and repetition. Write down, '*I will not be angry with any person for any reason.*' You have to write it down every day for several days, let us say for the next twelve days. This serious work should be undertaken in plain daylight and at the same time for every consecutive day. On the last day after you have finished, take deep breaths and burn the paper.

You know that what you write down and see is instantly deeply imprinted in your subconscious. '*I will never be angry with any person for any reason.*'

Do not expect that you will succeed in doing it from the very beginning. Your personal egoism will revolt and present itself in many cunning ways. You have to keep calm because at this time the one who struggles desperately for survival is not your present-day personality, but its petty egoism. The personality is merely a garment of your real Soul-Ego Self, and this Self does not participate actively in this struggle, but is a loving observer and guide on your way to immortality.

One day, you will come to know your Ego-Self with capital letters, but you also have to respect your ego-self with small letters, your present-day personality, because it is one of the expressions of your Self-aware Nature. It is that part of you, which is perishable and will be dressed with incorruptibility. It is the mortal part that will be dressed with immortality. '*For this corruptible must put on incorruption, and this mortal must put on immortality*' (First Epistle of Paul to the Corinthians 15:53).

Apostle Paul also stresses that '*I die daily*' (First Epistle to the Corinthians 15:31). Is it not your material body that dies every day, by continuously changing? However the material body is not our ego-self in small or capital letters.

We have to realise that the ego-self of the personality in small letters is not the personality, whilst the Ego-Self of the Soul in capital letters is not just the Soul, but our Spirit-Soul-Ego Self.

If the material body is destroyed and the Ego can no longer be expressed through it, the Ego will withdraw from the material body intact. Nothing will happen to the Ego, this Self of ours, in small or capital letters. The Ego reflected through our material body as a form of Self-awareness is Eternal. It cannot be burned, drowned, wounded, or destroyed.

When you advance in your exercises and concentrate on the Ego, and you are free of the idea that the Ego is your material body, you will understand the greatness of our Self-aware Nature and existence. Our Self-aware Nature is the Ego with capital letters; the Soul-Self.

However, our self-aware existence, the ego in small letters, which is within the Ego in capital letters, is not independent or uncontrollable. This petty ego, our time and place expression, appears to be mortal. In fact it is immortal by nature, but appears mortal. It is incorruptible, but appears perishable.

The reactions of our material body are reflected on the ego with small letters, and influence it. When you proceed with the Labours of Heracles, you will know more of your real Ego-Self.

Now, you may wonder how your ego-self in small letters can enter into the Ego with capital letters, and feel to be it?

When we are in the petty ego and we proceed towards our ascent, its periphery becomes constantly enlarged; we mould it until it expands so as to become the boundless EGO. Thus the ego-self enters into the EGO-SELF by assimilation!

Alternatively, we may apply the symbol of the line to understand this process. The one endpoint of this line is the ego-self with small letters that is confined in time and place. The other endpoint represents our majestic EGO-SELF. Nevertheless, both ends partake of the same line and hence they are always in unity. The ego-self is constantly attracted to the other end of the line by the EGO-SELF. In so 'moving,' the mundane ego-self will eventually become one with the EGO-SELF. We are not referring to movement in time and place as we know it, but to a developmental process through successive trials and initiations that lead to assimilation.



## Work in the Second Stoa

Then, we proceed to the second step in the second stoa of the path on the right side. Mentally we will see a dark, greenish, foul smelling pond. There are many parasites, and also the Hydra of Lerna in it. This time we will not be alone. We have a friend and companion with us, our beloved Guardian Archangel. Heracles symbolically had his friend and nephew Iolaos.

We will again enter our solar plexus, which at this very moment is the centre of all our wishes and desires.

If you check carefully you will see that most of your desires and wishes are unreasonable. You know that. You see it in our society, and in all the people around you. Observe! You will see very little use of the Super-Substance we call the Mind, and thus many violent vibrations coming from man's lower unreasonable desires and emotions.

We have to kill the multi-headed Hydra of Lerna, the symbol of our unbridled desires. We will see however that by killing one desire or one head of the monster, two others will be born in its place, worse than the one before; demanding more. Killing means either to satisfy a desire or to fight it.

How can we win? Heracles had his friend to help him. While he was cutting off one head of the hydra, his friend Iolaos set the adjacent forest on fire and handed the hero a torch.

Fire symbolises Mind as thought and reason. If we try to fight our desires without weakening their power through reasonable thought, without knowing their nature and how to annihilate them, two or more unreasonable desires will be born. As a result, we have to use both Mind-Fire and our Will in order to succeed.

When we finish cutting off all the heads of the hydra, thus annihilating our desires, we will see that in the place of the foul smelling pond we now have a pond with pure, clean water.

You will realise that what is given to you from the Father of Light, is a divine gift. You will not feel the need to obtain or to possess; you will not feel that something is missing.

You will then remember what the beloved Christ said, *'Seek ye the Kingdom of God; and all these things shall be added unto you'* (Luke 12:31).

You now know the right way to receive from the Father what you are entitled to receive. Believe me, you are entitled to much more than you ever dreamed of having through your unreasonable desires. If you enslave your Self to your desires, if you are intoxicated by matter, you will not be able to obtain anything truly good and enjoy it.

You have to work very hard on the first two labours, in the first two stoas, on the ascending Path 10→8 on the right side of the Symbol of Life. Gradually you have to proceed to the other labours, but in a parallel way. Simultaneously, you have to ascend through the Stoas of the Central Column, which is your Self-aware existence. Then, you will slowly move up to your Self-aware Nature by passing through the centre of the solar plexus, which is the Five-pointed Star of Centre 9. From there your ascent will continue.

You have to do a lot of work on the Symbol of Life, not only for a few months or years or one lifetime, but maybe for centuries. The fact that you show interest in this work means that you have worked on it before and now you want to continue.

You have my blessings.”



Initiations in the Creation of the Cosmos

## More about Centre 10

### Work on the Ascending Path 10→8

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“LET us reexamine Centre 10. There are so many things one can say about this centre, which symbolises gross matter, the planets as matter with their etheric doubles, as well our material body with its own etheric double.

Three Paths are connected to Centre 10: the Middle Path, the Path on the Right side and the Path on the Left side. The Middle Path leading upwards, is our own existence. It is our present-day personality self-aware self, but mainly it is our Inner Self, our Permanent Personality Self. We find this Self, ascending the Path. Going higher, we find our Ego-Soul Self-awareness and moving up higher, we encounter Our EGO with three capital letters, our Spirit-Self, Heavenly Man, who descended from Heaven and will ascend again. As we know, *‘Flesh and blood will not inherit the Kingdom of the Heavens in you.’* By saying ‘you,’ I am not referring to your material body, but to the ‘You’ within yourself.

You have already been occupied with performing exercises in the square of Centre 10, the Tetractys in the Four-sided Pyramid, and you are currently working on three of the four triangles that compose the pyramid. You will do more exercises in the holy triangles, when you continue work on the Right Logoic Path of the Labours of Heracles, which is separated into twelve steps. Your work here is to purify your present-day personality self-aware self.

You will also work on the Left Path 10→7, the Holy-Spiritual Path, Jacob’s Ladder, which also consists of twelve steps and symbolises the Archangelic Orders in action. The Archangels descend and ascend this ladder. Be aware that when you ascend the Left Holy-Spiritual Path, you have to be dressed in your Archangelic Form, the garment of your Hypostasis as an Archangel, and not as a common Human Being, so as to be recognized, accepted and be treated as equal amongst the Archangels.

Ascending the Right Path 10→8 must be done with your Logoic existence, again as an Archangel, but now you ascend more as an

existing present-day personality self.

Now, you are in the Centre of the Four-sided Pyramid, which consists of the square base of the pyramid and four triangles:

- (a) The square base is of shining pure white light
- (b) The triangle in front of you is of shining golden-yellow light
- (c) The triangle on the right side is of red, blood-like light
- (d) The triangle on the left side is of violet light
- (e) The triangle behind you is of pure white light

Mentally, see yourself dressed in your Archangelic Garment. It will be done automatically, since you are familiar with it. Envision and feel yourself in this Archangelic Form.

Now, turn to the right side, take a deep breath and commence walking. Observe your head first entering the red light of the triangle. Look. In the etheric part of your head, there is a flame. Your head is in this flame. Continue moving forward and see your chest entering the red light of the triangle. Now, you see a flame in the etheric part of your heart.

See the two flames, the one in your head and the other in your heart. Slowly unite them into one big flame. Your head and chest are in this big flame.

Your abdominal area is touching the right triangle. No need to see a flame in your abdomen. See a sky-blue light, and in the middle of the solar plexus a small red light.

Now, take a conscious breath and continue first with your right foot and then with your left foot, stepping out of the triangle. Leave the flaming triangle of the pyramid behind, and stay in the flame outside the triangle.

You feel that this flame is not burning, but is of a cleansing and purifying nature. Simultaneously, feel and see all your bodies in this flame.

*‘He who makes his angels spirits, and those who serve him flames of fire,’* keeps and preserves their form, the form of their material body.

See the flame cleanse your existence... Now, see yourself in bodily form in your white Archangelic Garment. Should you see that any stain remains on your white robe, you have to gradually clean it using the flame. The flame rising above your head must be upright and bright.

Now, put your right foot on the first step, which represents the First Labour, that of killing the Nemean Lion-anger. You do it as a present-day personality self-awareness, yet as a personality you know that you bear the Ego-Self within. Then, you realise that you as a present-day personality must complete this labour, not your Ego-Self.

Your Ego-Self and your Guardian Archangel accompany you while you are facing the labour, but They do not interfere. Many people think the Guardian Archangel is their twin soul. This is a big mistake. The Guardian Archangel is not a Soul. He did not pass through the Idea of Man to become the Son of Man, but to accompany us. He is not a Soul, but a Spirit-Archangel, and He is the Centre of the Kingdom of the Heavens within us. He is equal to us, but He mainly descends through the Middle Path.

You should know that your Guardian Archangel will not help you in the First Labour. The First Labour concerns your personality, so it is only you that has to accomplish it. You alone must kill the lion-anger, and everything that causes wrath in your personality self. Killing the lion, you annihilate the egoism of your personality self.

What I am about to say is of the utmost importance. Our personality's egoism is no demon or temptation. Egoism derives from the Law of Opposites. It is needed when the Archangels create our material body, which is different from all other material bodies of the animal or plant kingdom. It is the Law of Separateness, which in animals is expressed as instinct and as a feeling of self-preservation.

Egoism is born at the time of our descent as an Ego-Self to become 'Man,' to become a Human Being, at the time of our incarnation. We as a personality must tame it. When we annihilate the egoism of our personality, the dignity of our Inner Self will rise and appear in its place. It is the halo of glory. It will only be revealed when our personality Self has won over our petty self.

It is necessary to kill the lion-anger and to carefully clean its skin and wear it. But pay attention! By wearing the lion skin, we will not become the lion. Its skin will only enable us to put things more easily in order.

Imagine what would happen if we did not wear the lion skin in this world of chaos and confusion; this jungle and hell we find ourself in today! Therefore, we need it to put things in order, but not with anger. Do not be afraid to raise your voice if it is necessary, but do not allow anyone or anything to disturb your inner peace. You have to work on that every day. I repeat, that you have to write on a white piece of paper in **red** ink the following words, *'I will not be angry with any person for any reason.'*

Some, and even you, may wonder what service this will do to your personality self. You may forget that we have that form of Mind called subconsciousness, which resides in our etheric double. This form of Mind absorbs suggestions, and when they come from us, they are called autosuggestions. In this way we create an elemental, and our wish makes this psycho-noetical image, this elemental, help us as a personality self to win. It is created consciously, so it is not a 'dumb and deaf' elemental.

This work needs to be carried out consciously. Every time you read the sentence you yourself wrote on the paper, you will enter deeper into its meaning, and in the end it will become a part of yourself. That means you will gradually strengthen this noetical image, this conscious elemental, and when it enters your subconsciousness, it will start its work.

You may wonder, 'If I do this work for fifteen days, then repeat it and repeat it, will I create an elemental every time?' Yes, but see what happens. The first elemental you have created will absorb all the other elementals of its kind, and in this way it will be strengthened. Hence, in reality you have one elemental, which you have to mentally strengthen every day. When you read the note you wrote, you will have this elemental as an ally. What is written on your notebook will have a strong meaning for you. What is written with strong meaning has power, more power than spoken words.

Do that for the next few days. Then, take a new piece of paper and continue to write. This time, however, you have to change something. Your suggestion will be more intense. Previously you mentioned, *'I will not be angry with any person for any reason.'* Now, you must say, *'I will never be angry with any person, for any reason, because anger and rage do not serve me or others in any way.'* You add reason to what you say.

And now I shall ask you, 'When do anger or rage, that are troublesome, serve you, or change the reason why you became angry in the first place?' Anger leaves us exhausted, weak, but never gives us any benefit. On the contrary, reason can serve us very well. Therefore, when you write on your note that you will never be angry with any person for any reason, you have to realise what you are saying.

Now, from the first step we go to the second step. The Second Labour is the annihilation of the Hydra of Lerna. We know that the hydra symbolises our time and place desires and wishes, in connection with our egoism.

After completing the First Labour and killing the lion-anger as egoism, another form of egoism appears as necessity-desire, in the Second Labour. This kind of egoism believes that we will submit to it and consequently, succumb to our desires. The hydra has numerous heads, such as our plentiful and ever in need desires.

Heracles, the ego-personality, needs help from the Noetical World. Standing close by him is Iolaos, our Guardian Archangel, accompanying the ego-personality from the time of its very first descent.

I need to repeat that the Guardian Archangel was, is and will always remain Spirit. He did pass through the Idea of Man in order to be 'Egofied' and to escort us into Creation, but He has never dressed himself with the Idea of Heavenly Man. Nevertheless, He has the right to temporarily assume the Human Form, without having to be dressed with gross matter. When angels and Archangels appear to men, don't they obtain the Human Form? Hence, the Form is one thing and the incarnated personality self-awareness another.

When Heracles cut one of the hydra's heads off, two others appeared. Is it not like that with desires? If we fulfill or combat desires, that is if we cut off one of the hydra's heads without using reason, two other heads or desires will appear in its place.

However our Guardian Archangel, or in the myth Iolaos, comes to the rescue with a torch in his hands. The torch here symbolises reason. We can only vanquish this beast with right thinking, so we have to cut off the hydra's head-desire, and immediately burn the area using the torch of reason given to us by our Guardian Archangel - Iolaos.

According to the myth, when Heracles, the ego-personality, tries to kill the hydra, a big crab appears and begins to bite his feet. Not only does he bite Heracles, but Iolaos as well! The crab symbolises our attacking egoism, that refuses to accept defeat. Hence, we as Heracles must first kill our crab-egoism.

When the crab bit Heracles, it wounded his feet, meaning his time and place expression, but the crab also bit the Guardian Archangel, Iolaos. You may wonder how this is possible. You should remember that even though the Guardian Archangel does not incarnate or become humanised together with Heracles, the ego-personality, He is attuned to the personality self-awareness. The Ego-Self and the Guardian Archangel are fully and totally attuned ('Egofied'). Therefore, the Guardian Archangel receives and accepts the wounds of the personality self-awareness.

To what degree the Guardian Archangel feels pain or suffers, is another matter. But Heracles, the Ego-Self, does feel pain and surely does suffer. It is permitted that the Guardian Archangel, Iolaos, allows to be 'wounded' so he may perceive what is happening in time and space-place.

With the help of our Archangel, we will eventually kill the seemingly invincible hydra. I am telling you that the Second Labour is one of the most difficult labours. It is much more demanding than killing the lion-anger through suggestion and autosuggestion, because we consider desires to be part of ourself, even though desires are not ourself.

Anger and rage can exhaust us, can wound and expose us. When did a Human Being after a fit of anger not really regret it later? No man can consider anger a part of himself, but he certainly considers his desires as such. 'I want this, I want that, I wish to have this; I wish to have that...'

Henceforth, we cannot kill the hydra unless we cut off one of its heads and burn the area with the fire of reason.

In the same way you worked to complete your First Labour, you will now proceed with the second one.

Take a piece of paper and write the various intense desires you have. Not your necessities of life, but desires that trouble you.



Study them carefully and gradually annihilate them, but not the purpose for which they were created. Pay attention to this detail, the annihilation of the intense vibrations of craving for something. An answer will come from your personality-self. Most of the time an instinctive response will emerge out of the present-day personality, 'But I cannot have it,' or 'is it possible to have it?' This is the reaction.

Write your desires on the one half of the piece of paper, and on the other half weigh them. 'Is it possible to fulfill these desires? Are they reasonable? Are they necessary?' You have to pass the desires through reason.

Yes, you have to kill the hydra, but you will not kill the needs and the necessities of life.

The ulterior purpose of all reasonable desires is for them to be materialised. Therefore, we have to pay attention and weigh things in order to ensure that the desire we send as an elemental, which will not be fulfilled at that moment, does not become a stumbling stone on our way in the future.

Remember that we have to allow time for our reasonable desires to be fulfilled."



For us Human Beings, this symbol depicts the perfect union, assimilation or 'marriage' of the Permanent Personality Self-aware Self (the Six-pointed Star) with the present-day personality self (the Five-pointed Star) in the Logioic Centre 6 – the Heart Centre. Then, our Self in full attunement with the Christ Logos Consciousness shines as a Logioic Sun of Love.

## The Temple within Us – Mythology – Sa-Ta-AL

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“ADVANCED mystics of the past who searched for the Truth, studied almost all systems of Life, by using images, pictures and symbols. They observed the Powers that govern the Universes and realised that the symbols corresponding to these Divine Attributes are always the same.

The symbol of the Microcosm is the Sphere, and our etheric double also resembles a sphere. Thus, when we work on the aura of our etheric double, we simultaneously work on the aura of planet Earth, and higher up through attunement.

Although it is possible for us to come into conscious contact with the Archangels, however at the moment, most people are in contact with them subconsciously. The Archangels know us and are eager to help us. They have known us even before our descent.

Now, mentally see the lowest centre of the Symbol of Life, Centre 10, as a sphere. In the sphere notice the Four-sided Pyramid with its big square floor. This is our first symbol from the bottom up. Now, from here we will proceed further, but we are not supposed to dissolve the pyramid. Remember that each triangular side of the pyramid is power and energy, both from the inside and the outside.

Through visualisation, we will build the temple of our Inner Self in order to enter into conscious contact with higher levels, higher conditions. What you will slowly build with my help and the help of other Masters, who have never lived on Earth, is already active for centuries on the etheric double of our planet.

Mystics from Egypt, Greece and other civilizations have built the temple you are about to construct thousands of centuries ago; and what has been built by Mind is never lost. A material building can be destroyed and the colossal material pyramids of Egypt will be demolished one day; whatever is made of gross matter will be dissolved. *‘Not one stone will be left on another,’* Christ said. But, these visualisations cannot be dissolved for all eternity because they have been built on fundamental Truths, and are sustained by these Truths.

A Seeker of the Truth will see these visualisations slightly differently. He will colour them and see them according to his temperament. But, these temples are eternal because they are in the Kingdom of the Heavens within us, whether we know it or not.

Hence, when we start to visualise and work, we will not enter unknown territory or conditions. We will be surprised to see that the moment we start building our temple by using the Mind, we are actually rebuilding what already exists. Others are helping us, and we shall come to realise that our abilities in intuition are constantly expanding.

This is not enough, however. Later, we need to work in a more systematic and focused way. We must perform exosomatosis not in 'place', on planet Earth, but in 'conditions.' This is the real way to enter the Kingdom of the Heavens, which is within us.

What we shall gain is our 'property,' it is of pure substance, that *'Neither moth nor rust doth corrupt, and where thieves do not break through or steal'* (Matthew 6:20), as Christ taught. This property comes from Heaven, not from Earth. However, these Great Truths can also be found on Earth.

We must now start to build this temple in the Four-sided Pyramid. Observe the floor. Progressively enlarge the base of the pyramid and separate it into forty-nine squares. Half are white, and the other half are black. There are seven squares on each side, in total forty-nine. What we now see, is the shadow of the forty-nine sub-planes of the Psychical and Noetical World. So, keep in mind that these forty-nine squares are not reality, but the shadow of reality.

You are now standing in the middle of the floor. One foot rests on a white square, and the other foot on a black square. The triangle in front of you resembles a high wall, made of golden light. It slowly opens. You find yourself facing the east, and you notice three closed doors in front of you. They look like they are made of alabaster. The middle door is bigger than the other two.

Do you think that the pattern of the three adjacent doors in all Orthodox temples leading to the altar was made by accident? Of course not; the Holy Fathers of the past knew the secret of the central entry, and how to get into the Holy of Holies.

I repeat:

- (a) In front of you lie the *three doors* and the wall with the golden light shining like a sun.
- (b) On the *right door* there is an icon of the **Archangel Michael**, and on the *left door* there is an icon of the **Archangel Gabriel**. This is not by chance either.
- (c) From the *inner surface* of the *middle door*, you see and feel the radiation of the Logos Himself.
- (d) From the *inner surface* of the *right door* of the **Archangel Michael**, you see and feel His radiation of red light and His Logoic expression.
- (e) From the *inner surface* of the *left door* of the **Archangel Gabriel**, you see and feel His radiation of sky-blue light.
- (f) On the *right side* of the **Archangel Michael** there is a wall with His characteristic red light. On this wall a *huge window* appears to be seen.
- (g) On the *left side* of the **Archangel Gabriel** there is also a wall with His soothing sky-blue light. A *huge window* is also on this wall. But caution now! The sky-blue light that belongs to the kingdom of the **Archangel Gabriel** is on the *inner surface* of the wall. On the *outside of the wall* there is a violet light, which is the radiation of the **Archangel Raphael**.
- (h) So, we see three Archangels. Two of them, **Michael** and **Gabriel**, are very close to each other. The third one, **Raphael**, who is on the *left side*, is *outside the wall*.

What you now see so far, you will later encounter more intensely through these windows, when you eventually travel with greater ease through the right and left doors to the corresponding planes and sub-planes. I will help you do so. Your contribution to this holy work is to maintain your strength and the power to do it.

Behind us is another wall; it has no window. The lower half of the wall is dark and represents gross matter, whereas the upper part is white and represents the Higher Realms of Spirit.

Behind us, closer than the Archangels Michael and Gabriel, there stands another Archangel. Apart from our Guardian Archangel, He has descended with us, accompanies us, is ever standing near us, and will stay with us until our return to Theosis. He accompanies us to the entrances and exits in all our incarnations. In the old Egyptian language of the Hierophants He is called **Sa-Ta-AL**. *Sa* means Truth, *Ta* stands for giving abundantly or expressing and *AL* is the Absolute BE-ingness in Its Will-Pleasure to manifest Itself in Itself. Consequently, Sa-Ta-AL means the ample expression of the Almighty as Truth.

Where do we find this Archangel? In the area of the lower parts of the feet, up to the knees and thighs. He slips into the body, but sticks out from the pelvis and projects behind us like another person, regardless of whether we are a woman or a man. He is taller than us, resembling a boy. An adolescent with black hair and wide black eyes. His hands are always touching our shoulders. He regulates our inhaling and exhaling. He is an Archangel of Matter, but also of Heaven. He is the first to contact us after we are born.

The floor under the dark squares relates to the Eleusinian mysteries in Greece and to the Twelfth Labour of Heracles. I have talked to you before about these. However, in our current work, there is no need to go deeply into these great initiations pertaining to the Underworld and our reincarnation. Here, we will find another symbol. We will see Mother Earth, the Goddess Demeter, according to Greek mythology. We will see her as a robust woman holding a bunch of wheat, the symbol of fertility, in her hands; sometimes she is crying and at other times she is happy. All who contact Earth in this way encounter the same symbol. They see Mother Earth, the mother of our present-day personality self, which is represented by her daughter Persephone.

Once again we encounter the power of names. In Greek, Demeter-Δήμητρα is a compound word. *De* or *Ge-Γῆ* is the Earth, whereas *Meter-Mήτηρ* is the Mother; hence Mother Earth. However, the etymology of the name Persephone is indeed shocking: The first constituent word *Perse* derives from the ancient Greek verb *Pertho-Πέρθω*, that is I conquer by siege. The second one, *Phone*, comes from *Phonos-Φόνος*, meaning murder. So, Persephone is the present-day personality that potentially harbours calamity, destruction and all sorts of violence by fighting others, and in turn by being attacked. But her name also

signifies that she is the one who is eventually destined to be the slayer of the monster of egoism residing in our subconsciousness, the Underworld. Yes, Persephone will honour her name by annihilating her petty self, who is the origin of every malice.

The brother of Goddess Demeter, Pluto or Pa-Al-Aton, the God of the Underworld, Persephone's uncle, kidnapped her and forced her to stay with him in the Underworld half of the year. The other half, she was to be with her mother. Zeus, the Father of all Gods and Men, could not intervene because Persephone committed herself by eating seven gem-like seeds (arils) of the pomegranate that Pluto deceitfully offered her.

The Pomegranate is a very powerful symbol, which had been used in ancient Egypt and in the Eleusinian Mysteries in ancient Greece. As a unit it is an exact representation of the Multiplicity of Absolute BE-ingness in Centre 2. Its red arils with the central seed symbolise the Holy Monads. By eating the arils, Persephone irrevocably consented to descent into the words of the mundane in order to be incarnated - there was no way to undo her decision. Number 7 refers to the Seven Bodies or Vehicles of Man. Furthermore, it is the Holy Number that harbours Numbers 3 and 4 - the manifestation of the Holy Trinity in conjunction with the Law of Tetractys.

This myth *also* describes the descending of the present-day personality self-aware Self into other kingdoms beyond gross matter, and the return to her mother (the Soul), which means the reincarnation of the present-day personality self-aware Self.

When we penetrate the floor of the Four-sided Pyramid, we will know the whole Truth, even that concerning the Underworld. Then, we will compare it with what Christ said, *'Verily, verily, I say unto you, Except a corn of wheat fall into the ground and die, it abideth alone: but if it die, it bringeth forth much fruit'* (John 12:24).

Thus, Persephone, meaning the present-day personality self-aware Self, is always accompanied by Sa-Ta-AL. From the time of descent for incarnation, for each one of us, no matter the gender we incarnate in, one Archangel from the Order of Sa-Ta-AL will be with us. As we have an Archangel Michael, Raphael, Gabriel and Uriel working in our material body as warmth, creativeness and balance, so we have one Archangel from the Order of Sa-Ta-AL. By consistently doing our work in this temple, in our material body, we will experience all these Truths.

We have to see this temple symbolically, as I described it to you, with the three doors, the two windows and behind them the condition, which will be our entrance into another state before incarnating.

What are we going to meet entering this condition? Let us employ Greek mythology. It says that we will see power devoid of reason, which we will meet in the three worlds, the Material World, the Psychological World and the Lower Noetical World. We will see this power as a dog with three heads. This dog is called Cerberus or Ke-Pe-Ra. In the old Egyptian language *Ke-Per* means to become or to create, and *Ra* is the name of the Sun-God in matter. Hence, Cerberus is the keeper of our entrance into gross matter. He is not hostile as you may think when you first meet him. He simply does not permit reincarnation until the exact and proper time of the next incarnation has been determined. Pay attention to this detail.

We will also meet Pluto or Pa-Al-Aton. We can consider him a father, a protector of matter, of the material body. In the myth, he is the one who builds the material body of the present-day personality self in each incarnation with Persephone, his wife and niece.

We will get to know all this in a more practical way when we study the Laws-Powers more profoundly; Powers that have Noetic Total Wisdom, Total Power, and Total Love and Goodness in them.

I have talked to you about the creative work of the Absolute BE-ingness as Holy Spirit. As Christians we have to see everything from different angles. You have to see what exists, has existed, and will exist in the etheric atmosphere of the Earth. Through meditation you can see all this, but it is better to know what great mystics have built through visualisation on the symbols. They have forged the Great Truths into Holy Symbols.

You may think, 'But do we have the right to add more details around the symbols?' Yes, we do. We have the right to add more, but not the right to remove anything, because these Great Truths are no longer just symbols; they have become reality.

A mystic can mentally add more to enhance beauty and emotion. For example, he can place in the temple seven lamps to be lit, when the time has come to light the Central Column.

You are aware of how to light a lamp. You visualise it as a beautiful white candle or golden candle. You can even see it in another colour, or you may see it in the form of a lamp. Then, you see reality in your way.

You see that the one lamp must become seven, as John the Evangelist described in ‘The Apocalypse.’

You will then enter deeper into the meaning of the parable of the five wise and five unwise virgins and their lamps. You will gradually recognise all these symbolic truths as noetical living images, as powers. Yet, you will not deify these images. Many in the past, made the mistake to adore Pa-Al-Aton or Adonis, as he was called in the past in Cyprus. We are Christians and believe in One God, the Absolute BE-ingness, and bow in reverence before His multiple manifestations.”

That moment I mentally said, “Please Father, tell me more.” He smiled and continued.

“In Cyprus, Adonis has replaced Amon-Ra. Amon-Ra is nothing else but an expression of Michael. As Aton, he symbolises the Noetic Sun, and mythology says that he was the son of Apollo. His mother was Queen Smyrna (or Myrrha), daughter of Kinyras. Kinyras was the King of Cyprus, but actually he had the higher rank of a Hierophant. In Cyprus, King-Hierophants ruled for many generations. The same applied in Crete, where King Minos was also a High Hierophant.

Smyrna became pregnant from Apollo (with Adonis). Kinyras, who symbolises brutish power (something corresponding to the God Ares or Mars) wanted to kill her. He chased her, and the moment he was ready to kill her, Apollo transformed her into a tree, a very sweet scented tree called Smyrna (the myrrh tree). In nine months, the Goddess of childbirth, Eileithyia (Εἰλειθυία in Greek), came down from Olympus and helped Smyrna give birth to her son. They found the god-boy Adonis near the root of the tree.

Goddess Aphrodite fell in love with Adonis and took him as her lover. Later on, I will explain to you the symbolic meaning of these myths. Aton or Adonis is greatly connected with Sa-Ta-AL, who is our protector and who dearly loves us.

When you want to come into contact with him, it is enough to close your eyes and place your hands on your thighs (the palms facing down), as you see it done in the statues in Egypt. Take deep breaths and wish to make contact with him. You will see a very handsome boy with black eyes, black hair, and wide shoulders. Sa-Ta-AL wants to know you better. You will perceive him as an Entity because he is a part of you. But once more, I need to clarify that this Archangel is not your Guardian Archangel.



Exercise visualisation and meditate, so that you can enter the temple, which is in you. It will become a reality for you, and with my help you will enter through the central gate, through Fire.

When you open the middle door of this temple, you will see huge flames, and each one of you will see reality in the subconscious part of yourself. You will know yourself and hence proceed.

Be careful to whom you are giving what I say to you, lest it becomes food for the dogs. *‘Give not that which is holy unto the dogs, neither cast ye your pearls before swine, lest they trample them under their feet, and turn again and rend you’* (Matthew 7:6).

People must be initiated into this work so as not to misinterpret it in irreverence.”



## Meditation on the Four-sided Pyramid in the Sphere of Centre 10

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“WE are once more on the Symbol of Life. On the human body, Centre 10 represents the centre of the genitals, while on the Symbol of Life it also represents the whole human material body.

When we look at the Symbol of Life, we see a two-dimensional surface, but when we start to work and to meditate, we comprehend things very differently.

Centre 10 symbolises gross matter: the galaxies, the planets and whatever consists of gross matter. We have to see Centre 10 three-dimensionally, which means we have to perceive it as a *Sphere*.

In your meditations, you will conceive of it as a huge *Sphere* in which you will do all your exercises. You know the colours in the *Sphere*; they correspond to the colours outside the *Sphere*. On the left side you observe the violet colour-light, whereas on the right side the red colour-light.

Then, you see the inner surface of the *Sphere*. Do not perceive the colours of the surface as if it is painted; rather see the surface of the *Sphere* in the respective colour-light. On the right side you have pure red light, and on the left side pure violet light.

In front you see canary-yellow or golden light, and at the back pure white light. On the ‘floor’ of the *Sphere*, the part where you are standing, you see bright white light.

On the ‘floor’ of the *Sphere* is the Four-sided Pyramid. The square on the floor is the base of the pyramid, and the four triangles that converge to a single point at the apex, constitute the four triangular outer surfaces of this polyhedron.

You will see the *Sphere*, but you also have to see the space between the *Sphere* and the Four-sided Pyramid.

The colour-light on the inside and on the outside of the triangles is the same colour-light that you see on the sides of the *Sphere*. Pay attention; the empty space in the pyramid where you stand to do the exercise is bathed in snow-white light.

See that you are standing in the middle of the pyramid dressed only with your white garment, no other clothes. Your material body is naked. The white garment you are wearing is not made of matter, but of a very thin layer of white light. It covers all your body, down to your bare feet. You will leave the three-dimensional level. Do not see your material body in the middle of the pyramid as solid matter with bones, flesh and blood, but as a body form.

See yourself standing there facing the triangle with the golden light.

In this pyramid you will do your exercises until you step out of the triangle with the golden light in front of you; or out of the triangle with the red light on your right side; or out of the triangle with the violet light on your left side. No need to turn to the triangle with the white light behind you since you are already in the white light, which in this instance represents the whole Material World of Existence.

Later, when you reach a very high level, when you become a master and you wish to search deeper, you can enter into the white light behind you, but you have to be ready for that because you will meet unknown forces that have yet to develop and find their way. They are the spirits Christ called '*dumb and deaf*,' and the Archangels isolate them to give them time to develop.

How can you ascend through the Central Column of the Symbol of Life, which is your Self-aware existence and your Holy-Spiritual conscious existence?

You are in the middle of the pyramid. When you are ready to step out of the pyramid, dressed with your Archangelic Form, you will first proceed to see things in the *Sphere* three-dimensionally.

Take some steps forward until your head enters the golden light of the triangle in front of you. Take a few more steps, and your chest and heart will be in golden light. Finally, take three more steps, and you will be outside the triangle and in the pure golden light. Even though you have the brightness of your white form, you will see and feel the Logoc golden light penetrate your bright white form.

From there you will proceed upwards, taking three big steps. With the first step you enter the first stoa or hall of learning, as you may call it. You have a lot of work to do there. Then, you proceed to the second step or stoa. Again, there is a lot of work to be done. Hence, you

proceed to the third step or stoa to complete the work there. I repeat, the Central Path is our Self-aware existence and our Holy-Spiritual Consciousness or our Nature.

Now, return to the centre of the pyramid walking backwards –do not turn your back to the Logos – and face again the triangle in front of you with the golden light. Then, turn to the right side and see the surface of the triangle with the red light, which illuminates the space between the triangle and yourself. There you will see the Governors, the Logos and the Michaels, the Lords of Fire. They will supervise your work there and guide you. You will not perceive them in the beginning, but later, as you proceed, you will come into contact with them.

Pay attention to what I say now:

Where are you now? You are in the centre of the pyramid you created, but simultaneously you are in the centre of the solar plexus, in Centre 9.

Therefore, you see two points. You have one let us say macrocosmic centre, and one very personal centre, which is the solar plexus.

The basis of the *Sphere* in the material body corresponds to the genitals, but it also corresponds to the whole material body.

The middle centre of the material body is the solar plexus, but pay attention, when you work on the solar plexus you will not concentrate on the navel, but behind the navel, at a little distance from the spinal column. It is there that the middle point of the solar plexus is located. With some knowledge in anatomy you will find the real centre of the solar plexus, and from there you will start the work of ascending in your material body; but also to gain access to another noetical state with brighter horizons, which you have to get acquainted with.

If you are only confined to your material body, the space there is very limited. You have to accomplish the expansion of your Consciousness and the expansion of your Self-aware existence. To reach this level, my advice is that you work thoroughly and systematically on the Labours of Heracles.”



## Highlighting the Symbol of Life

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**Y**OU ask me what the Symbol of Life means to us. I can say 'Everything.' Once I asked my father, "What can a symbol be? Is a symbol an Idea?"

"No, it is not an Idea, but it contains Ideas," he said.

"Is a symbol a form, a shape?" I asked again.

"No, a symbol is not a form per se or a shape, but it entails a form and a shape," he responded. "Therefore, we have symbols, which bear the name of a Truth, of an Idea. Each symbol contains within itself power, which is proportional to the Truth it expresses. Thus, symbols are dynamic. However, it is not helpful to have a symbol and not to be able to draw the power from it. We should investigate all this and gain further knowledge and understanding."

Before starting to study the Symbol of Life, I had so many unanswered questions:

- (a) Where have we come from?
- (b) What were we before becoming human?
- (c) Why did we become human?
- (d) What are we? What are we going to be?
- (e) We see that we are living in a material body, but what is a material body?
- (f) Why does this human material body have this human form?
- (g) There are billions of forms that are not human. Have we ever been in any of those forms?

"No, never! We have always been human, which means we were human even in the Total Wisdom of the Almighty God. The Human Being was destined to be dressed with the human form in various degrees of vibrations of the Mind," my father said answering to my last question.

"Are we going to lose everything we own now?" I asked.

“No, because if it were so, why have we embarked on this magnificent journey of our Soul?”

I realised that very deep introspection is needed in order to enter and delve into ourselves, to leave what we call ‘waking consciousness,’ to abandon all forms of consciousness and enter into very High States. Not states of consciousness or awareness, but States of BE-ingness.

I understand that as long as we are on the way, in the course of things, we will work on the various levels concerning ourselves as phenomena of Life. This means that we must see and study the nature and the state of our present-day personality, which we have to purify. You may say what for? In order to be free from illusions, to see the Truth and then enter into the Truth.

A friend from Japan once asked me whether the Japanese can study and learn about the Symbol of Life. Of course, they can do it if they wish. I give out so much material, so many books, CDs and seminars.

Father placed all the material into my hands, but I cannot put everything in books. I have to meet the people coming to me to study and see how far I can go with them.

When my father gave me the teaching I asked him, “How can I know what to give out and what not to give out?” He reassured me, “Do not worry, my love, I will guide you from up there.” As a result, I release what he allows me to release. I am sure there is a reason for that.

I hope that even more people will feel the need for further research, and choose to engage themselves in serious work.



## What is the Symbol of Life?

- ❖ The Symbol of Life is Life and Power.
- ❖ The Symbol of Life is not just a symbol; it is our Life, our initiations.
- ❖ The Symbol of Life is a living elemental.
- ❖ The Symbol of Life is for our upliftment, for sanctification and glorification. It is a voyage of discovery leading to the Truth.
- ❖ Do we have to attune to the Symbol of Life? No, we have to attune the Symbol of Life to us. We have to build it and attune it to us. We are not to change our Nature.
- ❖ When it has been well constructed, the Symbol of Life partakes of our Permanent Atom, that is to say, it will be assimilated with our Permanent Atom.
- ❖ What does it mean to become assimilated? It means that the Symbol of Life loses its separate power and its existence and becomes one with the Mind. Our Permanent Atom will ultimately assimilate not only the Symbol of Life, but all our experiences.
- ❖ To assimilate all our experiences means to have them as part of ourselves and not apart from ourselves, as separate Divinities. The Symbol of Life will never become Divine. It is Holy, but not Divine.
- ❖ There is only one Divinity, the Spirit-Soul-Ego.
- ❖ To assimilate the Symbol of Life means, that now with the new knowledge of the Truth we are able to sanctify the Symbol of Life in us. The Symbol of Life is a tool, a living instrument for the Permanent Atom.
- ❖ Is the Symbol of Life indispensable for the Permanent Atom or is it possible to reach Self-realization without it?
- ❖ The Symbol of Life can be constructed by the personality of a man who is advancing and wishes to reach Self-realization. However, this does not mean that a righteous man cannot evolve without the Symbol. If one is a seeker and achieves purification and perfection through other channels, his behaviour constructs something resembling the centres of the Symbol of Life in his Permanent Atom, with the help of the Archangels.

- ❖ The Symbol of Life is the Truth of Creation. Many saints have developed the qualities of the centres without knowing anything about them or about the Symbol of Life. They have even worked miracles. Saint Francis of Assisi never engaged himself with the Symbol of Life, yet he cultivated in himself piety and service; he served the lepers, and in doing so, he developed powers in himself, with the help of the Holy Archangels.
- ❖ We all have the centres in our bodies; God and the Holy Archangels created the Symbol of Life in our bodies. They created the centre of the genitals, the centre of the solar plexus, the centre of the heart and the various other centres in the human form.
- ❖ Consequently, we could say that the Symbol of Life in expression descended at the same time as the human form. It is a reflexion of our Nature. The Symbol of Life is in the Idea of Man. We also have the Symbol of Life macrocosmically, since it is the symbol of the Truth of Creation.
- ❖ When we build the Symbol of Life on the etheric double of our material body, we must bear in mind that we build a living entity. The Symbol of Life lives, it has its own Super-Consciousness.
- ❖ When we have the Symbol of Life in us it is a living talisman, a protecting shield, but also a responsibility. It will shake us when something is wrong, it will wake us up.
- ❖ We must realise that when we build it and have it in us, we are in contact with the Archangelic Orders. They help us and guard us but never interfere with our personality, while They protect our bodies from all sorts of dangers.
- ❖ The Symbol of Life can help so that an accident will not happen to the material body, but it will never interfere with our personality. Our personality is free!
- ❖ The first principle in God and in the Universes is Freedom.





## What can we learn from the Symbol of Life?

- ❖ We learn to use our bodies and to project our consciousness and our Self- awareness.
- ❖ We learn to build our present-day personality Self.
- ❖ We learn to purify our subconscious.
- ❖ We learn to come into contact with our Self-aware Nature, our Ego-Self.
- ❖ We learn to balance the Four Elements and see the Total Wisdom of God in the least and in the highest.
- ❖ We learn to work with the Holy Spirit, in order to make our material body the Temple of God, so as to contact the Christ Logos and our Self-aware existence in our body.
- ❖ We learn to purify our present-day personality.
- ❖ We learn to make conscious contact with our Guardian Archangel and the Christ Logos, so as to have Their help when ascending the different steps, paths or, as we might say, the different levels.
- ❖ We learn to enter the Kingdom of the Heavens within us, through the Christ Logos. Christ said, “*I am the Way, the Truth and the Life*” (John 14:6). Therefore, via His way, we will enter into the concept of time and space-place, and experience the Crucifixion of our personality’s egoism in order to proceed to the Resurrection of our Personality-Individuality, which means to find our real Selves.
- ❖ We learn to live more consciously, and then, with the help of our Guardian Archangel, our Self-consciousness will come to the surface. Self-consciousness is the awakening of the Archangel within.
- ❖ We learn to create constructive elementals that will help us in healing work.
- ❖ We learn to become invisible helpers, to expand our consciousness and to Self-consciously help others in need, in spite of great physical distance; and even to materialise our body so that it is visible, if God permits. This can be done with the help of our Guardian Archangel and the other Archangels.

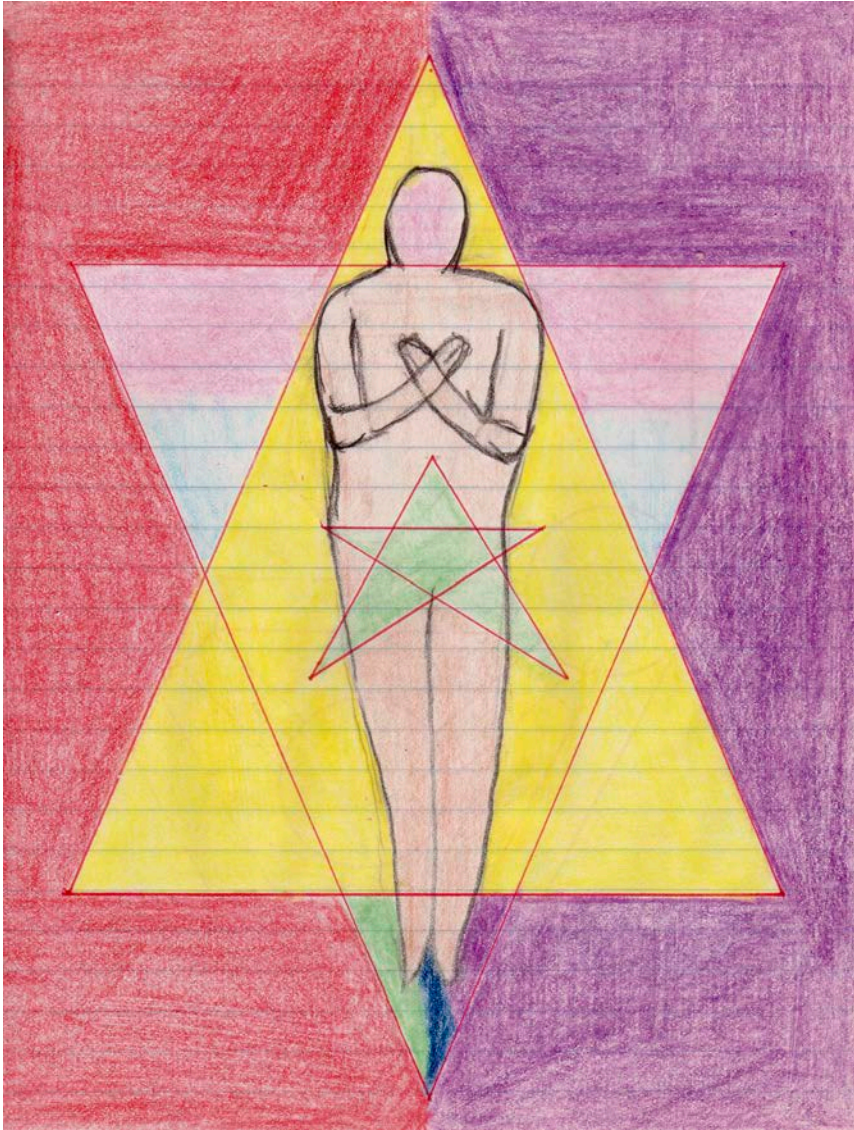
- ❖ We learn to step out of our material body. Many people think that it is as simple as going to a different place, but it is not like that. It requires a lot of work. We must know how to build an elemental of ourselves through visualisation, construct it, make it solid, enter it and attune with it. Gaining this ability, needs a vast amount of training in visualisation.
- ❖ We learn to avoid obstacles on our way, to annihilate the egoism of our personality and to avoid the curiosity of other people. Egoism can make us arrogant and prone to possess all kinds of things, and in this way we may become greedy.
- ❖ We learn to be sincere with ourselves and with God.
- ❖ We learn to make effective prayers, and not to simply repeat words, but to create constructive elementals by thought, by word and with a pure heart. Christ said, “*Blessed are the pure in heart, for they shall see God*” (Matthew 5:8).
- ❖ My father taught me and still teaches me, to enquire and pray for the needs of my personality as a Soul.
- ❖ We learn to use our real willpower and see through the Inner Light.
- ❖ These are only very few of the things we can learn from the Symbol of Life.



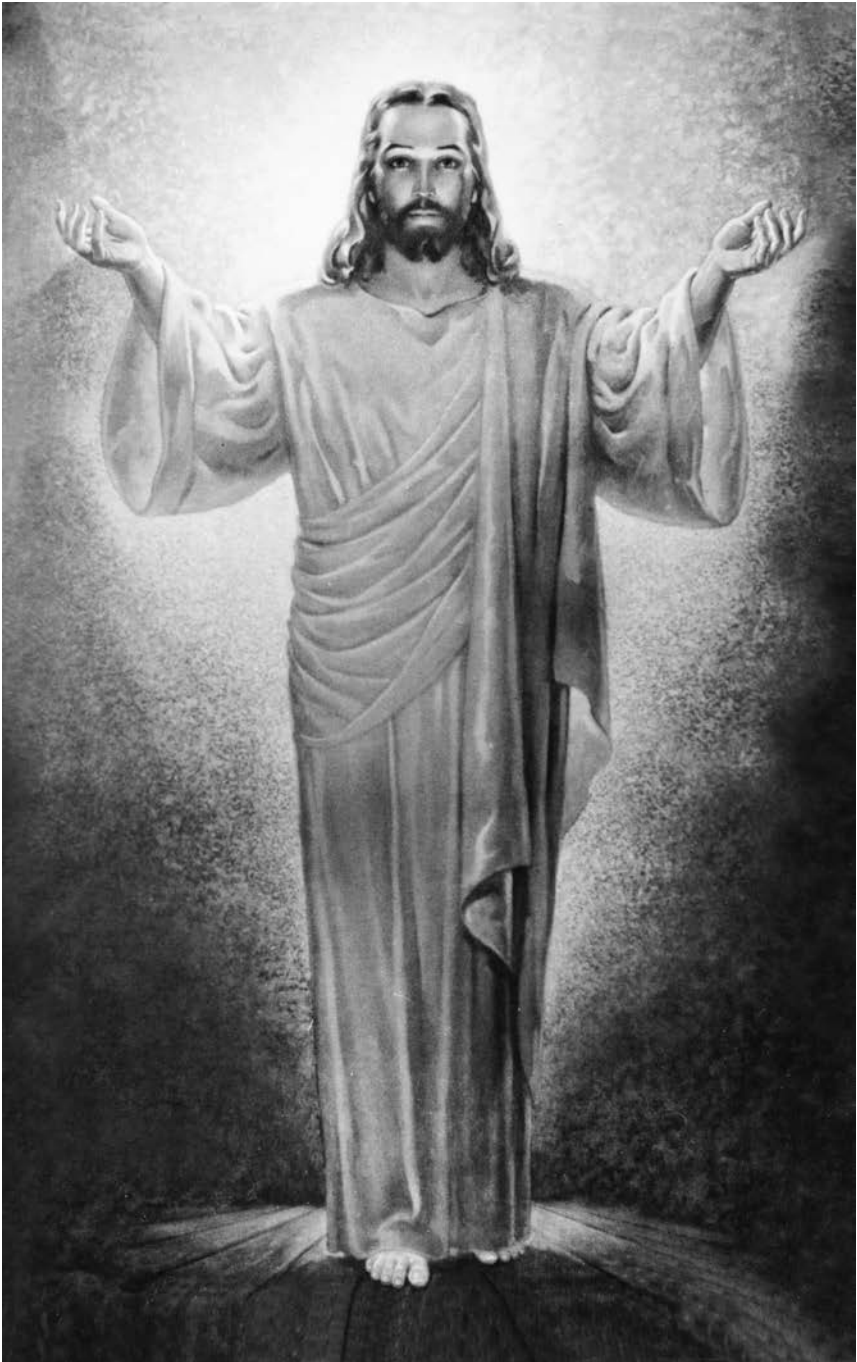
### **What can we gain working on the Symbol of Life?**

- ❖ Working on the Symbol of Life, we simultaneously work on the etheric double of the various parts of our material, psychical and noetical bodies and thereby we gradually become masters of Mind at different levels.
- ❖ We begin to understand the nature of Mind and the way to create elementals from the Mind.
- ❖ We better comprehend the relationship between thought-emotion and desire. We free the Mind from being the slave of emotions and desires, and make it the master of thinking. Then, we realise who and what we are.

- ❖ When we become masters of Mind, we will be able to contact Heavenly Powers. Then, we will pass through the different centres and paths, in order to gain experience.
- ❖ Working on the Symbol of Life, we see Total Wisdom, Total Power and Total Love and Goodness everywhere, in all living forms, even in those that are motionless. They are all expressions of Life.
- ❖ We gain consciousness and knowledge of our Holy-Spiritual existence, in our bodies. Furthermore, we come to realise that the headquarters of this magnificent work of the Holy Spirit and the Archangels dwells in our subconscious, which will later become our Super-conscious.
- ❖ We pass through different, yet distinct tasks, which are actually twelve initiations in the development of our personality-self (the Labours of Heracles).
- ❖ We find out that we do not merely have a material body, a psychical body or a body of our emotions and a noetical body or body of our thoughts, but that we are primarily a Spirit-Soul-Ego Self. Yet, we are also the Permanent Personality Self, where all our lives and experiences from all our incarnations are imprinted; and finally, we are a present-day personality self with a gross material body.
- ❖ We come to see and understand the Circles of Existence, of Possibilities and Probabilities of all living forms.
- ❖ We see God's expression and Will-pleasure for creation through the Christ Logos, the Holy Spirit and the Archangels working to form the Mind through their divine meditation.
- ❖ We come to understand that the Law of Separateness in manifestation is not actually a reality. Every imbalance in the worlds of the mundane is to be corrected in time under the influence of the Law of Justice and Truth. Nothing ever escapes God, the Absolute BE-ingness.
- ❖ We are able to enter into the Laws of Creation through the Mind.
- ❖ We come to understand that by studying the Microcosm, we can get to know the Macrocosm.
- ❖ We see that whatever we gain is our property; it is of substance that no one can steal or destroy. This property of ours is in the Heavens and not of matter.



An Angelic Elemental based on a meditation given by Daskalos. The mystic standing in the Divine Golden-Yellow Triangle of the Holy Trinity and dressed in the Six-pointed and the Five-pointed Star is surrounded by the Archangelic Flames of Michael and Raphael.



'At Thine Immaculate Feet, O Logos, be all Authority'