



♀ S. HAINES 2012

The Magus

The Spiritual Destiny of Man

Copyright 2012 Kenneth E. Hayes, All Rights Reserved.
ISBN 978-1-300-57429-3

Copyright 2012, Sebastian Haines, Cover Art, “A Magus”
Used with Permission

*To the Spirit of the Elements,
You who expelled all,
You who absorbs all,
The highest self, the spirit of every man.
Our true self and home,
The eternal destiny of all.*

Content

Preface	V
Cosmos	1
Spirit	3
Fire	5
Air	9
Earth	11
Water	13
Alchemy	15
Magick	19
Psionics	23
Theory	25
Past	27
Present	29
Future	31
Rulers	33
Spells	35
Rituals	37
Meditations	39
Magus	40
Destiny	41

Preface

V

I wrote this book to aid the seeker of true knowledge of the Cosmos. Not just to collect this knowledge though, but to give a very accurate map in his hands. The map will always be somewhat flawed though, as it is never the territory itself. Still, I the author, have been on a quest for truth for many years now, and have developed a clairvoyance or spirit vision which has allowed me to witness first hand the Cosmos as I describe it within this tome.

I began studying the Occult, and the Mystery Traditions of the East and West, (and I should note North and South, as dividing the world into two, is not enough. See: Alchemy) very early in my teens. I discovered and did the heaviest of work in my twenties though when I became clairvoyant. Now in my thirties, I am still young, but so were some of the great esoterics of the past (Manly P. Hall, was a young man of his twenties when he wrote “The Secret Teachings of All Ages”).

The majority of my work comes from working with the four elements of the ancients, which can be found all over the world, not just in the west (Even though the Chinese developed a differing elemental system, and some cultures never wrote of them, they are to be found as the building blocks of nature to the common senses). One of the most important things I discovered in my early twenties, was the order of the elements. First comes Spirit, then Fire, then Air, then Earth, and finally Water. This is only the first step though. This is the order of creation from contractive or inner, to expansive or outer, from Spirit which is omnipresent, being beyond the Cosmos. Next the Cosmos, retracts itself back into Spirit, from whence it came. So Water, Earth, Air, then Fire and finally Spirit (It should be noted there are only 4 elements, Spirit is whole, holistic, and can not be deduced into measurement, and so is not an element, which is a part of something when broken down, or objectified). There are even two middle phases of Spirit expelling or absorbing the elements. One where expelling is greater, absorbing lesser, but both, and

vice versa. Everything can be measured accurately by using the qualities of the four elements. Two extremes which are opposites, and two middles which are always a mixture, but never fully balanced, as only Spirit balances all four elements when they are within, verses outside of it. When all elements are perfectly balanced with each other, Spirit results, and duality becomes non-dual, limitation, unlimited. This is the alchemical secret of mortal things (elemental) gaining true immortality. Transmutation, being something and becoming something else, without losing what you originally are.

The Cosmos is a curious thing. Spirit is absolute in all qualities. Any of the qualities of the elements taken to the extreme, results in Spirit. Fire = sameness or oneness, Air = balance or equality, Earth = inequality or imbalance, Water = division or nothingness. Any of these qualities when seen as absolutes, the harder to fathom ones being Earth and Water, equate to the idea of sameness or the Infinite. The trick to seeing this in Earth and Water, is flipping one's viewpoint. Nothing is like Infinity, as both are beyond measurable existence. Once this is understood the combining of each, Infinity before Nothing or Air, and Nothing before Infinity or Earth, becomes understood as being Infinite, as it is just a combo of the two concepts, both which transcend reality, having no bounds.

In fact, the elements only exist by means of relativity, because as absolutes they become all the same. How this is done is a mystery of existence, much like the unfathomable non-dual Spirit itself, and we can only say that Spirit is actually the extremes of the elements as well as the relative, as all share the fundamental property of existence (even Nothing is a form of existence, else how could we know of it?). So Spirit is not an element because it is something alone as well as being each of the elements themselves. We say Spirit and the elements, because there is both unity and division in reality, creation and the Infinite, and although they all together form a unified whole, apart they

also form individual pieces or elements.

Anyway all of this has taken much thought to put into words and describe, and should be read as many times as needed and meditated upon, until it is understood, if not at first as it is the backbone of this work.

In fact the very fathoming of the elements on such deep understanding may open the spirit vision within the reader, reading this. If this happens, it is a sign of great internal Cosmic harmony with Spirit and the elements, and can show visually what I have and will describe in mere words. If not though, within this tome is a magickal ritual to develop clairvoyance by means of opening the “third eye,” also known as the activation of the brow chakra, and this will definitely open the spirit vision to the student (See: Ritual).

The use of the 4 elements plus Spirit, is the backbone of this tome. Within though you will find discussions of Magick, Psionics, and esoteric Alchemy, as they are all crucial to becoming a Magus, which is a word denoting a supreme spiritual state, via the mastery of the occult.

Also though, you will find explanations of the nature of time, and what the past and future were and will be like. Also a better understanding of what is the present.

Rituals, spells, meditations, and such will all be shared from my own creation and use. Some daily, some for special use, but all crucial to becoming a true Magus.

It should be noted that the word “man,” is meant to include woman as well. Men and women are different and even the elements can be divided into sexes, but women are sentient creatures able to aspire to the same spirituality and magickal power as men.

VIII

Before publishing this book I had a few friends look it over. One noted that he didn't understand how expansion created unity, where as contraction created division or separation. Infinity stands as the absolute positive polarity of the Cosmos, being so big it's beyond size. Nothingness on the other hand stands as the absolute negative polarity as it is so small it is beyond size. Thus Infinity and Nothing are both extremes not relatives and so are aspects of Spirit because they are boundless in dimension, and so not a thing of limitation (the 4 elements). All four elements appear at once and disappear at once coming from or being absolved into Spirit. Water the dividing or subtracting element, is responsible for the many things which constitute the Cosmos. Fire the unifying or adding element is responsible for all these things coming together as one. So notions of the Cosmos expanding from the beyond (Spirit), then contracting back into it, like the Big Bang and Big Crunch in Science, are actually inaccurate explanations of what happened and will happen, but with the right theme. Of course there is more than the material layer of the Cosmos as well to consider when talking of Science which only deals with the measurable objectivity of the Earth element or realm.

May you learn the destiny of all mankind, the persona and archetype of the superior man, the Magus.

- Kenneth E. Hayes

The Cosmos is the created and eventually destroyed, as it is a limited reality which we all live within. It is more than a mere Universe, but a gigantic Multiverse of nearly limitless manifestation and potential. Our notions of a singular celestial orb called earth, orbiting around a star, we call the sun, is just a paradigm or worldview. Sure there is some fact to this as it's a measurable and observable phenomena, but so is parallel dimensions, and metaphysical layers. The notion of hairless apes all living and dying while confined to a singular dimension on a rock floating in space, for thousands or millions of years, and that's all our current reality, is just a belief system of the narrow minded materialist. All of the Cosmos is more like vibrations of subtle to coarse energy, or states of consciousness, to those who can understand this. The materialistic views of the world are so ignorant, there is a reason why most of humanity doesn't subscribe to them, but believes in the religious and spiritual and philosophic views of the world. As many as there are of them, which is indeed many.

Lucid dreaming or astral projection through meditation, is a good way to start seeing the Cosmos as being layers of energy or consciousness. The dream world we all share in when we sleep, can be very finite and fixed like the material world of the waking normal consciousness, or very fluid, chaotic, and otherworldly. When you begin lucid dreaming, you become awake while dreaming, and depending on how conscious you are, can journey to anywhere you will yourself, visit the past, or alternate presents, or the probable futures, talk with both the living or the dead, and even talk to extraterrestrials or mythological beings. The dreamscape, is called the Astral Plane, and is a place where only your own imagination is the limit. It can also be reached by projecting the consciousness out of the body while in a relaxed meditation, using "imaginary," feeling, sensation, and imagination. Astral projection can be more difficult than lucid dreaming, but is well worth the rewards. Lucid dreaming is usually experienced by somehow reminding oneself that one is

dreaming, by creating some kind of symbolic action in waking consciousness which reminds oneself perform even while dreaming. Some have said it's as simple as asking oneself throughout the day, "am I dreaming or awake," and the subconscious picks up this checking ritual even when sleeping.

By accessing the Astral Plane, one can begin to view firsthand the various layers of the Cosmos, and not just a normal physical waking consciousness. Planes above which are less limited and easily mutable by the imagination, mind, and will/perception, as well as planes below which respond to the more primitive and lower emotional states, can be perceived as real as the physical dimension of the senses which the normal man knows as reality. This way a true understanding of energy, form, and consciousness can be understood and backed up with logic of metaphysical occult models of the subtle bodies and worlds which we inhabit, but suppress the true nature of them by assuming they all are happening on the physical. The inward planes, we fit into the workings of the brain.

With enough direct experience, a human being begins to realize that the physical which is assumed through the 5 senses, is only a thin layer of the vast multidimensional being that the person really is, as is the entire Cosmos itself. This will be examined in full over the next 5 chapters ahead of Spirit and the elements, as well as how to move through and transform the various planes or layers, with the power of Alchemy, Magick, and the direct occult abilities of Psionics.

The plane or layer before all others, is Spirit. Also known as Akasha, it is the part of reality, which isn't a part, but the entire whole. The ultimate sum, Spirit is holistic, meaning whole. It is both all of reality mashed together in perfect unity, as well as the dance from less finite, to more finite, and back again, called the 4 elements. The elements begin as pure forces at the beginning and as well as the end of the Cosmos's lifespan, which is near infinite. Measurable and finite, but so long that it might as well have no end. Then they become more and more fractured, divided, summaries of many many things, due to the dividing, or contracting, force of the Cosmos. This happens until all possibilities of manifestation of Infinity, are exhausted into finite manifestation. Then the Cosmos uses the force of unity or expansion, to bring the many aspects of what constitutes each element back into unified simplicity again, before finally reaching maximum expansion and expiring as a Cosmos, into the vast Spirit of non-duality. Make no mistake though Spirit isn't something which can be localized into attributes, it is everything all at once, most literally, and can not be objectified and so dissected into attributes. It has been called thousands of names, by those who even could fathom it, but the wisest have repeatably said, it has no real name, as it is beyond all limits and so names. It is the true ALL. We are always a part of it, and always will be, be it the Cosmos exists, or has finally expired. It is the secret of all Magick and occult abilities, as it is the great agent which moves through and gives life or existence to the 4 elements.

There really is no specific "Spirit Magick," as it is any kind of Magick. For those who use it though according to Alchemy, it is the great balancing agent and is used to transmute and so change to a specific universal purpose the 4 elements, inside as well as outside of man. Spirit also is the great ALL or summary of reality. For this purpose, psychics have termed the "Akashic Records," a type of great informational link available to anyone, to access information about anything one wishes to know. Usually the imagination mixed with the will to know, and the

knowledge of the Akashic Records, is used to browse anything the seeker wishes to find out. Spirit like a man's personal spirit, is a sum or mini-map of all that he was, is, and will be. Man's personal spirit or consciousness is actually a spark of an infinite flame which we call Spirit. It is the source of all Magick.

Now there is something which needs to be made clear about the notion of simple verses complex, and unity verses division or duality. A simple thing can be something within division, manyness, or complexity, which stands alone from it's greater parts. This is not the notion of simplicity, which Spirit is. Spirit is literally everything, even minus the elements and so Cosmos if one could divide it, and is the most complex "thing" which could possibly be. But it isn't complex, because everything is brought together as one, and so is simple.

Wisdom is the ability to see the simple in things, where as knowledge is of the complex. Wisdom is spiritual, knowledge mental. A summary is a simple overview of something very complex. Yet a good summary, tells you everything worth telling within it, so the rest after it is unnecessary. This is how Spirit works. For more in depth or objectively confirmed data, the Akashic Records will not do. One has to travel the elemental worlds with a body or conscious form, which is suitable for each.

One last note on Spirit, is that when the Cosmos ends, all that it ever was will be taken into raw Spirit, and fitted together as perfect oneness. Objects, like people, contain space and substance, so what happens eventually is that all the space is removed to join everlasting unity (See: Destiny).

Fire is the first element, linearly but also the last element circularly. Circular motion is the true path of how the Cosmos manifests then reabsorbs itself into Spirit. So Fire is the Alpha and Omega, the beginning and the end. The Cosmos manifests downward then circles round again. The linear thinking makes Fire first and Water last, as they are Light and Dark respectably, may be one's first conclusion of how time works, and so we all perish eventually within the Void (Nothingness). The interesting thing is that energy or movement which is what everything is, can not be slowed down so much to be made absolute zero. In fact scientists have tried this, and the result is a spring back of energy, coming the opposite direction and volition before ever reaching true absolute zero. So circular time is more akin to how the Cosmos really works.

Fire is the elemental plane of oneness, which is a sense of one being divided. The Cosmos at large is reflected within the occult bodies of man, so that there is microcosmic as well as macrocosmic divisions of the Fire element. The infinite Spirit firsts manifests into many realities here, all which are barely manifest or limited, and highly mutable to will and imagination of the beings which dwell or come here. We all have a portion of our being in all the elements, as all the elements exist to some degree from the beginning of creation till the end. The reasons for this are because the light element, Fire, can only be 99% of total cosmic size, because if it was 100% it would be ALL, and so Spirit. This leaves the dark element, Water, to occupy the space of not being there, as at it's most stripped form it is pure Nothingness or the Void, where as Fire is Infinity, or Everlastingness. Maximum expansion, or never ending expansion, and maximum contraction, or Nothingness. There is a kind of trick here though in that there really is no such thing as Infinity as maximum expansion would fill all space, and so not expand anymore. Likewise, Nothingness literally doesn't exist, as it in it's most literal is anti-existence. So Fire is really near Infinity, and water near Nothingness, at their maximum increase

in the case of Fire which expands, and decrease in Water which contracts. As has been noted before, the elements are relative not absolute, and so are never quite what they claim to be. This is why the sages of the past formulated the occult truth that phenomenal reality is Illusory.

Anyway, the notion of first or last and so the order of the elements is more how they unfold, increasing or decreasing in what they contain or what makes up them. Once again the keyword is relative. The occult bodies of man are not just his Earth body which is linked to the whole elemental plane, but emotional and shade body which is Water, mental, and so memory, mathematical, musical, and thinking body is Air, and soul or psyche, his personality, traits, collective right and wrong acts or Karmic body (not just moralistic acts, but the learning of what is wise and foolish, true and false, as well), is Fire. His consciousness pure, or animating principle, known as both will and perception belongs to Spirit itself.

The soul being of Fire, doesn't last forever as some religions desire and believe, but the consciousness is similar to the soul, in it's aspect of keeping a summary or essence of the man, and does exist forever, or more accurately isn't perishable as it exists beyond time. The Tibetan Buddhists call this aspect of the spirit, the "very subtle mind," and it and only it can we retract into to enjoy Nirvana or Spirit purely. The very subtle mind can be experienced through meditation after the mind has been seriously examined, so as to not mistake it with something limited or dual, within the consciousness. Spirit technically isn't many, one, or zero, but all of these simultaneously or beyond all these. It is a paradox, being absolute. One could theorize though by what we can know of it, it's like all things existing as themselves in perfect unity. Although this is only so if one can grasp a very high understanding of such a state, as it can easily be confused with the paradises of duality. Only through many years of meditation can one really begin to know Spirit. Fire is very subtle

though as well, and it's easy to confuse the psyche with the mind, body, and emotional aspects of ourselves. This becomes even more complex, when the elements in a state of great manyness or size of the Cosmos during the middle times, become mixed somewhat into each other. Thus physical fire, and emotional fire, for example.

Fire is very important to the Magus, because it is the light, life force, mana, subtle energy, or power which primarily fuels his magick, and continues his existence as a limited being. In the Fire plane is where the great Heavens and Paradises of humanity exist. These are giant collective realities though, and in Fire like all the elements are smaller and more personal realities as well. Thus the many ideas of Heaven from the many religions and mythologies of humanity. Also though, I cannot confirm as I do not know how to build a spaceship as they exist beyond the present timescape, in vague futures, which are currently not well manifest or at all. I believe from what I have witnessed through divination (See: Magick), and my clairvoyance, as well as lucid dreaming and astral projection, plus the sheer number of stars in the physical universe, many with supposed planets around them. There are extraterrestrials who are sentient like man, and have their own religions and occult models. Plus there seems to be beings which dwell in the elemental planes, other than the physical who are not deceased physical beings, but natural to those planes. A third option to sentient beings is the egregore, or sentient thoughtform, which is given birth from people's collective strong belief that there is such beings. Thus, some of the mythological beings which magicians summon or priests worship, may be real as well. Parallel realities, can also provide the basis for the existence of mythological beings.

Fire is a most interesting element, because it is the biggest throughout all time, and hosts the most things, places, and beings. One thing all Fire dwellers have in common though is a realization that reality is very mutable, and a strong sense of

spirituality and morals. Not all are saints, but most take a general idea of goodness at face value.

Those who astrologically fall under the Fire signs as well as those who commit themselves to positivity, are even if primarily in another element, like the physical, have great Fire bodies and so attributes.

Fire can warm and give life, but it also can burn and be destructive. Thus now we talk of the negative side of Fire. Spirit has no negative side, but each element has a positive and negative side, as well as neutral. The neutral is either a small amount of each side, making an equilibrium, or a great amount of each side, but each indeed, and so like a ping pong game. The stable or orderly and chaotic. Air the balancer and Earth the imbalancer.

The destructive side or qualities of Fire, make a group team up against the individual. This “herd mentality,” is the righteous fire, which sometimes persecutes unfortunate individuals throughout history. Self righteousness and bigotry as well as blind faith without reason are also some of the destructive sides of Fire. Misuse of power and domination of will over others those is probably the biggest sin. This last one sounds more like a dark trait proper and belonging to the inner layers of Water, which true there is similarity, but in Water it is more of an unequal might held over the other, through fear and manipulation to make them think themselves weaker. Fire and Water sharing opposite sides of the spectrum can be similar but a careful eye can always tell one from the other.

Air is the great balancer. Fire before Water, but a mix of each in near perfect harmony. Neutrality properly belongs to Air, where as the neutrality of Earth is a mix of each, but in inequality so that Earth is bipolar in it's personality. Sometimes craving life, sometimes death, light, dark, hot, cold, day, night, good, evil. Earth is passionate, it's what keeps it rotating, not just the planet, but the whole physical dimension.

Air magick is often called “Yellow Magic(k),” but can also be considered as grey. The yellow part comes from the fact that the sky is colored yellow due to the sun during the day. Siddhartha Gautama, the Buddha himself, forged what he called the “Middle Way.” This middle way rejected the extremes of mysticism for enlightenment, either depriving oneself entirely of the earthly life, or diving into it full speed ahead, till burned out of all worldly desire. The White and Black paths of mysticism respectively. The middle way taught to be in the world, but to abstain from it at the same time. This Buddha thought would attract many more people to the pursuit of enlightenment. Yellow robes are what the Buddhists wore to inspire happiness, and so another reason why the middle of middles is connected with the color yellow.

Grey is much more of a morally verses mystically neutral color, and deals with the difficulties and misunderstandings of true neutrality, as the animal way of little selfishness but also little selflessness but bouncing back and forth between fear and desire or reward, is the more earthly middle. The plane of the most animals naturally. Grey also though metaphysically is the color of the ghost, and the ethereal. The notions of Purgatory, a place where the souls who were not good or bad, but had no where else to go wind up, is very much the inhabitants of the plane of Air. True ghosts live here, and sense Air is right next to the Earth element, being just above it, they often dip into the outer above edges of the material and either try to help or contact the “living,” or cause mischief as they have greater powers of limitlessness and

can directly influence the ethereal or conceptual patterns which define the material structures.

Where as the proper “Astral Plane,” belongs to the notions of the Heavens and so above the skies, where the Air is proper. The ethereal plane of Air, is very fascinating to explore while astral projecting or lucid dreaming. It is a sticky like substance, and is very closely related to the living functions of the physical body. It is through the sticky web of the ethereal that physical objects are altered to “supernatural,” degrees, like in telekinesis which ghosts are very good at (See: Psionics).

The highest levels of Air belong to beings which the ancients called Daemons, Demi-gods, and Angels. This is a highly conceptual and mathematical as well as musical area, and the beings here are very logical type of intelligences. Their bodies are more abstract or mythological in appearance.

The lowest regions of the Air, we call Wind or the winds, as they touch upon the Earth element and are responsible for the heating and cooling of matter which creates wind. Many beings like faeries and arabian genies (Djinn), live here, besides the pesky ghosts which haunt the material. Also though lesser thoughtforms usually crafted by magicians, witches, and sorcerers, can dwell here. The greater thoughtform, the egregore, often being more archetypal and existing in the upper conceptual Air.

It should be noted that some angels as well as gods from pagan cultures exist in the Fire element. When they do though they do not hold themselves above like the egregores do of others.

The Earth plane is the physical universe. Actually the physical multiverse, but that's considered only theory so far in science, even though quantum science is pushing the barrier. The 5 senses of the body, touch, taste, hearing, sight, and smell, all belong to the Earth element. The senses though get a bit tricky in strictly assigning them to Earth, as Fire is inner sight, the imagination which can even manifest outwardly and so a proper hallucination or external vision. Air responds to sound and so hearing as well, clairaudience being the proper term. Water can be felt, emotional auric vibrations often do not just bring an emotional response, but are felt like physical touch. Finally smell is often the first presence of Spirit sensed. Many spirits or non-corporeal beings, meaning they have no at least physical form, are smelled by people who sense them before any other sensations arise. The Asian notion of Chi is a shamanic understanding of Spirit, and it is said to circulate within the body, and is "the mother of blood." Meaning, blood carries within it the life force of the Cosmos. Chi is also described as being vaporous like air and functions through the breath. Prana the name for life force, whether as soul energy, Fire, or Spirit energy, is also breathed in and out of the lungs. Theoretically there is a duplicate astral or non-physical sensation for each of the elements of the 5 senses. So 5 in 5, though the one's first listed are the predominant.

Other than this most of us know what the Earth plane is, as the majority of mankind believes to live in it on a part of it called the planet earth, which is just one of so many planets in the many galaxies.

The negative and positive associations of the Earth and Air, each being what constitutes the middle realms of reality, are many like all the elements but in the following paragraph is a few.

Negative Air is unreason, illogic, chaotic music, and egotistic intellectualism and haughtiness to name a few. Negative Earth is excessive might via survival of the fittest, rape via the

reproductive desires of the body to procreate, and chemical abuse or otherwise unnecessary harm or damage to the body.

Where as the Air reaches for life over death, Earth does the opposite. Death is seen as superior to life on Earth over all, though the ping ponging that goes on makes life have the upper hand at times. Still the earthly condition is to be a prisoner, a spirit made to live in clay. Earth can have the greatest of beauty of all the elements, but it is the plane of mortality as living man understands the term, and life eventually is overcome by death. Thus suffering belongs before anywhere else to Earth. Water technically suffers more, but the “dead,” can't feel the way man can, as they are very numb and cold.

Earth more apparently than Air, shares an upper and an underworld. The living planets and warm life giving stars, embody the light portion of the earth and it's surface or upperworld, where as outer space and the dead planets, asteroids, comets, and space dust as well as traditional underworlds of the planets cores, separate the life in the physical from each other and are the final resting places and destiny of the body, usually. Because poisonous and biting insects as well as serpents and dangerous animals like bears, dwell in caves, and that the dead were buried in the earth, the underworld was seen mythologically as a very dangerous place. Thus the bipolar of Earth, the good and evil, living and dead, light and dark. H.P. Lovecraft the godfather of modern horror made his monsters not just of the underworld where traditional evil spirits dwelled, but from the blackness of outer space. The ancients believed the whole Earth plane to be the planet itself, and so placed the underworlds and hells underneath it. Modern man with his space exploration, has realized that great demons may lurk in the cold depths of space, along with hostile alien worlds, and other things weird and not of the light.

Water is the element of darkness. Where as we touched upon the underworlds and outer space in the chapter on Earth, in Water things get even more interesting. Water is a metaphysical plane, like Air and Fire, where as the Earth plane is purely physical. What does physical mean anyway? Well physics is about laws and how they govern phenomena. Really these laws are just the study of limits of creation manifesting itself downward into greater and greater solidification. The limits or laws of the Earth plane, differ from the laws of the other elemental planes due to vibration, or rate of movement, or energy which the whole Cosmos is made of. So a metaphysical understanding of reality places some phenomena beyond the laws of physics. The literal meaning of metaphysical is “many-physical,” or better put many worlds, realms or layers. The Water element is mostly a reversal of energy, and so laws of reality become upside down.

The Water element has very little light within it but much darkness. When great amounts of dark energy and matter (solidified energy), come together they allow a form of life to exist which is comprised of darkness and so “deathforce,” verses “lifeforce.” Water is like a reversed mirror of Fire, so it's very similar to Fire, but in a twisted, not quite the same, way.

This is mostly the mid to deep levels of Water though. The upper levels are very lifegiving and the beings there even friendly though emotionally cold, like the mythical mermaid. The more positive blue, verses indigo, purple, or black, is usually taken to symbolize the element in Alchemy and Magick.

The deepest levels of planets cores, the abysses of the oceans, and the hells of molten lava, give notion to the traditional place of the dead or underworld, which is a great aspect of Water. The shallow seas, lakes, rivers, and springs belong to the Earth element, and the rains and clouds to the lower Air element.

Outer space, though especially deep space, far out between the stars and even between the galaxies though, isn't what it seems. Dead stars which become black holes, also belong to the Water element. In general anywhere where little or no light shines forth.

There is a great secret to the stars and moon though, as well as the oceans and seas. Gravity which is weight, which is natural to the lower, as light and subtle is to the upper elements, is a great secret of the dark. Gravity becomes weightless where there is so much of itself that weight becomes nearly limitless in quantity. Black holes taught me this which are miniature events of light reducing itself to ultimate dark, or Nothingness, the Void. Weight like the condition of contraction or becoming small, eventually becomes so much so that it has no limit. Nothingness like Infinity, literally has no size, but “exists,” or is a reality.

When beings on the physical die, if they are very innocent or full of darkness. They usually go down instead of up, into Hades realm of the Water element. The Greeks had the most accurate idea of what this was. There is both the darkness and so places of death and torment, some even hot and so the ideas of the hells, as compressed light exists here, trapped in the dark, like little isles in the ocean. And just as well there is a sort of underworld paradise or heaven here, which is caused from the absorbed and reflected nature of light to change direction once reaching bottom, of the lunar.

Water if one stays on the surface is essential for life. The deep is a place of caution though.

Alchemy is twofold, outer and inner, exoteric and esoteric, physical and metaphysical. Physical Alchemy where lead can be transmuted into gold, and other wonders of mystical science meets physical science, is a lost art. Few know how to perform it in the current day, and the ancient texts are full of just plain pseudoscience. What is not a lost art is inner Alchemy. Where the transmuting is only on the psyche of the magician, and the traditional hermetic wisdom contained within traditional Alchemy is explained and mediated upon for inner growth.

The esoteric notion of the four elements and Spirit comes from Medieval European Alchemy. They were first formulated by Philosophers of ancient times, but became used in Magick and Alchemy during the middle ages. The symbols of the elements are created from the hexagram or Star of David as it is known (sometimes confused with the Star of Solomon, but this is properly the pentagram). An upright triangle for Fire, a downward triangle for Water, and then an upright triangle with a line through it formed of when Fire and Water intersect to create the hexagram, for Air, where as a downward triangle with a line through it is for Earth.

Spirit is an eight spoked wheel. The symbol might come from the Buddhists who invented the four elements around the time the western philosophers did, some 500 years before Christ. The Buddha first taught of Nirvana and how to attain it, which is one of the world's most in depth system of what many esoteric religions have previously left mentioned but highly unknowable. The eight noble truths, are the main practice of Buddhism and the pursuit of Nirvana. Personally I have my own symbolism of the eight spoked wheel of Spirit. Originally it was a symbol of the Sun in ancient times which is the source of all significant light on earth, which is the main element needed for life. The cross within the wheel symbolizes good and the x symbolizes evil. Thus Spirit is both good and evil simultaneously as it is beyond opposites. The cross and x might also symbolize order and chaos, another

twin opposition.

The pentagram is another great symbol, which the glyphs of the elements and Spirit are often assigned to, as it has 5 arms on it, being a star symbol. Upright the pentagram means Dharma or Spirit using the elements with it's guidance, where as downward the pentagram means Karma or the elements using Spirit to fulfill their own carnal desires. Incarnation literally means for Spirit to manifest into the elements. Spirit loses some control over the elements the more they become divided though and so grow in constitution. Thus in the manyness a will of many verses one becomes. When the many reaches for one, Spirit is in control, but when the many seek to stay many as long as they can, the many are in at least more control. Thus there is a Karmic path, where the wills that exist in manyness seek to prolong the creation longer than what Spirit itself wills. Of course this all may be just a human wish, and there never is any contradiction to Spirit about the elements, though to the enlightened who wish liberation for all, so the cycle of suffering can finally end, those who do not, stand at least in their way. Buddha said something like, "even every grain of sand shall eventually reach Buddhahood."

The world is divided between the dominant schools of eastern and western esoteric schools. These are well known, what isn't as known is the southern, northern, and a synthesis of all 4 directions, esoteric schools. The west is under the influence of Water, the east of Air. The south is ruled by Fire, and similar to the North, which is under Earth, is the shamanistic schools. In the north this developed somewhat with Odinism and the Norse peoples, who understood the underworld very well and it's inner layer Hel, is where we got our english word for Hell. In the south though, besides the great sun cults of the south american indians, the people have always been a shamanic group of cultures. The aboriginal notion of the dream world, being the most impressive shamanistic contribution. The crossing of east, west, north, and

south, has interesting developments about the notion of Spirit. As Above, So Below, wrote the great sage Hermes Trismegistus, and the planes do reflect a similar pattern all throughout. So dividing the planet earth into elemental qualities does show much about how man is effected by these forces which he is a part of.

Alchemy at it's core is about turning the base "lead," soul or spirit into "gold." The Dharmic cycle of the Cosmos, is when Spirit is retracting or absorbing into itself the Cosmos to some degree, verses expelling itself as it. "The Great Work," is the uplifting of creation to the power of Spirit. Men seek this first inside of themselves before approaching others and the world(s) at large.

The "true self," is the higher spiritual essence which knows what is best for a person. The "lower self," or ego as it is called in psychology, is the elemental self, which is lost in the dualistic impulses of desire and aversion. Examining one's self and example rituals (and even how to make your own) discussed later in this text, as well as learning how to meditate help in discerning what is what so as to hear the true call of Spirit.

In Alchemy, the alchemical marriage is about harnessing the base, lower, elemental self to the spiritual self, and ascending through the elements of the Cosmos, as a being. This marriage is twofold though, because after this has been done and one has reached adepthood, the whole Cosmos and all that is a part of it, must come together and unite Spirit with the elements, in greater realization until perfect unity has been attained and the elements cease to be as they are transmuted into Spirit.

Alchemy like the mystic systems in the east, make use of the 7 visible celestial bodies in the sky, that can be seen with the naked eye. Harmonizing these 7 spheres to spiritually uplift the planet earth and well as the body of man, is an alchemical task like the alchemical marriage. The 7 celestial bodies are the sun,

moon, mars, mercury, jupiter, venus, and finally saturn.

A chakra is a subtle energy center. It is a place where free energy crystallizes, or forms (“solidifies,” meaning as form, not just physical form although the chakras do match up with major bodily organs) The sun relates to the crown chakra. The moon to the brow chakra (third eye). Mars to the throat chakra. Mercury to the heart chakra. Jupiter to the solar plexus chakra. Venus to the sacral chakra. Finally saturn to the root chakra.

Thus astronomy, astrology, anatomy, and occult anatomy, meet. Gravity is the force at work as well as light, projected and reflected, and is the secret to the basics of proper astrological readings in magick (See: Magick).

The study of Yin and Yang, opposites, division, duality and how to overcome it is the main focus of Alchemy. Thus is The Great Work. It is the ultimate science, and chemistry which resulted when materialism tainted it, will one day reunite with it, and men will create miracles with spiritual technology, which will even evolve the effectiveness and understanding of Magick itself (See: Future).

Magick is the art of consciously changing reality via extrasensory powers. This is my best definition anyway. The most important thing to remember about magick is that it is a mysterious phenomenon of the Cosmos. All things change, every moment. In fact nothing is perfectly still save maybe Spirit itself, and calling it so is still making it dual, which it is not. Nothingness or the Void could be considered static, although 100% stasis, or true stasis, like absolute movement or vibration, becomes attributeless as it has no size, and so must be really Spirit. Anyway in relativity everything is moving, changing, and nothing is perfectly still. The Cosmos vibrates from a very high frequency to a very low frequency, from Fire to Water. The magician simply realizes that all is changing and so tries to change reality consciously instead of just allowing it to do so on it's own. Usually it's the spirit which is a part of the great Spirit in man, which is seen as being the agent which is capable of steering the winds of change. The greatest magick happens when the will of the magician and the will of the Cosmos is in perfect alignment. Whether this is downward or upward magick, positive or negative depends on the stage Spirit is in, in manifesting or absorbing the Cosmos. Black magick, is simply using negative energy, or slowed energy, or attempting to bring about change antithetic to Spirit. Death or harm isn't always negative in itself, but depends on circumstance. Still unless one has great wisdom, it's better to stay away from most forms of black magick. To much negativity happens automatically, without anyone willing it into being.

Magick is comprised out of many practices. Astrology, divination or fortune telling via the movements of the celestial bodies. Cartomancy, divination via cards. Evocation, magick involving the summoning of spirits. Glamoury, magick of charming and illusions. Invocation, possession via spirits. Necromancy, magick involving the dead. Sorcery, the art of magick upon the material world. Theurgy, the art of magick upon the higher planes.

There are in fact many more practices of magick, but many blend together. The one's listed are some of the most popular, but the reading of palms, pendulums, scrying, witchcraft, shamanism, prayer, crystals and gems, and many more are a part of Occultism.

The seven visible celestial bodies play a very important part in magick. The occult body or really bodies of man, each correspond to a particular planet, as well as the elements, in two different systems of thought. The Spirit body is the consciousness, embodying the will and perception of the individual as well as a sort of overview of memory of the persons life and destiny (by destiny I do not imply predetermined but the history of the person, and so destiny is not done until incarnation expires fully). The Fire body is the soul, vitality, intuition, desires and passions, and personality of the individual. The Air body is the mentality, ration and reason as well as logic and memory of the person. The Earth the physical form, organs, and senses. Finally Water the emotional and magnetic or auric body, as well as the instinct. In the celestial paradigm of the occult body. First is the crown chakra, connected with the sun, the color yellow, day of the week sunday, and who's tarot card is the sun. The second is the brow chakra connected with the moon, the color orange, day monday, and who's tarot card is likewise. The third is throat chakra, connected with mars, the color red, day tuesday, and tarot card the chariot. Fourth, heart chakra, connected with mercury, the color green, day wednesday, tarot card the fool. Fifth, solar plexus chakra, connected with jupiter, color blue, day thursday, and tarot card the emperor. Sixth, sacral chakra, connected with venus, color indigo, day friday, tarot card the lovers. Seventh and final, root chakra, connected with saturn, color purple, day saturday, and tarot card death.

One may notice that the colors are not the order of the traditional colors of the rainbow, and are as well as rearranged and follow backwards! This is not how the chakras are usually described, but instead as the rainbow which follows the electromagnetic scale of visible light and color. I have deliberately changed them though to follow color from shades of light to dark, which I believe is the proper order of colors. I believe the EM scale is a purely Earth or physical dimensional order of color, which is half strait and half backwards, more so backwards, because of Earth being comprised of darkness and light mixed, where darkness is the greater. Thus instead of red, orange, yellow, yellow, orange, red, and the green, blue, indigo, and purple is correct, except that it starts at yellow and goes to purple, instead of vice versa which is the traditional rainbow.

The elemental colors may be changed according to this order as well, although the elements were first viewed as smaller copies within the Earth element of each element, due to interplanar mixings of vibrations (as was said earlier the elements mix into each other, as well as creation copies itself as it descends and ascends, thus “as above so below, as below so above,” the original hermetic axom). Because of this, seeing Fire as red or orange, Air as yellow, Earth as green, and Water as blue, indigo, or purple, seems fitting and is traditional.

Magick is something which exists in every culture of man around the world, from the earliest of times. Since the earliest of days of man, there has always been the accepted practitioners and practices and unaccepted. Shamans, medicine men and women, and witch doctors, were the accepted magicians of the earliest cultures and witches and sorcerers the bad variant. In pagan or polytheistic later cultures this changed to royal and licensed magicians and the priestcast of the various gods as the accepted. In the monotheistic cultures, priests practiced a kind of striped down “holy magick,” but the taboo against magick first unfolded and the good kind was labeled as prayers and miracles, which

were seen as the direct acts of God on men's behalf. The Buddhist culture outlawed magick officially and preferred meditation and some psychic or powers of mind over matter as well. Lastly the materialistic scientific modern world has made magick out to be all tricks and illusion or the belief in by the demented and mad. There has always been some in increasing greater number though throughout time, who have believed magick is the future science, and promotes and fuels it's practice, evolution, and growth. This they have had to do more or less in secret though, as the notions of taboo, unofficial, black, and delusional, have always proved a counter force.

The subconscious mind of man, is rooted deep from higher to lower levels of unconscious or partially-conscious degrees. The subconscious communicates though emotion, instinct, automated processes, and primitive sensation, but especially symbols and repetition of ritual acts. Magick is highly subconscious. The secret to why is the nature of energy itself. Energy consciously directed, evaporates quickly and has little effect on manifestation, unless focused upon greatly so as to concentrate it, and repeated until energy begins to form in a stable form and crystallize as manifest phenomena. Atoms are nothing more than vibrationally slower, more contracted, and crystallized energy. All forms of substance, whether more or less energetic, acts in the same manner within the Cosmos. Thus proper magick usually takes time and effort, unless part of a larger current which is already manifesting, like a single fish joining a giant school of fish as well as swimming with the current.

Psionics is a relatively recent word taken from the first part of psychic, psi. Psychic means something from the psyche or soul, and so is a “mind over matter,” type of understanding. The psychic is a direct power of the psyche, where as magick works throughout the Cosmos to manifest a change in reality. It could be said psionic abilities are individual or personal magick, as it is direct and in the moment where as magick usually takes time. Magick and psionics somewhat blur though, as there is known in magick what is called, “slight of hand,” where magick is willed into being in the moment. This is still seen as far reaching events though usually, so psionics is still in the direct and close by.

The five main abilities of psi powers are aligned with Spirit as it reflects through the elements. Clairscientist or clear scent is linked to Spirit proper. Clairvoyance or clear sight is linked to Fire via Spirit. Clairaudience or clear hearing is linked to Air via Spirit. Clairgustant or clear taste, is linked to Earth via Spirit. Finally Clairsentience or clear sense, is linked to Water via Spirit. Thus the five physical senses of the body (Earth element), have a spiritual equivalent. These are the most useful if not powerful forms of psychism.

The next list of abilities can be divided according to the elements, although they don't have to be. They are highly earthly at least for many at first, and all are about mind over matter. Physical matter being the most obvious to the beginner, but more subtle or gross energy or matter, can be explored by the advanced via mainly astral projection and or lucid dreaming on other elemental planes.

PK or psychokinesis (also known as telekinesis), is an Earth element ability which is about moving physical objects with an invisible field of force. PK is one of the easiest abilities to gain success in when the objects are very light and one can sense or feel the force emitting from the head or hands to feel the weight and shape of the object and move it via force. One should

not try to hard, but allow the force to gently move the item. It takes practice, sometimes many failed attempts, but many people do learn and witness this ability, even if it never advances much.

Aerokinesis is the ability to control air or winds (gas is technically Dracokinesis), an obvious Air element ability. Cyrokinesis is the ability to cool down things, create ice and move water. Creating shapes in water or cooling down the body heat in the hands are the best to start with. This ability belongs to the element of Water. Electrokinesis is the ability to project electricity out of one's hand or other body area. It can also be used to charge batteries of electronics or create electrical interference in organic tissue or machines. Keep the voltage low, as to not electrocute oneself. This ability is a joint or sub-elemental unity of Fire and Air. Lastly Pyrokinesis is the ability to start, control, or snuff out fires, belonging to Fire element.

Since psionics is a recently new field of the Occult or Paranormal, newly named kinetic powers can be found in places which study and practice psionics. The previous are the most well known and useful powers of psychism.

The ability to read auras, the subtle energy slash electromagnetic physical emission of the human body, is also a well known ability of psionics. Learning to focus the physical eyes gently and gazing about an inch around living tissue reveals at first an afterimage, but if persistent, changing colors of the etheric matter which lies within and around living organisms bodies. The aura is believed to be comprised of electric as well as magnetic energy, and so reflects mainly Water but also Air and Fire occult bodies.

Magickal theory is important to study because it explains how magick functions through the various elements, as well as how the elements each have an influence over time or the aeons of the past, present, and future of man and his occult knowledge and ability.

The oldest magickal theory is the Spirit Model. Animism was the first religion and it taught that everything had a spirit. Thus for the ancient shamans, and those who remained in cultures untouched by the progress of civilization, magick worked by the shaman getting a spirit or many spirits to do something. Reality was changed, by the work of spirits. How exactly spirits changed reality, aka performed magick, lead to the next theory or mana or magickal energy the Energy Model.

After the Spirit Model came the Energy Model. Arising under the influence of the Fire element which is more energy proper than any other element. Mana and other similar notions of magickal power as a force in itself, came about as people asked, “if spirits (including people's spirit), do magick, that's fine, but how do they do magick?” The Energy Model says all of reality is vibrating energy, and that energy is somewhat conscious in itself. Thus it can be directed by great concentration or a large or group consciousness more easily than though just wishing or thinking it to change reality.

The third model is the Information Model, which belongs to the Air. Seeing the Cosmos as being highly mental in nature, magick is done according to this theory, via the power of the minds of beings and the great mind of the Cosmos, also known as the Logos. In recent times this has spawned the idea of programming reality with magickal rituals like a computer.

The fourth is the Psychological Model. This belongs to the Earth element. A very materialistic view of magick, the Psychological Model claims magick works by conditioning the

consciousness of the person, and all spirits, otherworlds, and religious and mythological beliefs, happen only with the brain. By conditioning the brain the body can be effected as well as psychologically being able to evolve with the challenges of life, instead of being toppled by them. This model denies a reality past the physical and sees magick as pure psychology, but in doing so also sees value in psycho-somatic phenomena, and so a hallucination caused by magick is seen as a tool which can positively change the body, although in more scientific and less amazing ways. As well though it tends to teach oneself a lot about one's true desires and general psychological makeup.

The last comes from the natural mutability of Water to take on any shape impressed upon it. The Meta Model, comes from the opposite of good and order, chaos itself, via the modern practice of Chaos Magick. Any belief system can be used, and one can also jump back and forth between paradigms, because only the desire manifest or result is what really makes or breaks magick. The Metal Model even allows one to design one's own magical paradigm, and work magick from that. Modern symbols such as stop signs and corporate logos can be used in magick ritual.

Really one should study the history of magick and begin practicing using ancient and or modern means. Only then can a real working theory of magick, or magickal paradigm, be created and used. The more factual your paradigm is the better magick will perform as it is in harmony with the Cosmos.

As Spirit manifests into 4 primordial elements, it also goes through 4 stages which adopt the elements traits. A downward, contracting, manifesting stage of Water. An upward, expanding, unmanifesting stage of Fire, and two middle embodying a bit of both currents. One more upward force, but downward as well and vice versa.

The past belongs to Water, as the first action of the unmanifest was to divide itself and so create space. Granted all the elements appeared at once during the great initial fissure, as it constituted space, the middle gray area and substance. So none are really first or last, though Fire was, is, and will remain the biggest element. Water always remaining the smallest. This is why Fire is usually listed as first, and the beginning, where as Water is the last and so the future. Actually Water is a middle area of activity, and Fire the beginning as well as ending place of major events, following the elements from downward to back upward. Anyway after much thought about this, Water actually constitutes the past flux or aeon (a portion of time), as contraction from Spirit happens first, then contraction and expansion, and finally an expanding phase where all is brought back together until gaining 100% unity, and the Cosmos of the 4 elements expires from existence (actually the past which exists no more, can be said to be a part of pure Spirit again, as the elements are no longer in a process of change and movement but stasis).

The Water current embodying contraction, implies division, greater separation, and eventually life becoming death. It was a time of things being created out of the primordial energy, and so the creation of matter. Out of the ever increasing diversity came more and more complex things, till eventually lifeforms arose. First were very basic and simplistic lifeforms, and then greater and greater until in the first age, or perhaps not until the middle(s), sentient life was created.

This is why the first sentient beings, barely man and very

animal like, knew next to nothing about the Cosmos. Progress has come very slowly over many ages.

Also though many primitive societies have retained the first details of the first age of man. They say that magick was very easy to do and powerful in those times, as much life force was existent everywhere. The primarily Fire energy which was being divided, made a highly subjective form of reality, which was easily changed by the consciousness of primitive men.

These same primitive societies said that over time as reality became more material and solidified into limits, that magick became less and less able to easily transform reality. Water is the most dual element and in fact embodies separation by the duo or twin aspects. The separator which is the black darkness, and the separated which is the white stripped down light. The light becomes very bound, tight, and pure, and so embodies the essence of the moon. Similar to the core of the sun, and so Fire, which is also pure and white. The difference is that in the case of the sun the light can't really be separated from the lesser light, and so remains linked. With the lunar light, it is separate from the darkness around it and so embodies one of the twin aspects of Water at it's extreme, innocence. The darkness embodies ignorance. Innocence, simply not knowing, and ignorance, refusing to know, are close twins, yet totally separate and distinct.

So in the first age, men as well as other lifeforms, knew very little and so were basically innocent. Combine that with falling towards eventual cessation into Nothingness, the eden story.

The eden story of man being created innocent then falling from grace and doomed to mortally perish one day, as he began to know, and so became lost in duality, good and evil, light and dark, like most ancient myths contains a grain of truth. Especially when considering the first stage of the present or middle age, ruled by the Earth element. The Earth element is essentially about mortality, as in not being dead, but becoming dead, and so light finally becoming darkness. It is also about light losing it's unifying principle and becoming multiple. Thus "be fruitful and multiply," and so gender, it's growing apparentness and sex which is an animal and so earthly aspect, and so multiplying or procreation.

The next middle stage is ruled by Air, and in it happens a fascinating event. The Air element is the most developed plane of knowledge, and really spawns what it means "to know." Here innocence and adolescence of the Water age and Earth age, is brought into full adulthood or maturity. It is as adults that we really form what we know and believe, and this doesn't change much as we grow to be elderly, just we simplify it from knowledge into wisdom. In human history this is going from indigenous peoples, to early civilized pagans or polytheists, to the full development of the Christ mythos, or the realization that the light died but is now ascending again, and will all bring us back home before we know it. Jesus was the one who really crystallized this myth into human history, but the savior god who is linked to the sun and dies but is then revived was around many centuries before him.

Anyway the Air element is half light, half dark, like the Earth element, but with one important difference. The light is slightly greater, and so increasing. Thus Christ was a man, and died (the Earth phase), but his soul returned to his body, and his whole body ascended into the heavens (the Air phase in bloom).

The Aquarius sign of the zodiac is an Air element sign,

and continues the Air phase in full. During the Age of Aquarius, all of man shall die only to find out they are still alive in body, and then having a consciousness which is more powerful than the physical body, shall ascend to a higher state of being. In fact the whole physical dimension will do this.

What started to one, then a few (there are legends of adepts ascending in body in the mystic tradition on earth), will happen to the many.

We all currently not that far along though in the present when writing this in the year 2012. When exactly this will happen is unknown but for serious astrologers and many occultists it is a sure thing.

Personally what I think is that the elements deem something like this being so, as the Cosmos does touch Nothingness, only to find out it is an aspect of Spirit and so springs back the other direction, expanding and unifying everything that was divided.

I mentioned before that scientists have tried to reach absolute zero in existence, and more of this can be learned about by reading up on the “Zero Point Energy.” Quantum Science has done some very interesting things, this not being the only one to confirm a lot of metaphysical ideas. Any serious Magus should be well versed in Quantum Science.

The future is ruled by the Fire element, and because it has yet to past not much can be said of it, past speculation. I have seen many visions of the future, as well as studied a lot of future science which is presently being worked on, and of course read much science fiction, but the future even to me is something I can only really guess about.

One thing is for sure, as the Cosmic vibrations increase and the whole Cosmos begins it's journey back home to be reintegrated into Spirit, things in the future are going to be very magickal and spiritual.

One of the things I have both read about and saw clairvoyantly is the bridging of the material with the spiritual. Science and Religion, Philosophy, and Occultism all coming together and enhancing and advancing each other. Quantum Science is doing at the present for modern magick and occultism what Chaos Science did for Chaos Magick in the 1980's.

The progression from science of the material to science of the non-material, is happening slowly but surely. More and more people in the modern world are practicing magick than ever before. It's only logical to assume this trend will continue into numbers of the majority of the masses, in the not to distant future.

Alchemy was once considered a valid science, and would have remained so if there had been more esoterically as well as scientifically educated men and women working in the field. Ancient religious dogma held this from occurring though, and so those who were interested or good candidates pursued material science, and simply sidestepped religion.

Man will venture into the stars though, as well as "timestreams," as time is flowing in many directions even if it's mainly flows only one way. With time machines and stellar machines (spaceships), he will explore the entire physical aspect

of the Cosmos.

Magick and personal spirituality will become mainstream among the masses, and like in ancient times, but unlike ever before in number, witches, wizards, seers, and sorcerers will walk the streets offering their knowledge, wisdom, and magickal power to all who wish to partake in it.

Religion will pretty much die, as God or gods, are egoistic ideas of divine forces, when man was primitive or superstitious and believed that the forces of the Cosmos were human like.

Alive they are, but not like the psychological makeup of a sentient being. Priests will be hard to find, but god magick will survive, as gods viewed esoterically are archetypes of magickal power. If Spirit was a diamond, all the gods would be like different faces of that diamond, all projecting a different luminance and color. Gods are psychological aspects of the many personalities available to sentient consciousness. The powers of gods, are real things, at least semi-conscious and within as well as outside of man.

Consciousness as known not just in a personal container of energy, but as group minds, and even field intelligences, shall be fully known and understood by man for his ongoing evolution.

The elements are made of slower or faster vibrating energy. This energy can crystallize into things, beings, and places, but all matter is energy, just separated energy, vibrating slightly slower in pockets than the vibrant fields of energy around them. The Cosmos manifests in a circular fashion, so beings and other things tend to form in a circular shape. In fact Spirit is omnipresent, having no shape, but existing everywhere, a paradox, but the greatest truth. The circle or sphere, is the closest symbol to represent infinity or Spirit itself (note the number 0 is also a circle and represents Not). The sphere has no real beginning or end, but can be began and ended anywhere upon and within it. Such is the shape as well of the Cosmos, and so the elements. Energy fields are circular, and so are (roughly) many things, or even comprised out of many concentric circles. There is no mistake why the soul is thought as a circular enclosure of consciousness.

All energy is somewhat conscious, existent, alive. The early animists were mostly correct, everything is alive, just there are many levels, many forms, of life, and sentient life is the crowning achievement within duality, of complex life. Complexity involves something having many many parts all connected to form one being or thing. Where the elements first begin to form a semi-sentience, we call this in magick, an elemental. Elementals are simplistic beings which are comprised for the most part out of one particular element. A being like man is comprised out of all 4 elements, though the materialist may think himself of only one (Earth). The greatest of these elementals are the elemental rulers.

The medieval magicians first mentioned the names of the 4 elemental rulers. Djinn was the ruler of the Fire elementals. Paralda the ruler of Air. Ghob for Earth. Finally Nixsa as the ruler of Water. These beings have been speculated to come from beings in folklore and mythology. Ghob the goblin, Nixsa from nixie as water spirit, Djinn a genie (arabic Djinni), Paralda is an

unknown name, but being the ruler of Air is probably a winged being of some sort.

The elementals themselves were called for Fire, Salamanders, they looked like the amphibian but red in color. For Air, Sylphs, which were little faeries. Earth elementals were, Gnomes, and looked like the traditional kind from folklore (the garden gnome people have in gardens, is exact). Finally for Water, Undines, which looked like miniature mermaids.

In Kabbalistic magick various forms of angels and aspects of God were used to populate the 4 elements. Modern Ceremonial Magicians, have attributed many of the pagan gods as well. The most popular other than the elementals are the Archangels in magick.

Angels are technically a being of Air, but being as they are “holy messengers,” and originally just aspects of the one God, also angelic kings thus “arch” they can be useful in magick as they represent Spirit touching the elements, as Spirit is the true ruler of all 4.

God is a monotheistic of the supreme source of creation and so Spirit. In paganism it is the gods. In Buddhism, Taoism, and other more philosophically orientated religions, Spirit is more or less intact as more accurate view of being a God or gods. Anyway, Archangels come from monotheistic magick, and so God is YHVH or the four lettered word representing all the elements in balance, a more esoteric rendering of the concept of God. Michael is the Archangel of Fire, Raphael of Air, Uriel of Earth, and Gabriel of Water. The modern ceremonial uses these a lot, especially Golden Dawn stuff.

Practice consumes the majority of the Magus's time and energy in Occultism. It takes a lot to shatter the physical instincts and learned and habitual limits on what is an isn't reality and what's not just possible, but probable. The mind can be convinced by enough evidence, reason, and logic, but this isn't enough. To be successful at magick and confirm first hand what has been read and analyzed, whether accepted or not, takes experimentation and in essence practice.

Magick is both a science and an art, and the science part can take many years, but the art part takes many more. Magick is supposed to be easier in the later ages of time (like it was at the dawn of time), but since we are somewhere in the early stages of the Air cycle, as the Age of Aquarius dawns, we are still fighting the Cosmic current to descend into dark ages where we have no power but pray to something we barely remember to save us. Thus now is really the dawn of magick and so magick will be difficult overall with ups and downs as we get lucky and generate lots of power in "beginners luck," or happen to find ourselves riding the current going upward. The Earth age really ping pongs, but the Air age does somewhat as well. Also elemental ages are just the overall force the Cosmos is manifesting as. Reality itself is much more complex. All four elements push and pull man throughout the entire life of the Cosmos, and what constitutes each element becomes from something simple to something very complex and gigantic in scope. Any success we as mere men can work with magick should be taken as a sign of great success, and propel us further along our evolution to each being the archetype of the mighty Magus, master of the 4 elements.

Spells can be the most common written one's with are mentally and or verbally spoken over and over at least a few times, to raise energy, program it with our intention, and then release it to work it's effect throughout the Cosmos, even if this means manifesting something very close at hand. As above, so below. Magick works from initial changes in Spirit's influence

over the elements at their most extreme, to where they are most fractured and manifest. The greatest spells are not the one's written longest, but spoken longest, or at least left alone to manifest over time. Magick manifests two ways, through sheer force, or through quiet patience and unmoving faith.

Spells may be cast alone or with magickal ingredients, to amplify their power, via astrological properties of herbs, gems and stones, and even things like “graveyard dirt,” in the case of workings with the dead, as an example.

Ritual tools which have been constructed for magickal use, may also be added. You can visualize and or feel your spells purpose as you are “spelling,” it, also known as mentally or verbally saying it aloud.

Besides spells a close cousin the mantra, can be used to quiet and focus the mind for spiritual or magickal purposes. A mantra is like a spell, with the difference being the mantra usually is seen as having no magick of it's own. It's only purpose is to give the conscious mind something to repeatedly focus upon, and begin to quiet the mind. The mantra should be mentally or verbally spoken until it becomes gibberish and only an echo of the rhythm of what once was words, reminds in the back of the mind, until that too fades and all is silent.

A trance like deep meditative state begins, from which great insight can be gained or even magick cast with virtually pure willed concentration of an idea.

Spells differ in success and power, as they are more conscious magick, requiring no or little of an altered state of consciousness. The mantra though can bring one into the deepest abysses of the subconscious mind and deep into the occult bodies of man, so as to work very powerful and effective magick.

Ritual is the bigger guns of magick. Spells are relatively simple but provide the basics of casting (raising and releasing energy into the Cosmos). Ritual takes the mechanisms of spells, the concentration and repetitious of symbolic action, which delivers and programs the magick, and advances on this.

Sigils and candle magick is the simplest of ritual. Sigils are occult pictures either constructed out of the magician's own personal symbolism or more likely taken from at least semi-ancient sources. In fact there are many old grimoires (denoting grammar, and so the rules of magickal work, similar to how spelling is the casting of spells), which are full of sigils to be used by magicians and their every desire. Some use these old sigils, some devise their own. Candle magick is inbetween sigils and spells, in that a candle of an appropriate color is often inscribed with a sigil, dressed with oils (of appropriate astrological influences), and chanted over the desire which the magician wishes to manifest. When the candle burns out the ritual is done.

More advanced rituals usually require the magician to first draw and or visualize a circle or sphere of white light (symbolic of Spirit, another color is clear light, more invisible in nature, as Spirit contains light and dark equally). This is symbolic of creating an area of sacred space, where the magician aspires to the circular nature of the Infinite, the wellspring of magick. Calling the elemental quarters next of West, Water, North, Earth, East Air, and finally South, Fire, with Spirit representing the whole circle or sphere as so covering both up and down directions, as well as any cross angles, increases the centering and protecting, linking microcosm to macrocosm. Pentagrams (or pentacles, a pentagram with a circle around it), hexagrams (or hexacle, once again with a circle), elemental and astrological symbols, as well as elemental kings, archangels, and names of God, or various elementally attributed pagan gods, can also be used to increase protection, empowerment, and centering of the effects of the circle.

Rituals can be devised to accomplish any magickal goal. How complex or simple they are is entirely up to the magician, his tradition, and how much Cosmic sympathy he wishes to invoke.

Invocation is another type of common ritual magick, and involves the magician temporarily surrendering his own ego, to be possessed to some degree by an archetype or spirit. This he can do to merge his will with a greater will, and generate more power than he could on his own.

Evocation is the flip side of invocation. Evocation involves conjuring up or summoning spirits (non-physical beings), to some degree of physical manifestation. This especially is practiced on lower spirits, which man has natural dominion over by him being of the Earth element and them of the lower Water element. Usually the highest powers are called upon to make sure both the spirit will manifest as well as obey properly the magical desires the magician wishes him, her, or it to perform.

Rituals can also be used to gain psychic abilities. Usually not the kinetics as these require much practice of the moving and sensing energy and holding fixed the will. The clair abilities though can be developed by a repeated ritual in as little as a week.

Clairvoyance for instance can be developed by opening the third eye with Spirit or Akashic energy. By simply lying down, repeating a mantra to open the third eye, and visualizing a white or orange (for traditionalists, indigo), eye fully open in the center of the brow right above the eyes.

The other extrasenses can be opened in similar rituals, focusing on the correct chakra and color of energy coming from Spirit and opening the chakra which is responsible for the psychic ability.

Mediation is the most important magickal practice there is. Some might not think it magickal, but it's effects on the body and mind are nothing short of.

Learning how to meditate takes years of practice to master. Even when mastered it must be pursued for life to reap the continual benefits from.

Meditation is of two major kinds, quieting the mind and concentration, and contemplative meditation where great insights about the deeper nature of all things may be perceived, also where great inspiration can come from.

Start meditating everyday for as long as you can afford to. Remember to get up and live life though, so afford is stressed.

A simple mediation which increases the strength of the aura, subtle energy bodies, and chakra systems, as well as increasing health and vitality of the physical body, is listed below.

First imagine all your 7 chakras starting with the crown, of the appropriate color being activated by a surge of white light coursing through your body. Next imagine the white light pouring out in all directions from the chakra channel it was linking, until it fills your entire aura like an egg. Next imagine pitch black force, hardening around the edges of your aura and making you invisible to harmful influences which may be energetically coming towards you. Also this is like a container holding the light within your aura, so it will not leak out. Do this ritual several times a day for a month and see if your health, psychic sensitivity, insights, and general flow of day to day life is doing better. Then check after 3 months, then 6, finally a year. After a year it is nearly 100% certain that all the things this ritual does for you will be happening and happening everyday.

The word “Magus,” didn't appear in history till 1555, but it soon became associated with not merely a magician but a master magician and one who was very wise and knowledgeable especially about esoteric and occult matters. It is in the heart of this meaning of the word, that I believe it is an archetype meant to embody the future state of every man and woman. Women may prefer terms like Witch, Sorceress, Enchantress, etc, but are entitled to it as much as the word magician, as it simply means a practitioner of magick.

Throughout this book I have used the word “magick,” and not “magic,” as it has become a word for the physical illusionist. Magick is a spelling the great Magus Aleister Crowley used. I even sometimes spell it “magic,” but in this book I wanted to use the increasingly modern word, “magick.”

The Magus should build himself an altar, traditionally a double cube out of wood and painted. On this he should place the traditional elemental weapons or tools, as well as any magical herbs, stones, gems, crystal balls, magick mirrors, tarot cards, ritual candles, talismans, amulets, bells, a lamp, deity, saint, or famous holy men statues, religious symbols, and coverings for the altar, to name a few. He should also acquire a ritual robe with a hood and a cord for making a circle that also serves as a belt.

The traditional magickal weapons or tools as they are known are used in magick as amplifiers of magical power and will, as well as reservoirs of personal occult power. Rituals described before can be greatly enhanced by the use of them, as well as other magickal tools.

The Elemental weapon or tool of Fire is the wand, rod, and or staff. For Air the dagger (athame), and or sword. For Earth, the pentacle or hexacle made from brass, iron, stone, bone, or wood. Finally for Water, the chalice and or cauldron. All these can be made or bought, but are very personal once owned.

The destiny of all things are to reach Nirvana (Spirit), wrote the Buddha. This is indeed the truth. The Cosmos was created to allow something which is unified as one, to split itself into many pieces then rejoin those pieces back together into the greater whole again. Why it did this, was to fully experience what it means to live or exist. To not just be existent, but self existent. Self existent meaning self created. To not just live forever, or always, but live forever as what you chose to be.

We think ourselves individuals, but really we are but pieces, aspects, of a spiritual whole. The destiny of any man is to be all things, not merely what he believes as himself.

But the Cosmos is a very big reality, and by the signs we are barely half way through it's lifespan. So the question becomes, what do you want to live forever as? Now is the time to use magick, work the mundane and build yourself and your world into everything you always wanted. Physically and spiritually. Helping your fellow man, all the way, without giving too much of yourself, for no one should be a sacrifice. This is The Great Work. The work all who call themselves Magus are practicing and all those who are yet to be Magus but still a magician are aspiring towards.

Magick is our natural born right, it's the ability of Spirit to cause change throughout the elements, are we are all before anything Spirit, as nothing is totally separate.

We should allow all to follow there own path, as we must all learn our own way in life, but defend ourselves against intolerance so that magick never becomes highly persecuted.

May science never ground us into our senses, but also may religion never delude us into slaves of our emotions. The way of Spirit is the way of balance, always.

