

**TEACH US TO
PRAY
BY
CHARLES
FILLMORE**

**KANSAS CITY, MO., UNITY SCHOOL OF
CHRISTIANITY**

1941

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NOTHING BUT E-BOOKS

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Deny:

I am no longer foolish or ignorant, and the foolishness and the ignorance of ancestry can no longer be visited upon me.

I am free from the foolishness and the ignorance of the race and of those with whom I associate. The foolishness and the ignorance that may have been treasured up by my own understanding are now erased.

Affirm:

I am wise with the wisdom of infinite Mind and I have knowledge of all things. I know that I am pure intelligence and I hereby claim my divine right to light, life, and liberty in all goodness, wisdom, love, and purity. Let the light of wisdom appear and the ignorance of human thought vanish.

Tuesday

Deny:

I deny the belief that I have inherited disease, sickness, ignorance, or any mental limitations whatsoever. I deny all belief in evil; for God made all that really is and pronounced it good. Therefore no such deception as belief in evil can darken my clear understanding of Truth. Those with whom I associate can no longer deceive me with their words of consideration and sympathy. I can no longer deceive myself with such weakness.

Perish from my world these silly beliefs of darkened ignorance. I am now free from them all, and by my powerful word I hereby destroy them wholly.

Affirm:

God's life is my life, and I vibrate with harmony and wholeness. I am free with the knowledge that all is good; I am therefore perfectly whole and well.

Wednesday

Deny:

I deny the belief that I am a child of the flesh and must suffer for the sins of my forefathers "unto the third and fourth generation." Perish all such ignorant beliefs.

I deny that I inherited from my ancestors lustful passions and sensual appetites.

I deny the belief that the race can constrain me to yield to lustful passions and sensual appetites. I deny the belief that those with whom I associate can constrain me to yield to lustful passions or sensual appetites. I deny my own ignorant belief in such erroneous ideas.

Affirm:

God is Spirit and I, the divine image, am Spirit. I am born of God. God is too pure to behold iniquity, and I am therefore pure being, without a tinge of lust or passion.

Thursday

Deny:

I deny that the sins and omissions of my ancestors can influence me in any way. Selfishness, envy, malice, jealousy, pride, avarice, arrogance, cruelty, hypocrisy, obstinacy, and revenge are no part of my present understanding, and I deny all such beliefs in the race, in those with whom I associate, and in my own mind.

Affirm:

I am at peace with all mankind. I truly and unselfishly love all men and women. I now acknowledge the perfect law of justice and equality. I know that "God is no respecter of persons," and that every man and woman is my equal in the sight of the Father.

I do love my neighbor as myself and I will do to others as I would have them do to me.

Friday

Deny:

I deny that I have inherited the consequences of fear from my ancestors, or that the race can constrain me to accept its fears. The fears of those with whom I associate can no longer hold me in sickness or in want, and my own understanding is now fully rid of these illusions. There is not and cannot hereafter be any fear in or about my bold world.

Affirm:

I am brave and bold with the knowledge that I am Spirit and therefore not subject to any opposing power. Plenty and prosperity are mine by inheritance from God, and by my steady, persistent word I now bring them into manifestation.

Saturday

Deny:

I deny that I inherit any belief that in any way limits me in health, virtue, intelligence, or power to do good. Those with whom I associate can no longer make me believe that I am a poor worm of the dust. The race belief that nature dominates man no longer holds me in bondage, and I am now free from every belief that might in any way interfere with my perfect expression of health, wealth, peace, prosperity, and perfection in every department of life.

I now, in the sight of Almighty God, unformulate and destroy by my all-powerful word every foolish and ignorant assumption that might impede my march to perfection. My

word is the measure of my power. I have spoken, and it shall be so.

Affirm:

I am unlimited in my power and I have increasing health, strength, life, love, wisdom, boldness, freedom, charity, and meekness now and forever.

I am now in harmony with the Father and stronger than any mortal law. I know my birthright in pure Being and I boldly assert my perfect freedom. In this knowledge I am enduring, pure, peaceful, and happy.

I am dignified and definite yet meek and lowly in all that I think and do.

I am one with and I now fully manifest vigorous life, wisdom, and spiritual understanding.

I am one with and I now fully manifest love, charity, justice, kindness, and generosity.

I am one with and I now fully manifest infinite goodness and mercy.

Peace flows like a river through my mind, and I thank Thee, O God, that I am one with Thee!

Sunday

"Be still, and know that I am God."



4. What part did Elisha have in the healing of Naaman?

Prayer and Faith

1. Define prayer in your own words.
2. What does faith mean to you?
3. Why did Paul admonish us to pray without ceasing?
4. What is meant by true spiritual baptism?

The Healing Word

1. Does the "word" have power to heal? Why?
2. What is the "only Son of God"?
3. What does logos mean?
4. Can man forgive sin? How?

